



NAYLAND WITH WISSINGTON

COMMUNITY TIMES

YOUR LOCAL MAGAZINE FOR NEWS AND VIEWS

Editor: Lorraine Brooks

Advert Manager: Anna Boon



AWARD WINNERS

The Village Players carried off three trophies at the North East Essex Theatre Guild awards evening at Clacton on Saturday. All three were for their pantomime, *The Three Musketeers*, which won the Eric Dyster Cup for best children's play or pantomime. David Knight as Roquefort was named best actor and the King Costume Award went to Bea Sewell and Eva Rolfe.

Praising the hard work of director Mary Moriarty and her husband Nick behind the scenes, chairman Lindsay Nieuwenhuis said everyone involved in the production deserved a pat on the back for a great team effort.



ART GROUP SHOW

Landscapes, still life's and floral paintings all featured in Nayland Art Group's annual exhibition at the church hall on Saturday. The 51 pictures represented the work of ten exhibitors over the past year and drew praise from visitors.

Founder member Daphne Berry said several people had commented on the improvement in members' work since last year and thought it was an excellent show. "We'd like to thank everyone who came and made the whole thing worthwhile," she added.

Nayland Art Group started about five years ago with a few enthusiasts and when their tutor from Greyfriars, Colchester, was unable to continue they decided to carry on meeting as a self-help group and workshop. Now tutors visit two or three times a term with help and guidance. The group meets every Wednesday at the church hall from 2pm to 4pm and new members are always welcome. Anyone interested can contact Mrs Berry on (01206) 262641.

OCTOBER 2005

No: 97

SPECIAL INTEREST

Annual Flower Show

Bonfire & Fireworks

Christmas Bazaar

Village Players' *Jane Eyre*

Youth Club Events

THIS ISSUE

Community Council Report

Art Group's Show

Commemorative Tree
Planting

60th Anniversary of
RBL Women's Section

REGULARS

Parish Council News

Society News

Church Services

Garden Notes

Village History

Country Harvest

PLUS

Dates for your Diary

Local Information

Contact Details
(on back pages)

COMMUNITY WEBSITE: www.naylandandwiston.net

NAYLAND WITH WISSINGTON PARISH COUNCIL

Meeting: 10th August, 2005

NAGS BUILDING SUPPLIES

A decision by Babergh Council to approve an outline expansion plan at Nags Building Supplies has sparked an angry response from a nearby resident.

Parish councillors heard at their August meeting the district development committee had granted outline planning permission for a new warehouse, shop and sales office on the site against the recommendation of officers and despite strong opposition from neighbours, the parish council and other organisations.

Chairman Gerry Battye said Leo Baker of Wiston Road had written to Babergh claiming the decision was a "travesty of justice" considering the number of objections.

Mr Baker said in his letter he realised the planning authority had a duty to expand local businesses but not at the expense of residents' quality of life. Apart from the noise, diesel fumes and dust it would mean the desecration of a beautiful field.

District councillor Chris Hunt who pointed out it was an outline plan said the committee had discussed the issue for nearly an hour and all objections were fully considered.

Mr Baker also complained he was currently being woken by noise from diggers and forklift trucks before 7am. It was agreed to investigate planning conditions previously imposed on the site.

PLANNING

Members objected to a plan to build a two-storey side extension to form annexe accommodation at 4 Ash Rise saying it was too big and would exacerbate the parking problem in the cul de sac.

It was reported an application by the owners of 21 Court Street to build an extension, carry out alterations to the existing house and convert outbuildings to living accommodation had been approved. The plan was an amended version of one approved in 2003.

VILLAGE HALL

Reporting on the village hall, Rosemary Knox said a lot of time had been spent recently on applying for the new premises licence which was costing £250 plus £160 to put in the local paper. No-one seemed to know how the system was going to work. She said the new treasurer Andrew Gowen was putting all the hall's accounts on computer so everyone would have a copy.

Bryan Smith said some people living in Newlands Lane were leaving their cars on the playing field and it was pointed out permission for gates to be installed in their back gardens did not include parking on the field.

The council agreed a new sign to the village hall needed to be at eye level and should include Church Lane, Newlands Lane and a P for parking. Mr Hunt said he would take the suggestion to Babergh and report back to the clerk.

OPEN SPACES

The council is to thank grass cutting contractor Roy Mortimer for replacing a litter bin on the open space after the original was thrown in the river by youngsters.

BONFIRES

Following a letter from Alan Edwards of Birch Street complaining about inconsiderate lighting of bonfires it was agreed to put a request in the Community Times asking people to be reasonable.

HOUSING NEEDS

Mr Battye said the housing needs survey results had been received and the council would decide on its course of action next month.

RECREATION GROUND

A letter from the Tendring Hall Estate regarding the overgrown allotment at the top of the recreation ground said it had no particular use for the area at the moment and would be interested in ideas for a specific use.

TREE PLANTING

The council heard Stoke Road resident Jean Dryden had objected to the proposed planting of two more trees on the open space in front of her house. She said the small number of trees planted previously was reasonable but wanted to preserve the space between the houses and Stoke Road and felt there might be more appropriate sites in the village. It was agreed to ask Babergh to consult residents on both sides of Stoke Road on the matter.

COMMUNITY TIMES

Mr Battye reported Nayland's Community Times was not a winner in the newsletter of the year competition but was highly praised.

ANNIVERSARY TREE PLANTING

The council agreed to a Royal British Legion request to plant an oak tree on the Anchor amenity site to mark the 200th anniversary of the Battle of Trafalgar.

ROAD SAFETY

Members heard a letter from Stephen Bunting of Bunting and Sons saying his firm would support any bid to restrict speed through the village following an accident in which a "lunatic" driver had rounded a corner too fast and smashed into the Anchor bridge. He added any subtle measures 100 metres further back along Horkesley Road would teach drivers to appreciate the village and have respect for others.

Mr Battye said the council "had been here before." He recalled a request for the 30mph limit to be extended was refused and the council had asked for gateways on the three entrance roads to the village in March.

It was agreed to contact Peter Ingram of the county's road safety group, who had arranged speed surveys and looked into accident records, passing on Mr Bunting's concern.

HIGHWAYS

The council is to contact the highways department asking for something to be done about tar overheating on the bare road surface in Fen Street.

It was agreed the "horse-watering" in Bear Street was in a bad state and needed inspecting.

ALLOTMENTS

It was decided that the allotment rents would remain unchanged this year. The council is to ask the horticultural society whether the best kept allotment prizes could be presented at the annual flower show in future.

WALNUT TREE HOSPITAL

In his district council report Mr Hunt asked people to get in touch with him with their views on the proposed closure of Sudbury's Walnuttree Hospital. He said local councillors were concerned at the possible lack of health facilities and there was a geriatric requirement for that hospital. If the facility did not exist it would have a knock-on effect.

HADLEIGH SWIMMING POOL

He was also keen to hear views on the future of Hadleigh swimming pool which was coming to the end of its useful life and would cost £3.5million to rebuild. So far, he said, Babergh's strategy committee had not ruled out or promised anything and he wanted villagers' views.

The **October meeting** of the
Nayland with Wissington Parish Council
will commence at the earlier time of **7pm** on
Wednesday 12th October

NAYLAND WITH WISSINGTON PARISH COUNCIL

Meeting: 14th September, 2005

LOCAL HOUSING NEEDS

Nayland could be in line for a small development to meet local housing needs if a suitable piece of land can be found, parish councillors heard at their September meeting.

District councillor Chris Hunt said a report by Suffolk Acre on a recent survey showed the village was fairly affluent with plenty of three and four-bedroomed houses and a few second homes.

It suggested the village could support a mixed development of six to eight houses and the only down side of the survey was the fairly low response, under 40 per cent compared with 70 per cent in Boxford. Most people saw a significant need for a small number of affordable houses in the villages.

Chairman Gerry Battye said the next step was to find a location and someone willing to donate land below the market rate but Nayland's geography had always posed a problem. When the issue was last considered in 1991 no suitable site could be found.

Ray Spencer felt Suffolk County Council had plenty of land in the village which might include a suitable location.

It was decided to ask Babergh's housing enabling manager Ian Tippett and Suffolk's rural housing enabler Louise Wilby to the October meeting to discuss the next stage. The meeting on October 12 will start at 7pm.

CAR PARKING & SPEEDING

The question of cars parking along the side of the Anchor Bridge led to lively discussion with two councillors calling for the introduction of yellow lines. The issue arose following a recent late night accident when a driver lost control on the corner and ploughed into the side of the bridge.

Members heard from community liaison officer PC Paul Wren the accident was caused by the long line of cars parked outside the Anchor Inn and over the bridge and police wanted the council's opinion on parking there.

Abbi Knight said it was extremely dangerous and yellow lines were needed. Mr Hunt said Nayland, like all other villages, was "stuffed up" with cars and all motorists had to do was slow down.

Mr Spencer suggested asking Babergh whether the existing car park could be extended and said yellow lines would only add to the problems, as well as affecting the pub's trade.

With only two of the five councillors present in favour of yellow lines Mr Battye said he could not support the proposal and the matter was postponed until next month. Meanwhile, police will be asked to carry out observation.

PC Wren said he now had access to a speed recording device and would book drivers he found breaking the speed limit.

RURAL CINEMA SCHEME

The council was asked by Babergh's arts and community development department whether Nayland wanted to join the rural digital cinema scheme. Mr Battye said it had been running successfully in Polstead with films showing monthly. Patricia Fuller thought it was an excellent idea but Mr Hunt said he was "a bit nervous" about the possible effect of village film screenings on DVD and video rentals from local shops. It was decided to pass the rural cinema idea on to Nayland Community Council to consider.

PLANNING

Councillors heard full details of the outline planning permission granted to Nags Building Supplies for a new warehouse, shop, sales office and parking. Mr Battye listed the numerous conditions and said a report from the planning officer showed objections by the parish council, other organisations and neighbours were accurately conveyed to the development committee. Suffolk Council Council had also objected to the outline plan on highway safety grounds. Despite officers recommending refusal the committee had

approved the scheme which had created a lot of bitterness amongst residents.

Reviewing other plans, Mr Battye said an application to build a detached two-storey house on land adjacent to 13 Stoke Road had been refused. It was stated the site formed an important space which contributed to the character of the conservation area.

He reported an appeal by the owners of the Thatched Cottage, Bures Road, against an enforcement notice issued by Babergh to remove a fence bordering its front boundary had been dismissed. The inspector understood the need for privacy but felt its scale was unsympathetic to the size of the house and a lower fence would be less obtrusive.

The parish council had objected to a plan for a detached two-storey house and garage in the side garden of 100 Bear Street feeling the design and scale of the building were inappropriate.

It had no objection to plans for a first floor extension at The Manse, Bear Street and a two-storey extension at Townlands Barn.

STOKE ROAD TREE PLANTING SCHEME

A letter from Babergh's horticultural department said it was not possible to inform all nearby residents in Stoke Road about a tree planting scheme being implemented. The new planting would fill a newly exposed gap.

ELECTRICITY SUPPLY TO LOCK COTTAGE

Following a request from EDF Energy to lay a new underground electricity supply to Lock Cottage by digging underneath the "horse-watering" the council agreed that as trustee it did not object to the work provided it was made good afterwards and the land flattened.

RECREATION GROUND

It was decided to inform the Tendring Hall Estate the council was interested in further discussion on the future of the overgrown allotment at the top of the recreation ground - either short term keeping it as an allotment or longer term for sensitive amenity use.

HIGHWAYS

The council heard from western highways manager Jim Nunn he would like to have replaced the road surfacing in Fen Street and Newlands Lane but it was not possible financially. The chippings were swept and the melted bitumen treated with slag dust. Both roads would be checked but it was difficult to make a significant improvement.

SOUTH SUFFOLK AIR TRAFFIC ACTION GROUP

Mr Hunt reminded members Babergh was keen for parish councils to respond to the expansion plans for Stansted Airport and the South Suffolk Air Traffic Action Group could provide details of its campaign. Views should go to the BAA at Stansted by October 31.

ALLOTMENT WINNERS

The Bernard Walsh Cup and £20 cheque were presented to the winner of this year's best-kept allotment competition Ken Norman. Nicky Pitts, second, and Jim Scarlett, third, also received cheques.

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Community Council

MEETING ON 19TH SEPTEMBER, 2005

Chairman: Andrew Gowen 2 6 2 5 3 4

BONFIRE NIGHT

Arrangements were finalised with: Andrew Gowen organising posters and publicity and David George the gate and lighting. Alan Hodges would be leading on the barbecue and Tricia Hall, Mandy Cook and others to help out on the night. Iain Wright will lead on the bonfire and setting off fireworks with Andrew Gowen to collect fireworks, liaise with Fred Bugg and provide the wine and soft drinks to be sold.

CHRISTMAS BAZAAR

This is planned for 3rd December. The next Community Council meeting is being brought forward to 14th November to enable planning for this event to be finalised. The aim is:

- To have fewer raffles and Tombolas
- More children activities including games
- Societies to forward ideas to Andrew Gowen soonest.
- Children's Christmas card competition and possibly fancy dress
- Andrew Gowen to organise posters and publicity

VILLAGE QUIZ on Friday 3rd March 2006

The winning team from last year from the Conservation Society had agreed to set the questions.

STREET FAYRE

The meeting unanimously supported a Street Fayre in 2006. It was agreed to hold it on Sunday 16th July. It would be run by the Community Council Executive with support from Society members. The first meeting of the Fayre Committee would take place immediately after the next Community Council General Meeting on 14th November. The theme had yet to be decided but Bastille Day was suggested but other ideas should be passed to Andrew Gowen.

COMMUNITY TIMES

The Treasurer reported an increase in advertising revenue and it is because of the Community Times success that the Community Council accounts will break even this year even after payments of grants. He felt that much credit should go to Lorraine Brooks and Anna Boon for this great achievement.

NEW LICENCE ARRANGEMENTS: Village & Church Halls (shown as a separate item because of its importance).

a. Iain Wright explained that the Village Hall had applied for the new Licence under the new laws which required him to be noted as the premises supervisor as responsible for the Village hall and there was a requirement to have a licence holder present at all functions where alcohol was being supplied. He as premises supervisor did not have to be present at such functions but would be the first person approached by the Police if things go wrong. He felt that those Village Societies that regularly had functions involving alcohol should provide their own Licence Holder. This will require training that will cost £150 each. The Village Players and Conservation Society were two such societies that need their own licence holder. It was agreed that the Community Council could provide the cost of the training for the licence holders. For other societies who want occasional use of the serving of alcohol; they could apply to Babergh for a Temporary Event Notice (TEN) costing £21. The Village hall was limited to 12 TENs a year.

b. Andrew Gowen said that the Church Hall had never been Licensed and on advice from Babergh it was unlikely that licensing was necessary although this needs to be confirmed by the Church Hall Committee when it meets later this month. The Temporary Events Notice system would cover the few occasions that alcohol was involved in functions held there, although the cost might put societies off!

VILLAGE SOCIETY REPORTS

Royal British Legion: Reported that the prescription delivery service was continuing. It is hoped that members of the village would attend the planting of an oak tree to commemorate the 200th anniversary of the defeat of the French and Spanish fleets

off Cape Trafalgar on 21st October 1805 on Sunday 23rd October after the morning service. It would take place on the recreational ground close to the Anchor Bridge and the tree would be planted by the Revd. Brian Watling a former Naval Officer.

Please note that the Poppy Appeal Coffee morning in the Church Hall was on 29th October.

Conservation Society: Asked if people could stay on the footpaths when walking round the meadow project - they had now been cleared. The meeting on the 11th October was on British War Artists by Michael Cope and should be very interesting.

Horticultural Society: Had a very successful Flower show which was enhanced by the contribution made by local children. They were grateful for the support from the village.

Nayland Choir: The rehearsals for the concert version of Gilbert and Sullivan's *Iolanthe* had gone well which augers well for the production which will take place on 4th December. The Choir would welcome new members at any time.

Village Players: The Jane Eyre production had been cast and rehearsals were in full swing for the play to be held on 24, 25, 26 November with a matinee performance on the Saturday. They had won 3 awards at the 'local Oscar' (Local Theatre Guild) award ceremony; David Knight best Actor; Mary Moriati best production and 3 Musketeers best costume. The meeting congratulated them.

Youth Club: It will survive on present resources until March but there was still a lack of support from children(averaging 6 per session) and parents. A number of events in the Summer Holidays had been cancelled through lack of support. A salsa evening was planned on 21st October and they were actively applying for grants to keep the show on the road. Andrew Gowen said the Community Council would continue to support the club financially but it really was up to the parents. It was suggested the Club might like to get involved with Carpet Bowls particularly as the local team were Suffolk Champions!

Women's Institute: Strongly supported the Street Fayre and wanted to provide Baguettes and drinks. Thanked the Gowens' for the use of their garden for their summer garden meeting. Elizabeth Ellis was speaking on 'House Plant Style' at their October meeting and they were organising a 'Blue Water' shopping trip on 1st November and there may be seats available for non WI members. They wanted to book a table for the Christmas Bazaar.

Over 60's Luncheon Club: Ken Willingale sounded the praises of the monthly lunches provided at very small cost to elders of the village and said how much it was appreciated.

Bowls Club: Reported that they had won their League and then won the match with all the other league winners and were now Suffolk champions. The meeting congratulated them on a fantastic performance.

TREASURER'S REPORT

Paul Watson projected a break even at the end of the year helped by the increased revenue from the Community Times but it depended on a successful bonfire night and Christmas bazaar. If we were to continue to provide grants at the present level we needed to increase income next year. Although the council funds stood at £12,000 approximately this itself provided an income and a comfortable level of security and it was available for a big village project in the future.

CHAIRMAN'S REPORT

It was agreed to hold the Autumn Working Party for the Village Hall Garden on 29th October at 9am.

NEXT MEETINGS

Meetings were agreed (8pm with the Executive meeting at 7.30pm) Monday 14th November, Monday 6th February 2006, and Monday 13th March 2006 would be the AGM.

NAYLAND COMMUNITY
COUNCIL

BONFIRE AND FIREWORKS

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VILLAGE HALL
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NAYLAND CHRISTMAS BAZAAR



SATURDAY

3rd DECEMBER

2pm until 4pm



VILLAGE HALL

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To Nayland with Wissington Community Council

Application for Space at the Christmas Bazaar

Name of Society

No. of Tables

Cash/Cheque £.....

Signed

NAYLAND PLAYGROUP



Cake Stall

Saturday 1st October

Outside Kerridge's, Court Street



The Village Lunch

Wednesday 5th October 2005

at the Village Hall

Please arrive by 11.45 am

Speaker at 12 noon, Lunch at 1pm

Our speaker will be John Warwicker:

Churchill's Secret Army

Tickets: £7.50 from Nayland Post Office (*afternoons*)

Please bring your own wine

MENCAP COFFEE MORNING

& Christmas Card Sale

**Wednesday 12th
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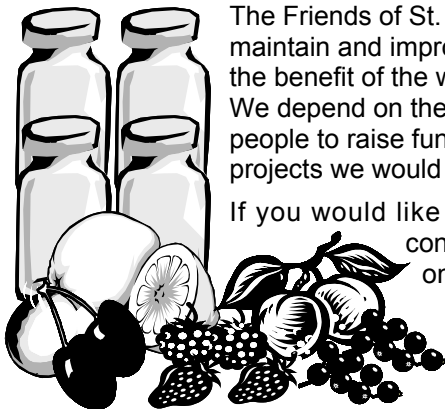
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OF FAIRLY TRADED GOODS**

Saturday 15th October

10 – 12 noon

Church Hall, Bear Street, Nayland

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There will also be cards.

Do come and browse.

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(In the catalogue many of the eatables are priced in multiples, but you are welcome to order single items so don't let this put you off!)

As with last year, if anyone can give an hour (or more, or less) to help on the day please let me know or put your name on the list in St. James':

8.15am – 10am to unpack and arrange all goods
or from about 12 noon to repack unsold items

Rita Dibble (262580)

THE ROYAL BRITISH
LEGION



**POPPY
APPEAL**

Coffee Morning

Saturday 29th October

10am – 12noon

Church Hall

Items for sale and Raffle Prizes
would be welcome

BONFIRES

At this time of year residents may be thinking of having bonfires in their gardens.

They are reminded to have consideration for their neighbours and to be reasonable about the times when they light their fires.

Persistent bonfires can be annoying, preventing neighbours from enjoying their gardens and having possible health effects, as well as adding to the level of air pollution.

There are no byelaws to prevent bonfires but the District Council will investigate any persistent offenders and can take action under the Environmental Protection Act 1990.

The Village Players

are presenting:

Jane Eyre

24th, 25th, 26th November

Evening performances 7.30 for 8pm

Matinee Sat 26th November 2 for 2.30pm

Nayland Village Hall

Tickets £5

available at: **Nayland Post Office**
(afternoons)

GEORGE KERRIDGE

Retired butcher George Kerridge died peacefully at Nayland House on September 14. He was 90.

Born in Stoke Newington, London, Mr Kerridge came to Nayland as a child and was educated at Colchester Grammar School. He served in the army throughout the Second World War and took part in the battle of Monte Cassino in Italy.

His grandfather ran a butcher's shop in Great Horkesley and his father Ivan Kerridge took over Wheeler's butchers in Nayland in 1923.

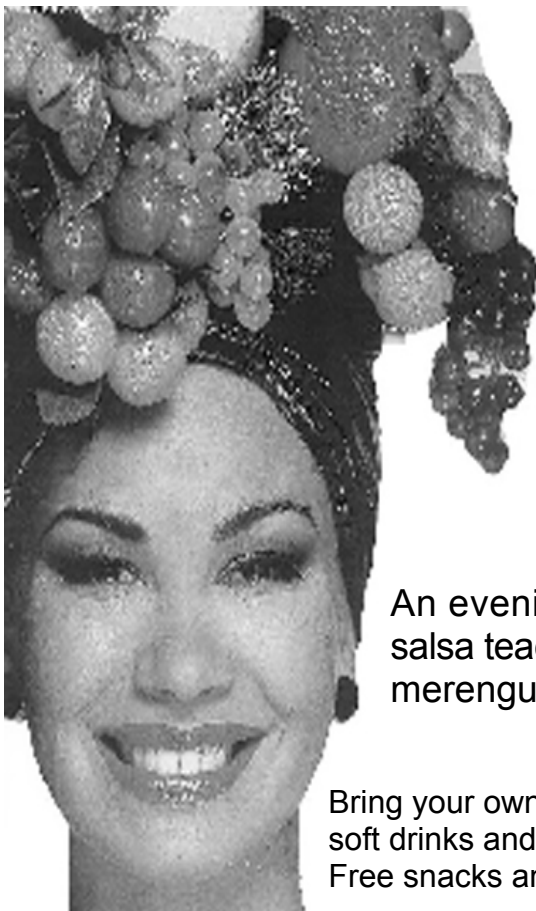
An engineer by trade, Mr Kerridge joined the family business and met his late wife Frances when he was delivering meat to the Jane Walker Hospital at Wiston where she worked. After he married he spent some years servicing fire engines in Colchester.

He took over the Nayland shop when his father died in 1956 and ran it until he retired 20 years ago. His grandfather's special sausage recipe still remains a closely-guarded secret and won Mr Kerridge the title of champion sausage maker in 1984.

After he retired he restored an old car which he exhibited at shows in West Bergholt. He also enjoyed gardening and grew all his own vegetables.

Mr Kerridge was a parish councillor for several years and regularly attended annual parish assemblies where he would ask pertinent questions. He was also a member of the Royal British Legion.

A widower, he leaves a son Ivan who runs the business, a daughter Rosie, 11 grandchildren and seven great-grandchildren.



Salsa Party!

in aid of Nayland Youth Club

Friday 21st October 2005

Nayland Village Hall

7.30pm - 12.00pm

An evening of music and dancing hosted by experienced salsa teachers featuring dance demonstrations, fun salsa and merengue classes and hot Latin sounds by DJ Mambo Mark

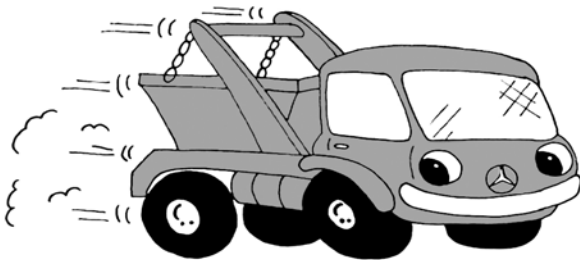
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Nayland

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Moving house? Longer tenancies in the Winter period can be arranged.

Keep fit in our swimming pool – open to non-residents on a contract basis, shared and sole use times.

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Guests have the use of the pool, sauna, hard tennis court and playground. The lake is stocked with trout and course fish. Pets welcome.

Brochure and details available from Robert & Pauline Dossor. 01206 262261

www.gladwinsfarm.co.uk

Fund Raiser For Charlie!

Club Members and staff from Peake Fitness at The Stoke by Nayland Hotel recently completed a team challenge to raise funds for 6-year old Charlie Williams, of Boxford.

Charlie, whose Mum Beverley Phillips was a long serving member of staff at the Club, was diagnosed with a brain tumour three months ago, and has already undergone three major operations and a course of radiotherapy at Addenbrooks Hospital. Currently he is on a break between treatments, so that he can build up some strength before he commences a programme of chemotherapy..

Staff and members set themselves the task of running the distance from Charlie's home in Boxford to Addenbrooks Hospital and back – twice – a round trip distance of 170 miles, on a treadmill! The distance was broken down into 3 mile and 6 mile sections, so that all fitness levels could participate. All participants secured sponsors for the feat, and a collection was also taken during the challenge, raising over £2,000 – with funds still coming in.



left to right:
Mary Saward,
Manager
Membership
and Leisure
Sales,
Beccy and
Occy from
Peake
Fitness,
Steph Harris
Spa Manager



Be Your Best

**Optua is the new name for Suffolk charity
Rethink Disability.**

We are based in Stowmarket and provide a wide range of services and opportunities for disabled people including Leisure Activities, Advice and Advocacy, Community Brain Injury Services, Community Transport, Care Services, Volunteering and Access Groups.

Our new name 'Optua' is taken from the Latin for 'Be your best' which describes our vision that disabled people can achieve *their* best without barriers, and without other people deciding what there best should be.

We have been running for nearly 25 years and our new name marks the start of an exciting time for us. We will continue to provide the same services to assist and enable disabled people as always, but we also expect to develop new services in response to the needs of disabled people in the future.

For more information call: **01449 - 770127**

Email: enquiries@optua.org.uk

Website: www.optua.org.uk

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Society News



ROYAL BRITISH LEGION

Secretary: Andrew Gowen 262534

Highlight of this last period was the 60th Anniversary Party of the Women's Section formation on 25 July in the Church Hall. It was a most enjoyable evening and we are grateful to the Women for inviting us.

We have permission to plant an Oak Tree in the same area as the millennium oak on the Recreation Ground near the Anchor bridge. This will commemorate the defeat of the French and Spanish Fleets off Cape Trafalgar on 21 October 1805 and will take place immediately after the morning service on Sunday 23 October and we extend our invitation to everybody who is interested.

At our August meeting we had a short talk from Mike Green on the BBC project to record and archive people's reminiscences of the last war. Mike is a facilitator who helps and encourages people to do this. It can be done on a special web site set up by the BBC without Mike but he is around to help if asked. Contacts are:

Michael Green: Knoll Gate House, Court Street, Tel: 01206 262222

BBC Web Site: <http://www.bbc.co.uk/dna/ww2>

For those that can, I do recommend a visit to the BBC Web site to read of many different experiences. Stories are wanted from anybody who had every day experiences during the War; otherwise they will be lost for ever.

Membership of the Royal British Legion. It is with considerable delight that I can report that the Royal British Legion has decided to open its ranks to all individuals young (over 16) or old, male or female who agree "*with the aims and objects of the Legion and wish to become members*". There will be one single type of member who is eligible to fill any post in the Legion. This was agreed at Annual Conference and can be put into effect after approval by the Privy Council which may take a few months. This now gives the branch the opportunity to widen its membership and hopefully expand its activities. So we shall be looking to increase our membership over the next few months. Any body interested in joining should contact me or the Chairman, Bill Martin on 262168.



ROYAL BRITISH LEGION Women's Section

Secretary: Kath Hunt 262014

On Monday 23rd July we celebrated our 60th anniversary.

As we are now few in numbers we held a small party in the Church Hall. Members of the Royal British legion were invited and three of our members who cannot attend meetings were able to come. Our guests were the County Chairman Mrs Pat Scott and the Revd Kit Gray.



Two of our members were awarded certificates of appreciation, Mrs J Ellesley and Mrs J Hawkins.

We had a very enjoyable evening with our members doing us proud with all the food they provided.

Our thanks go out to the Royal British Legion who gave lifts to our members who otherwise could not have joined us, and also for their help to clear away afterwards.





NAYLAND WITH WISSINGTON CONSERVATION SOCIETY

Hon. Secretary: Andora Carver 262970 Chairman: Mr J Alexander 262676

"British War Artists" is the subject of the talk at our next **Open Meeting on Tuesday 11th October** when Michael Copp will speak on John Nash, Paul Nash, Eric Ravilious and others. As usual the evening begins with a glass of wine at 7.40pm. followed by formal business and an update on the Society's recent activities with the talk starting at about 8.30pm. All members and friends are welcome at any stage of the proceedings.



The Meadow Project:

There are now over 200 sheep peacefully grazing on the meadow, which this time last year seemed almost impossible to imagine.

The pond: We are assured by the Environment Agency that the flannel weed on the pond will disappear when the weather cools down, and in the meantime it is a wonderful breeding area for damselfly and dragonfly. Several rare species have been seen by visiting experts!

Planting: As part of the next stage of the Meadow Project two classes from Nayland Primary School are coming down to help us plant some native species of trees in the fenced off area beside the A134 on Tuesday 29th November from 9.30am – 12 noon. Adults are invited to come the day before (Monday 28th) to help dig holes for the trees and plant a few themselves. Everyone is most welcome. Some reeds might also be planted round the edge of the pond. (Please contact Andora Carver 262970 for further details.)

Footpath: Due to the Environment Agency vehicles needing access to the weir area for maintenance, tracks have appeared in the recently sown margin between the fence and the river south of the weir. These tracks have inevitably been used as an unofficial path resulting in the public footpath along the riverbank becoming overgrown. We have employed a contractor to cut a wider path along the whole length of the official public footpath, which we hope will make it easier for walkers and electric chair users and at the same time allow plants to regenerate along these "tracks". This is the reason for some stakes, string and notices being put up. We are trying very hard to do the best we can to enhance the area for the enjoyment of everyone and would be grateful for the support of all users. The stakes will be moved as soon as possible and the Environment Agency has agreed to level and widen the public footpath during the winter.

Great strides have been made with the Meadow Project and in due course the natural balance of native plant species will be achieved through cutting and grazing.



NAYLAND WITH WISSINGTON W.I.

Secretary: Pauline Dossor 262261

The committee and members of the Nayland and District WI would like to thank Andrew and Susan Gowen for holding the WI Summer Meeting in their lovely garden on the 15th August. After an excellent buffet made by the committee and members we were invited to wander round the garden which was greatly admired by everyone. The evening was warm and sunny which was the icing on the cake.

My sincere thanks to everyone who helped in some way to make the evening such a success.

The next meeting will be held in the Village Hall at 7.30pm on 19th September. The speaker is Mr H.M. Field who will talk on the "Jubilee Sailing Trust". All new members and visitors are welcome.

The October meeting is the **17th October** and the speaker is **Elizabeth Ellis on House Plant Style**. Our next outing is to **Blue Water for a shopping spree on 1st November**. See the notice board for further details.

Shirley Scarlett



HORTICULTURAL SOCIETY

Mrs Joan Moore 262721

Future events

- 18th October *Walks in the Cotswolds*. Talk by Roger Claydon, 8 pm Leavenheath Village Hall organised by Leavenheath Garden Club.
- 8th November Joint meeting, Suffolk Wildlife Trust, Conservation Society and Hortsoc. 7.40 for 8 pm Nayland Village Hall *Suffolk Woodlands*. Talk by Simon Leatherdale, woodsman
- 3rd December Community Council Christmas Bazaar 2 pm Nayland Village Hall
Seasonal items wanted for sale on Hortsoc stall



HARPERS HILL COUNTRY WILDLIFE SITE

Mrs Joan Moore 262721

Following a site visit by Claire Studman of the Dedham and Stour Valley Project in mid-August, she has agreed to organise a **working party** led by the Project and its volunteers, to cut grass and scrub from part of the site to try to restore the area formerly grazed by rabbits.

This will take place on **Wednesday 12th October, at 10 a.m.** Any local residents who are free on that day and could spare an hour or so to rake grass and generally help will be very welcome indeed. All tools will be supplied – just wear stout boots or shoes and appropriate working clothes. Please contact Joan Moore if you would like to come, or need further information.



VILLAGE PLAYERS

Chairman: Lindsay Nieuwenhuis 271261

Secretary: Tamsin Burnett-Hall 262029

What a triumph!

We are delighted to have won in three categories from eight nominations at the recent North East Essex Theatre Guild Awards, all for 'The Three Musketeers' - Le Panteau. Bea Sewell and Eva Rolfe were awarded the Best Costume Trophy, David Knight carried off the accolade for Best Actor, and to our shock and amazement we were awarded the Eric Dyster Cup for Best Children's Play or Pantomime.

This, of course, was a vindication of everybody's hard work and commitment as it involved nearly the entire membership in one way or another. Huge thanks again to our director Mary Moriarty and our everyman Nick Moriarty for bringing it all together. Many congratulations to all the winners and to all the other nominees.

We do have to come back down to earth fairly quickly though, as we now have to concentrate on **Jane Eyre, our Winter Production**, under the direction of Bryan Smith and assisted by Deborah Hodges. Rehearsals are already under way and the performance dates are the **24th, 25th and 26th of November** (see main advertisement). There will be posters around the village nearer the event and tickets will be on sale as usual in the Post Office. If you would still like to help backstage or front of house please contact Bryan on 01206 26243 or Deborah on 01206 263982.

We had a wonderful sunny day for our annual barbecue at the home of Bryan and Jenny Smith on Bank Holiday Sunday. More than forty members, family and friends enjoyed the lovely weather and good food. Thank you to all the 'chefs' and to Bryan and Jenny for their warm hospitality and also to Deborah Hodges, who once again masterminded the event.





NAYLAND ART GROUP

Daphne Berry 262641

Nayland Art Group would like to thank those who came to view our Exhibition on Saturday 10th September. Sadly the weather might have put some people off venturing out. However, we were pleased to receive lots of complimentary comments from visitors who on the whole agreed that the standard improves each year.



BOWLS CLUB

Mrs Eva Rolfe
263151

We continued to do well in the Suffolk Summer League and finished top of our group, which meant we went on to the play-off at Needham Market Community Centre where we competed against six other group winners in the Finals Day.

And we WON the trophy!

We also got to the final in a local tournament at Bildeston.



THE VILLAGE LUNCH

The date of the next lunch is **Wednesday, 5th October** and our speaker is **John Warwicker** who will talk about "**Churchill's Secret Army**". Tickets are available from the Post Office (afternoons) priced at £7.50.



OVER 60'S CLUB

Secretary: Daphne Berry Tel: 262641

The Over 60s organised a day out to Frinton-on-Sea on the 8th September. The weather was fine and a good time was had by all. We were joined by four residents and staff from Nayland House who have written to us expressing their thanks for a most enjoyable day.

Our meeting scheduled 13th October has been cancelled as several members will be away on holiday. Our next meeting will be on **Thursday 10th November**.

NAYLAND FLOWE

NAYLAND WITH WISSINGTON COMMUNITY TIMES

Once again our juniors astounded visitors and judges alike by the quality and quantity of their entries.

RESULTS IN THE CHILDREN'S SECTIONS

Children: 8 years & under

Home-made sweets: Leah Backhouse, Ricky Reader, Georgina Backhouse HC Charlie Thurlow
Decorated hard-boiled egg: Ricky Reader, Charlie Thurlow, Josie Reader
Jar of wild flowers: Brogan Dann, Sarah Gladwell, Laura Gladwell
Edible necklace: Lee Backhouse, Josie Reader, Emma Gladwell
Cresshead: Ricky Reader, Josie Reader, Lee Backhouse HC Emma Gladwell
Poster: Brogan Dann, Bethany Goodall, Georgina Backhouse, HC Lucy Goodall
Sunflower Head: Charlie Thurlow, George Thurlow, Ricky Reader, HC Georgina Backhouse

Children: 9 – 14 years

There was only one entrant in all seven classes; Danny Thurlow.
All Danny's entries were judged to be worthy of First Prizes



Section 1 (Open) Vegetables – 1st, 2nd, 3rd

Five potatoes, white	Ivan Kerridge, Rosie Bugg, John Palmer
Five potatoes, colour	Ivan Kerridge, Rosie Bugg, John Palmer
Five carrots	Rosie Bugg, Ivan Kerridge, John Palmer
Five carrots, short	Ivan Kerridge, Rosie Bugg, Ken Norman
Three beetroot	Hazel Gardiner, Rosie Bugg, Ivan Kerridge
Six runner beans	Ivan Kerridge, Rosie Bugg, Ken Norman
Six french beans	John Palmer, Hazel Gardiner, Ivan Kerridge
Five onions, seed	Ivan Kerridge, Ken Norman, -
Five onions, sets	Ivan Kerridge, Hazel Gardiner, Ken Norman
Three parsnips	Ivan Kerridge, Rosie Bugg, -
Nine shallots	Ivan Kerridge, Ken Norman, John Palmer
Two cabbage lettuce	Ivan Kerridge, Robert Backhouse, Rosie Bugg
Two cos lettuce	- Ivan Kerridge, Rosie Bugg
Two marrows	Rosie Bugg, John Palmer, Ivan Kerridge
Two cabbages	Rosie Bugg, Ivan Kerridge, -
Five courgettes	Rosie Bugg, John Palmer, Ken Norman
Six tomatoes	John Palmer, Ivan Kerridge, Rosie Bugg
Six tomatoes, fruiting	Rosie Bugg, Bradley Stanton, Ken Norman
Cucumbers, ridge	Rosie Bugg, Ivan Kerridge, Ken Norman
Cucumbers, frame	Rosie Bugg, Ivan Kerridge, -
Any other vegetable	Ivan Kerridge, Rosie Bugg, Hazel Gardiner
Vegetable Collection	Rosie Bugg, Ivan Kerridge, Ken Norman

Section 2 (Open) Fruit

Dish of soft fruit	Rosie Bugg, -
Dish of stone fruit	Pam Baker, Rosie Bugg, -
Dish of four apples	Hazel Gardiner, Rosie Bugg -

Flowers

Roses, 3 hybrid tea	Mary Hussey, Mr. Slater, Barbara Reader
Roses, 1 specimen	Mary Hussey, Barbara Reader, Sharon Backhouse
Roses, floribunda	Alan Reader, Barbara Reader, Mary Hussey
Single rose, for scent	Jenny Smith, Barbara Reader, Mary Hussey
Perennials	Rosie Bugg, Sheila Sessions, Olive Noakes
Annuals, 3 varieties	Rosie Bugg, -
Annuals, 1 variety	Robert Backhouse Rosie Bugg, Olive Willingale
Pot plant, non-flowering	Sheila Sessions, Rosie Bugg, Jean Evans
Pot plant, flowering	Jean Evans, Jenny Smith, Rosie Bugg
Fuchsia, stnd/half-stnd	No Entries
Fuchsia, bush	Rosie Bugg, Jenny Smith, -
Gladioli	Ivan Kerridge, Hazel Gardiner, Rosie Bugg
Asters	Ivan Kerridge, Rosie Bugg, -
Chrysanthemums	Jenny Smith, Ivan Kerridge, -
Cactus or succulent	Peggy Shreeve, Rosie Bugg, Jean Evans

CUP WINNERS

BERT HALLS MEMORIAL CUP - Ivan Kerridge 46pts

Rosie Bugg 42pts

Highest points in Section 1 Vegetables (resident)

KENT BLAXILL CUP - John Palmer

Highest points in Section 1 Vegetables (non-resident)

OLIVE WILLINGALE CUP - Rosie Bugg

Highest points in Section 3 Flowers

WILLIAMS & GRIFFIN ROSE BOWL - Rosie Bugg

Highest points in Section 5 Flower arranging

NORAH OWEN CUP - Ivan Kerridge

Best Dahlia in show

JOHN OAKES CUP - Rosie Bugg

Highest points in Section 6 Cookery

Almost 200 visitors came to see the colourful display of vegetables, fruit and flowers in the Village Hall, resolving Hortsoc's doubts that the difficult season might spoil the show. Of the 384 exhibits, over one hundred were presented by the children. Once again our juniors astounded visitors and judges alike by the quality and quantity of their entries. The judges were particularly impressed by the high standard of the dahlia and carrot sections, and congratulated the Society on once more achieving such good results overall

Rosie Bugg was the star exhibitor, and carried off the highest number of trophies, with winning entries in the vegetable, flower and flower arrangement and cookery sections. These earned her the Creems Cup for the highest number of points in the show, but she lost out by just four points to her brother Ivan Kerridge for the Bert Halls Memorial Cup.

Sadly, we missed Mick Bond's usual array of cup-winning entries. He had been too busy to prepare any exhibits this year, but has promised to be back in 2006.

Hortsoc would like to thank Stephen Bunting of Bunting & Sons, Westwood Park, for presenting the trophies, and all those who helped to set out the show. We

FLOWER SHOW 2005

MAYLAND WITH WISSINGTON COMMUNITY TIMES



PETER SINGLETON TROPHY - Mary Hussey
Best rose in show

ELLEN DAWE CUP - Sharon Backhouse & Alan Reader
Best photograph in Section 10 Photography

JOHN DYBLE MEMORIAL CUP - Rosie Bugg
Best Fuchsia in show

GENT CUP - Ricky Reader
Highest points, Section 7 (8 years and under)

SAWYER CUP - Danny Thurlow
Highest points, Section 8 (9-14 years)

KERRIDGE CUP - Leah Backhouse (aged 2½)
Biggest disaster in the show

CREEMS CUP - Rosie Bugg 109 pts
Highest number of points in the show

especially appreciated the efforts of Bev Kerridge and Sylvia Bond for organising the entry forms and cards, Margaret Sloan for running the raffle, Sheila Sessions and Peggy Shreeve for manning the produce stall, Hazel Gardiner and her team for providing teas, and our judges and stewards. Most of all, however, thanks are due to our exhibitors, who never seem to let us down.

We would like to remind the mystery entrant who did not back up a completed entry form by producing an exhibit, that prizes and cups can only be won by submitting an entry. In the opinion of the committee and our independent judges, those who win cups do so through the quality and/or quantity of their exhibits, and the time and effort that goes into producing them.

STOP PRESS: The subject for the 2006 Annual Flower Show photography section will be 'A Winter Scene'. So have your cameras ready for the first frost or sign of snow!



Dahlias

Cactus
Ball or pom-pom
Decorative blooms
Any varieties
Collection of Flowers,
Fruit & Veg

Ken Norman, Jenny Smith, Rosie Bugg
Ivan Kerridge, Ken Norman, John Palmer
Ivan Kerridge, Rosie Bugg, Jenny Smith
Ivan Kerridge, Margaret Sloan, Ken Norman
Hazel Gardiner, Rosie Bugg, -

Floral Arrangements

Small arrangement
Candlestick arrangement
Teacup arrangement
Herbs
Dried flowers
Foliage arrangement

Rosie Bugg, Mary Hussey, Sheila Sessions
Hazel Gardiner, Rosie Bugg, Olive Noakes
Rosie Bugg, Mary Hussey, Rita Dibble
Mary Hussey, Rita Dibble, Sheila Sessions
Rosie Bugg, Hazel Gardiner, -
Olive Noakes, Joan Moore, Rosie Bugg

Cookery

Marmalade
Jam

Fruit jelly
Chutney
Fatless Fruit cake
Cherry Cake (ladies)
Cherry Cake (men)
Sponge sandwich
Biscuits

Jam tarts
Home-made sweets
White Loaf

Crafts

Hand-knitting
Stitchcraft

Photography

Sunrise or Sunset

Hazel Gardiner, Peggy Shreeve, -
Pauline Horrell, Olive Willingale, Hazel Gardiner
HC Rosie Bugg
Rosie Bugg, Hazel Gardiner, - , HC Olive Willingale
Hazel Gardiner, Rosie Bugg, -
Rosie Bugg, Pauline Horrell, Olive Noakes
Rosie Bugg, Pam Baker, Hazel Gardiner
John Baker, Tom Gardiner, -
Pam Baker, Rosie Bugg, -
Hazel Gardiner, Jean Evans, Rosie Bugg,
HC Olive Willingale
Pauline Horrell, Jean Evans, Rosie Bugg
Rosie Bugg, Hazel Gardiner, Olive Willingale
Rosie Bugg, - -

Margaret Sloan
Joan Moore, Hazel Gardiner, Olive Noakes

Sharon Backhouse & Alan Reader, Olive Willingale

Home Grown Disasters Leah Backhouse, Ivan Kerridge, Rosie Bugg



NAYLAND CHOIR

Secretary: Peter Roberts Tel: 323586

Nayland Choir sings lolanthe

Rehearsals of our concert version of Gilbert and Sullivan's *lolanthe* have just begun. *lolanthe* is entertaining and witty, and sung in English. The chorus comments on or is part of the action throughout. You are most welcome to join the choir – please come along to Nayland Primary School (Bear Street) from 8 -10 pm on Thursday evenings. We look forward to seeing you.

The Concert itself will be on Sunday 4th December at Nayland Village Hall.

(Time to be finalised. Please see village advertising).



NAYLAND PLAYGROUP

Mrs Tricia Hall Tel: 262639

We are very pleased to welcome seven new children to Playgroup this term, which means that our sessions are pretty much full to capacity this term.

The children have set up a 'pet shop' at Playgoup which is working in parallel with the lovely story of 'The Great Pet Sale', by Mick Inkpen, and also helps with this term's topics which start with shops and numbers, and harvest and the autumn. They have already been exploring the woods in the school grounds and have come back with lots of treasure including acorns and conkers. A slow worm was spotted but left in peace and not 'sold' in the Playgroup 'shop' as a pet!

If you have children of Playgroup age and would like them to join in our fun, please contact Tricia Hall, 01206-262639. Playgroup runs 9.15 - noon Monday to Thursday at the moment.

Don't forget the **cake stall in aid of Playgroup outside Kerridge's on 1st October**. Come along and treat yourself!



1st NAYLAND CUBS AND SCOUTS

Secretary: Claire Prescott 263344

The Scouts' first activity after the summer break was a weekend camp in Edale, Derbyshire, at the beginning of September. Four of the older boys, Scout leader Malcolm and his long-suffering parents Andrew and Pam made their way to the Peak District with a trailer full of equipment.

The boys enjoyed two days of bracing walking, covering about 20 miles on the hills and also undertaking a night hike. Cooking on trangias provided another challenge, but the Scouts' healthy appetites ensured that not a baked bean was left uneaten. The boys returned home on Sunday, each with a smile and a mountain of dirty washing.

Thanks are once again due to all the Macbeth family for giving so generously of their time to allow this activity to take place.



Autumn Programme

Leader: Mark Moore Tel: 01787 310582

13 September	Volleyball, plan orienteering	1 November	Halloween Film, Dressing up, plan swimming
20 September	Orienteering, (no hall)	8 November	Swimming Kingfisher 6.45pm - 8.30pm
27 September	No plans, plan music	15 November	Playstation 2, xbox, plan biscuits
4 October	Music, plan quasar/assault course	22 November	No Youth Club, (no hall)
11 October	Quazar Trip, (no hall)	29 November	Making biscuits, plan Christmas gifts/party
18 October	Assault course games, plan Halloween	6 December	Making Christmas cards/presents
25 October	No Youth Club, (Half term)	13 December	Christmas party

Garden Notes

by *The Old Muckspreader*



Despite threats earlier in the year of a severe drought we in Suffolk have had enough rain at intervals to keep our gardens moist, and the OM/S cannot recollect any recent year when the grass has been so green in mid-September.

As a result there are still plenty of plants which will continue to provide colour until the first severe frost kills them; annuals especially, so long as they are kept dead-headed, will do their stuff. The OM/S visited a garden recently where the main border was still full of colour; the main provider of this was Rudbeckia (a superior form of the old Black-eyed Susan) which had apparently, helped by systematic watering, been flowering non-stop since July.

Continuing our practice of looking at plant families, here are a few words on another useful genus the Ericaceae or Heathers.

The two most common British natives, the Bell Heather, *Erica Cinerea*, and the Scotch Heather or Ling, *Calluna Vulgaris* need an acid soil, so will not grow in the open ground here unless they are given a container or bed of their own with ericaceous compost or masses of peat, and no tap water.

Erica Vagans, however, the Cornish Heath, which grows on the Lizard peninsula, will tolerate alkaline soil; there are several good cultivars, e.g. Mrs. D.F. Maxwell, red and Lyonesse, white.

The Alpine Heathers, *Erica Carnea* and *E. Darleyensis* flower at the end of the year, and are unaffected by frost and snow; they also tolerate alkalinity. Springwood White is a good variety.

There are many other species, mostly requiring an acid soil, but the Tree Heather, *Erica Arborea*, is another exception. Growing to nearly 10 feet, if you allow it to, it produces masses of small white scented flowers and makes a striking feature.

Briar pipes, incidentally, are produced from the rootstock of this species, and not from wild roses.

All these Heathers, of course, benefit from lashings of peat worked into their crowns, and around them.

Another of the OM/S' favourites, which usually causes favourable comment, is just coming into flower; this is *Lespedeza Thunbergii*, which produces long shoots of pale green foliage, bedecked with sprays of rosy-purple pea like flowers. Though technically a shrub, it is best treated as a herbaceous plant, being cut down in winter.

The Sudbury Resource Centre, on the By-pass through the Chilton Trading Estate, (near Kent Blaxill) has an excellent selection of trees and shrubs, including several rarities, mostly in 3 and 4 litre pots, at competitive prices; they also sell perennials and bedding plants in season.

WORDSEARCH

V	A	T	E	A	I	S	N	A	M	G	U	R	B
P	A	R	T	H	E	N	O	C	I	S	S	U	S
B	U	E	O	D	A	X	P	A	V	K	N	D	P
E	H	E	U	C	H	E	R	A	N	W	A	B	N
B	V	M	S	P	H	D	Q	Y	A	I	J	E	U
V	A	H	S	L	C	K	U	A	L	R	A	C	X
E	L	S	K	A	I	F	O	H	P	I	N	K	A
R	O	J	U	H	O	Y	A	G	E	O	H	I	E
T	I	V	E	H	Y	D	R	A	N	G	E	A	G
P	V	I	B	U	R	N	U	M	F	A	X	A	N

BRUGSMANSIA

RHUS

DAHLIA

RUDBECKIA

HEUCHERA

SEDUM

HYDRANGEA

VIBURNUM

KNIPHOFIA

VIOLA

PARTHENOCISSUS

The words may be horizontal, vertical, or diagonal and forward or backwards. Solution on page 37



COMMUNITY ACHIEVEMENT AWARDS 2006

Sponsored by
PROLOG

Do you know anyone
who plays an
outstanding part in
their local commu-
nity or school?

If so did you know
you can nominate them
for an award?

We have two categories of awards

- Young people up to the age of 18
- Adults over the age of 18

All nominations must be authorised by the Parish Council. If you know someone who you think deserves an award, please write to the Parish Clerk by 31st October 2005 at 17 Court Street, Nayland.

NOT JUST A HUT



Over the years there have no doubt been many buildings and structures demolished in Nayland but nowadays this is a rare event. The most recent loss was the old hut on the Fairfield playing field. To some people it may have been just a rather run-down old hut but it had an interesting history and for this reason was included on the Babergh Local List in 2004.

The building was probably nearly a hundred years old and during its life had been used for several purposes. Mrs. Rosemary Knox thinks it dated from before the First World War as the wooden construction was similar to huts dated 1912 on the site of the Maltings Sanatorium at Wiston established by Dr. Jane Walker. It had been used as the library for the Sanatorium. In the early 1960s the hut was given to the Nayland Youth Club and when the club folded up it was later used by the Scout group to store their equipment.

Earlier this year it was with great reluctance that the Parish Council decided that the hut had to go because it was considered to be a risk to children playing nearby on the field. It had been agreed by all parties concerned that the hut was beyond repair and was at the end of its life.

Fred Bugg and son-in-law carried out the demolition and Fred told me that when he was a teenager in the 1960s, he and other young lads of the village had rebuilt the hut for the Youth Club, when it was first brought to the village from Wiston, and rather sadly he was now taking it down. There are no doubt still a few other people of a certain age in the village who belonged to the Youth Club at that time who could tell a tale or two of happy times spent in the hut!

Wendy Sparrow

Operation Christmas Child - The Shoebox Appeal

This is an opportunity for children and families to send gifts to youngsters who would otherwise never receive anything at Christmas. This year the campaign is being organised through our school and our village Churches, but for those of you who do not know about it I shall furnish you with a little information.

Putting together a shoebox for OCC is easy. Find a shoebox that's in good condition, ask me if you can't find one, I have a few!! Cover it with Christmas paper then fill it up with lots of goodies, small toys, some pens, pencils, crayons and some paper, maybe a colouring book, sweets, some toiletries such as soap and toothpaste. You can choose whether to put a box together for a boy or girl and there are 3 age categories. Try to make sure the items you choose are suitable for the age group selected. When you have finished put the lid on, stick a label on it to identify whether it's for a boy or girl and which age group (for this you need a leaflet) and put an elastic band around it. Do not seal it as it has to be checked before leaving the country.

£2 is needed to cover costs of processing, transportation and distribution and please remember to Gift Aid your donation if you are a UK taxpayer.

CALLING ALL ARTISTS TO JOIN NEW ARTS REGISTER

Babergh District Council's new Arts & Community Development Officer is a woman on a mission - and she wants YOU to make yourself known!

Susie Tyrrell would like to hear from anyone who runs a theatre group, holds music performances, local musicians, artists, dance co-ordinators, drama practitioners, film makers, arts clubs or societies.

Arts development is a service aimed at encouraging and nurturing arts activity. The service can provide advice, information and support to local artists, arts organisations and groups and provides a programme of arts activities with partners that local residents and visitors can benefit from.

The Council is already aware of a number of arts resources that the district has to offer, but is now carrying out comprehensive research to identify exactly where, what and how these creative activities are happening. This will then enable Babergh to identify ways it can support and promote artists and arts organisations and develop opportunities for the future.

Susie Tyrrell, Arts and Community Development Officer said, "This is an exciting time for the arts in this area! There's loads happening, some that we know of, and other things that we want to find out more about. As a new service within Babergh, a lot of investigation needs to be carried out to identify what is actually happening in the district to enable the joining up of different resources and pin pointing opportunities to develop. It will also enable Babergh District Council to signpost people wishing to join new clubs or, for example, find an artist or music teacher".

Once signed up to the free arts register, the information will be used to send details about business and local arts opportunities to clubs and organisations in the district.

It will also enable Babergh District Council to signpost enquiries from the public to local businesses or groups and to make them aware of the services available.

The information gathered will also be used to identify gaps in arts provision in the district, which will in turn lead to the formation of an arts development plan for Babergh.

Anyone interested in signing up for the arts register should visit the council's website at www.babergh.gov.uk and follow the link for Leisure, Tourism and Culture. Full details are available by clicking on Culture, together with a downloadable Artist, Information form. Anyone who does not have internet access and would like a form sent to them should contact Gemma O'Shea on 01473 826655.

The shoe boxes will be collected from me by Samaritans Purse, the charity which organises this campaign. After processing they are sent out, mainly to Central and Eastern Europe but also some African states. Last year more than a million shoe boxes were sent from the UK and in total 7.4 million shoeboxes from around the world were sent to boys and girls in over 100 countries.

If you are interested in this campaign or you would like more information please contact me. If you do intend to join in and fill a shoebox you will need a leaflet. This will give you all the information you need about what can be put into the shoeboxes as well as the labels needed to stick onto your box. You can obtain a leaflet from the back of St James Church or you can contact me and I will deliver one. When your box is ready please contact me and I will either arrange collection or let you know where you can drop it off. All our shoeboxes must be ready for collection by **Friday 4th November**, at the latest.

Thank you for taking the time to read this and apologies to those of you that may have been informed several times already.

Michelle Goodall Tel: 01206 272263 Fax: 01206 273231
E-mail: duncancgoodall@aol.com

PUFF BALLS

Puff balls may be found in any grassy pasture or woodland area. There are many species that are good to eat and none in Britain that are poisonous. The Common Puff Ball, *Lycoperdon perlatum*, is a round or pear shaped fungi with a soft, stippled surface. This grows on a short cylindrical stem and the puff ball reaches about the size of a tennis ball.



The Giant Puff Ball, *Lycoperdon giganteum*, can grow to a much more impressive size, but is commonly about the size of a football. It does not have a stippled surface and grows straight from the ground with little or no stalk.

For culinary purposes, the important quality needed is that the flesh is still white. As it ages, puff ball flesh turns yellow and then pale brown, and during these stages becomes progressively less appetising and digestible. The final mass of greenish-brown dust consists of reproductive spores, which when fully ripe are expelled (or puffed out) from a hole on top of the dried out ball – hence the name 'puff-ball'. They have been used by bee keepers as natural aerosols to calm bees in a hive.

When using puff balls in the kitchen, there is no real need for peeling, simply clean them and slice into half inch thick steaks. They can then be fried, grilled or baked, or added to other recipes. The slices from near the top of the fungus are like sweetbreads, the more crumbly steaks from near the base are usually softer like marshmallow.

The Victorians practiced a 'cut-and-come-again' style of harvesting, to prolong availability. They can be frozen, but like mushrooms will lose texture, or they can be dried.

The Victorians practiced a 'cut-and-come-again' style of harvesting, to prolong availability. They can be frozen, but like mushrooms will lose texture, or they can be dried.

CRUNCHY PUFF BALL STEAKS WITH BACON

A tasty breakfast recipe

1 medium sized puff ball butter or oil
1 cupful of toasted breadcrumbs 1 egg
2oz seasoned flour 8 rashers bacon

- Wipe and slice the puff ball into ½" thick steaks
- Beat the egg and flour together until smooth, then slowly add the water to make a batter the consistency of single cream.
- Dip the puff ball steaks into the batter, then coat with the breadcrumbs and put to one side while frying the bacon.
- Keep the bacon warm while frying the puff ball steaks.

As always, if readers have any interesting recipes, ideas, or useful tips please send them in via the Community Times Box in the Post Office, or email to naylandcc@yahoo.co.uk



Nayland Primary School

Bear Street, Nayland, Nr Colchester, CO6 4HY
Telephone/Fax: 01206 262348
Headteacher: Miss R N Delaney B.Ed. M.Ed

As I write this, we have just started the third week of the new term, my how time flies. This will be the last article I write as the Secretary of the Home School Association. Our AGM was held on Monday 19th September and was very well attended with 16 members present and apologies from another 5 members. Maria Stephens-Row, who has been our Chairperson for the past 3 years stood down and has been replaced by Steve Hawley. Lorna Burgin took over as Secretary, so look out for her articles in future and Gill Everett, our longstanding treasurer of 15 years agreed to stand again but will be less involved in helping at events and instead be more of a "silent" treasurer.

We had a very successful fundraising year and Raegan Delaney presented the School's wish list which was agreed in full by all members present. As well as various items of equipment, the school is also hoping to spend some of the money on playground markings, such as the points of the compass, a hundred century square and perhaps a map of the British Isles. We are all looking forward to hopping from John O'Groats to Lands End and, maybe, even back again!!

Some ideas for fundraising in the forthcoming year were put forward and will be discussed in more detail at the next meeting in a few weeks time. We are hoping to hold another ball next year although it may be a slightly different format from those held before. A fun morning similar to that held in March is being organised for Saturday 5th November 9.30 – 12md for all children aged between 4 and 10. The children do not have to attend Nayland Primary School, the cost is likely to be £5 per child or a maximum of £10 per family. The children can be dropped off for a morning of fun and picked up later, parents do not need to stay, there will be plenty of activities on offer for the children and a drink and snack. We are also hoping to produce a Nayland Primary School Tea towel to sell at school and hopefully at the Christmas Bazaar so look out for our stall.

The children will soon start to prepare for their harvest assembly which takes place in October. Our harvest thanksgiving is always celebrated much later than the Church and it is always a time when the children give thanks for everything they have and think about those in the world less fortunate. This year the children will be thinking and planning their assembly around Operation Christmas Child – The Shoebox Appeal. If you wish to receive any further information about this campaign or any other matters concerning the school please do not hesitate to contact Miss Delaney or myself.

Michelle Goodall, HSA Secretary (01206 272263)

Suffolk saver

COUNTYWIDE CONCESSIONARY FARES SCHEME

The Transport Act 2000 entitles certain people to receive a half-fare bus pass free of charge and you may be eligible for a Suffolk Saver free of charge if you are a permanent resident of Suffolk and you:

- Are aged 60 or over
- Are disabled, blind or partially sighted
- Are not permitted to drive or likely to be refused a driving licence for medical reasons

The Suffolk Saver Scheme is administered by Suffolk County Council on behalf of the participating Borough and District Councils.

In order to apply for membership of the scheme, you must complete an application form, available from Main Reception, Babergh District Council, telephone **01473 822801** and return it with two passport-sized photographs to:

Main Reception, Babergh District Council, Corks Lane, Hadleigh, Ipswich IP7 6SJ

Downloadable forms can be obtained at :
www.babergh.gov.uk

Select Transport, then Travel Concessions.

The Big "C"

If, like me, you have known many people who have suffered from cancer – some of whom survived & some who did not, you probably think it will never happen to you. It has just happened to me and, as you can imagine, my family (husband Iain & daughters Zoë (18) & Yasmin (15)) and I are completely shell shocked by the news. The purpose of this letter is not to engender sympathy, but to warn you of the symptoms so you & your family & friends do not delay in getting treatment to enable something good to come out of my illness. I am a great believer in learning from other people's experience rather than your own in this type of situation!

I have been diagnosed with bowel cancer. I had been feeling perfectly well and leading an active life with a full time job, family life & involvement with local activities. The first signs were minute occasional blood spots in the stools, which I put down to a scratch or possibly the start of piles. This went on for about 18 months, but being busy at work and suspecting piles, I did not get it checked out until early May this year after getting some small blood clots & finally 2 toilet pans full of blood one evening. By this time I was feeling rather tired and was diagnosed as being very anaemic. An examination ruled out piles, so I was referred immediately for a sigmoidoscopy. Nothing was found so I was referred for a colonoscopy and an endoscopy (in layman's terms this means a camera was inserted from the rectum up & from the throat down done under sedation – I didn't remember a thing about it). The colonoscopy revealed a suspected cancerous growth about the size of the top half of my thumb in my large intestine (colon) & it was arranged that I would have 2 inches of colon removed under keyhole surgery. (Great if I ever wanted to wear a bikini again!)

The operation was carried out on 22 August (4 weeks ago yesterday) and I am recovering nicely. Unfortunately, a cancerous tennis ball was discovered next to my bowel (that will teach me to keep out of the way at Wiston "Wimbledon"), which was duly removed plus a foot of bowel & an ovary. As it

was not diagnosed early enough, I have 2 growths in my liver so will be having 3 months chemotherapy to shrink them and then a liver operation followed by 3 months chemotherapy. Put it this way, I knew it was bad news when the liver consultant had a bag of onions on his desk & a bottle of Chianti (as in "Silence of the Lambs") in a bag under the desk!! Understandably liver & onions is not on the menu in our home at the moment!

As you can see from the above, black humour is alive and well in our house and is helping us all cope. Although I realise that not everyone has our warped sense of the ridiculous, a sense of humour has made it much easier for us all to talk to others about it, which has broken down the great British "reserve" about talking to people with cancer and their families. We all need a period of private grief when something like this strikes the family so do not be afraid to cry as this is part of the emotional healing process which is just as important as the physical healing. It is much worse for my family and friends than it is for me as they feel so helpless. However, I have a very positive mental attitude and have every intention in living to see all of my (potential) grandchildren and long enough to ensure that they remember me. I am young and fit compared some who receive this diagnosis.

I would like to thank everyone who has sent flowers, cards, chocolates, visited and telephoned me and offered help and their prayers – even when they have their own troubles. You have no idea how much this has meant to all of us.

Don't forget, if you have any symptoms, get them checked out NOW! Bowel cancer is curable if caught in time. I have nothing but praise for our National Health Service: Nayland Surgery, Colchester General Hospital (bowel surgery) and the Royal London Hospital (liver specialists). As soon as cancer was suspected, I became a priority case.

Carol Wright, Guinea Wiggs, Wiston



The Stour Valley Come and Try it Day!

Want to see improvements to your local environment? But don't know how to go about it.
Want to find out what other local people have achieved in the Stour valley?

Then come along to a fun-filled day of activities hosted by different community groups in the Stour Valley.

The day will:

- Provide you with ideas to help conserve and enhance the wildlife, landscapes and cultural heritage of your bit of the Stour Valley
- The opportunity to meet other people from different community groups and find out what's going on, exchange ideas etc
- Suggest ways in which the Dedham Vale AONB and Stour Valley Countryside Project can help you, including some sources of grant funding.
- Give you the opportunity to have a go at several outdoor activities.

There will be ample opportunity to:

- Discover how Nayland residents bought a field and funded the construction of a lake.
- Find out how Langham runs its Community Shop.
- See how the Friends of Hornestreet Field have turned a field into a community nature reserve.
- Learn how the Friends of Cherry Wood, Stoke by Nayland have turned an old Cherry wood into a community woodland.
- Discover how Bures residents produced a Parish Plan
- Consider whether you would like to join the Stour Valley Volunteers,
- Speak to the Dedham Vale AONB and Stour Valley Countryside Project about any ideas that you may have for environmental projects in your local area.

**The Come and Try it Day! will be held in Langham village hall
on Saturday 8th October between 1.00 pm and 5.00 pm.**

Activities will include pond dipping, guided walks, and a conservation task.

Refreshments will be provided in the village hall.

The day has been organised by the Dedham Vale AONB and Stour Valley Countryside Project in conjunction with local community groups.

To find out more contact: Dedham Vale AONB and Stour Valley Countryside Project: **Tel: 01473 264263**
Email: dedhamvaleproject@et.suffolkcc.gov.uk

SIX STEPS TO USING YOUR HEALTH SERVICE WISELY

Knowing how to get the right treatment at the right time can be confusing. The six steps below are designed to help you make your choice

Step One

Self-care - in many cases of minor injury or illness, patients can manage their condition themselves. Keep a well-stocked medicine cabinet at home but keep medicines away from children. Contact Colchester Cornerstone if you need health and welfare advice such as support to stop smoking, healthy eating advice, tel: 01206 574256 www.colchester-pct.nhs.uk

Step Two

Pharmacists - are qualified to offer expert help and advice on medicines (prescribed and over-the-counter) as well as many other ailments such as sore throats, colds and flu, mouth problems, hay fever, minor grazes, headaches. The morning after pill can be purchased from pharmacies. See www.colchester-pct.nhs.uk for more information on pharmacies.

Step Three

NHS Direct - NHS Direct is a 24-hour service for health advice and information. Tel 0845 4647 www.nhsdirect.nhs.uk

Step Four

GP and community services - for medical advice and care, injections and prescriptions, call for an appointment with your GP or practice nurse. Many surgeries will be able to see you that day or book you an appointment within 48-hours.

We would advise patients to attend their GP practice for the management of all chronic diseases such as diabetes or asthma although the Walk-in Centre can deal with acute episodes. It is normally best to see your GP or health visitor for the care of children under 2 years old.

All repeat prescriptions must be obtained from your GP surgery. They are not available from the Walk-in Centre. Only re-order the medicines you need. Every £1million of wasted medicines could pay for 72 heart operations, 125 hip operations, 1000 cataract operations or new medicines.

When your GP surgery is closed, there is an Out-of-Hours service.

This service is only for patients who have a really urgent problem when their GP surgery is closed that cannot wait until it re-opens. The out-of-hours service operates on weekdays from 6.30pm - 8am, on weekends and bank holidays it is a 24-hour service.

Patients should contact the out-of-hours service by phoning their GP surgery, and following the recorded instructions.

Step Five

The Walk-in Centre - provides a nurse-led service for minor injuries and illnesses that patients cannot manage themselves (see below). It is open 7am-10pm, 365 days a year. No appointment is necessary.

This list shows some of the minor injuries and illnesses that the Walk-In Centre can deal with and some of the other services that are available.

Minor injuries and illnesses

- Earache and ear infection, removal of foreign bodies
- Note: patients who have regular ear syringing should see the practice nurse at their GP surgery
- Eye problems e.g. conjunctivitis
- Minor facial wounds, bruising, swelling
- Flu-like symptoms
- Minor head injury - with no loss of consciousness.
- Minor scalp wounds, uncomplicated migraine, sinusitis
- Sprains, strains and soft tissue injuries. Note: If a broken bone is suspected go straight to A&E
- Neck pain/strain, minor whiplash
- Removal of simple foreign bodies
- Uncomplicated nosebleeds
- Tonsillitis, sore throat
- Stomach ache, sickness, vomiting and diarrhoea
- Superficial bruises, grazes and cuts Note: not deep cuts
- Wound closure using glue and steri strips
- Minor scalds and burns
- Insect bites/stings, animal bites
- Thrush, cystitis

Other services

- Emergency contraception (morning after pill)
- Provision of condoms under C Card scheme
- MMR vaccinations for 17-25 year olds who believe they have not been immunised
- Blood taking (phlebotomy) service 7am-1pm Monday – Friday (patients must bring form with them and be over 12 years old)

This list is not exhaustive

Address: Ground Floor, The Octagon, Middleborough, Colchester CO1 1TG Tel: 01206 744300 Fax: 01206 744324 Nearest car park Middleborough - opposite main entrance to Octagon Building.

Step Six

Accident and emergency – in a critical or life threatening situation go to the A & E department at Colchester General Hospital. If you think immediate treatment by paramedics is needed call 999 for an ambulance.

KAREN PICKERING SAMPLES NEW PEAKE SPA FACILITIES AT OPEN EVENING

British Olympic swimmer, Karen Pickering MBE, was among 140 or so members, guests and clients of The Stoke by Nayland Hotel's Peake Spa and Fitness Club who were invited to attend a Gala Open Evening for the newly completed Spa facilities. Guests enjoyed Pimms and delicious canapés whilst viewing all of the 11 therapy areas in which various treatments were being demonstrated. Consultants from both Decleor and Jane Iredale product houses also gave talks and demonstrations.

Everyone is welcome to attend an **open weekend** on **Saturday 1st and Sunday 2nd October** at The Stoke by Nayland Hotel and see all the excellent facilities, treatments, Technogym (with personal touch screen TV's!), pool and fitness classes at Peake Fitness and Spa. For that weekend only you can take advantage of the "no joining fee promotion" and save £100.



Karen Pickering MBE enjoys the Jacuzzi with a friend at Peake Spa

For more information please contact Peake Fitness and Spa on **01206 265820** or visit the website at :

www.stokebynaylandclub.co.uk

PERSONAL BEST – The Personal Training Company

You want to get fit and shape up but don't fancy queuing for a treadmill when you're tired after work. So what's the alternative? Now's the time to question your perception of personal training. Imagine boxing, circuit training and step-ing all in the comfort of your own home. You could even tag Synergise (Pilates-based exercises) on to the end of your workout. There is another way to increase your fitness levels and get the body you want that doesn't involve traipsing to the gym three times a week.



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01206 263099

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- Limited free sessions available for 3-4 year olds

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For further information telephone

01206 299893

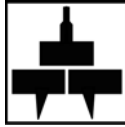
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**CHURCH SERVICES: OCTOBER & NOVEMBER 2005****St. James Nayland****St. Mary's Wiston****October 2nd
Trinity 19**8.00am Holy Communion
9.45am Matins & Holy Communion

6.30pm Evensong

**October 9th
Trinity 20**8.00am Holy Communion
9.45am Parish Communion

11.15am Holy Communion

**October 16th
Trinity 21**8.00am Holy Communion
9.45am Family Communion and Baptism
6.30pm Evensong**October 23rd
Bible Sunday**8.00am Holy Communion
9.45am Parish Communion
6.30pm **Service of Wholeness and Healing**

11.15am Holy Communion

CLOCKS BACK**October 30th
ALL SAINTS**8.00am Holy Communion
9.45am Parish Communion and Baptism
4.00pm **Service for All Souls followed by Tea****November 6th
3 before Advent**8.00am Holy Communion
9.45am Matins & Holy Communion

6.30pm Evensong

**November 13th
REMEMBRANCE
SUNDAY**8.00am Holy Communion
10.50am Remembrance Service**10am Remembrance Service****November 20th
Christ the King**8.00am Holy Communion
9.45am **NSPCC Toy Service and Family Com-
munion**
4.00pm**November 27th
Advent Sunday**8.00am Holy Communion
9.45am Matins & Holy Communion
6.30pm Evensong

11.15am Holy Communion

**December 4th
Advent 2**8.00am Holy Communion
9.45am Matins & Holy Communion**Weekday Services**

Parkers Way 3pm Weds Oct 5th, Nov 2nd
 Midweek Communion 10.00 am St. James Weds Oct 5th, 12th, 26th, Nov 2nd, 9th, 23rd, 30th
 Every Weds 10.45am Nayland House
 5 Parishes Communion 10am Weds Oct 19th at **Polstead**, November 16th at **Wiston**
 Pram & Toddler Service Thurs 2.30pm Oct. 6th, 20th, Nov. 3rd, 17th
 Bible Study Mons 7.30, 18 Laburnum Way, Oct. 3rd, 17th, Nov. 7th, 21st.

Other Dates for your Diary

HYMN SINGS, 10 – 12 noon, with coffee and cakes, Sat. Oct. 8th, Nov. 5th
Family Communion Workshop 10 – 11 Sat Oct 15th, Nov 19th
‘JAMBOREE’ & Tradefare Coffee Morning Sat. October 15th
Churchyard Working Party Sat Oct. 29th 9am onwards

Lest we forget

During this year our minds have been filled with images of death and devastation : after the Tsunami, with the famine in Niger, and now with the effects of Hurricane Katrina. Most of the blame for these terrible events can be put on our climate; but our treatment of our world and of some of its people had a part to play.

Whenever a disaster occurs we are quick to say that we must learn from it; we must make sure it never happens again; we must bring good out of evil – and hopefully we will.

As we approach Remembrance Sunday this year, we can indeed give thanks for 60 years of peace in Europe. Maybe we have learnt not to fight each other any more. But as the poppy petals fall in the Albert Hall, we will be made painfully aware that there is no end to war in our world, and our service men and women are still called upon to serve their country and risk their lives overseas.

The challenge is always with us to learn from the past, and to find better ways of fighting for freedom and peace in our world.

Nearer home we have the opportunity of remembering our own loved ones who have died, at the service for All Souls. The special service this year is in St. James Church, on Sunday October 30th at 4pm. During the service we mention the names of all those who have died in our parishes during the last year, together with any others you would like included. For this purpose there will be lists in both churches. Please enter clearly the names of your loved ones and we will include them, whether or not you are able to attend the service.

As we celebrate the memory of our loved ones we are again challenged to make the most of our relationships with those around us now. We will always have some regrets about the past, but to live is to learn, and we really do have fresh opportunities every day. God invites us to trust the dead to his mercy, and to receive his strength as we seek to care for the living.

Kit Gray

NSPCC TOY SERVICE

At the **9.45am Family Service on 20th November**
in **St. James' Church**

The cash collection and gifts of toys

will support the work of the

NSPCC CHILD PROTECTION UNIT (IPSWICH)

Toys specially requested this year are for older children:

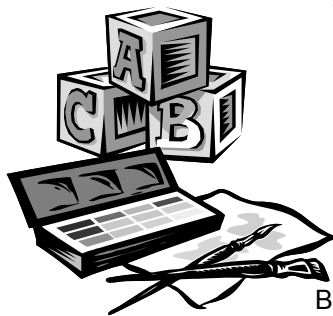
Paints and Art and Craft Kits • Gel Pens • Colouring Books

Board Games (NOT Jigsaws) • Small Toy Cars • Educational Toys

But please no fluffy animals or soft toys

Please come and support this very worthwhile cause

If you are unable to attend the service, gifts & donations may be left in St. James'



CHURCHYARD AUTUMN WORKING PARTY

Will take place on

Saturday 29th October

9am – 12 noon

All ages are most welcome to help with light pruning & raking

**PLEASE BRING GLOVES, SECATEURS, RAKES,
WHEELBARROWS, ETC**

For more information contact James Carver: 262970



Christmas Party Nights

Have you booked yours yet?

If not, why not try one of the Festive Christmas Extravanzas
at The Stoke by Nayland Hotel!

Party Night "Gala Buffets"

Wednesday 7th December & Wednesday 14th December

A delicious selection of festive hot and cold dishes prepared by our Executive Head Chef.

Dinner Dance Menu

Friday 16th December & Saturday 17th December

Three courses of Traditional Christmas Fayre plus Coffee & Mince Pies

Festive Choice Menu

Tuesday 20th December & Thursday 22nd December

Three courses of Traditional Christmas Fayre plus Coffee & Mince Pies

All Party Nights include Crackers & Party Hats and Dancing to our Resident DJ
£27.95 per person

Don't Forget Your Toothbrush!

Take advantage of our special party night rates and enjoy a restful night's sleep after your Christmas Party, waking in the morning to a delicious Full English Breakfast and spectacular views over the lake and golf fairways. You can also enjoy a complimentary swim, steam room, sauna & Jacuzzi in Peake Fitness to revitalise your senses.

Single Occupancy from:	£60.00 per person
Double or Twin Occupancy from:	£35.00 per person

Christmas Lunches overlooking the Lake and Constable Country

Fridays 9th & 16th December

Bar Open 12noon • Lunch Served 1pm

£18.50 per person to include festive crackers and party hats

Other dates are also available for bookings of 20 or more

Terms & Conditions Apply

EARLY BOOKING IS ESSENTIAL FOR ANY OF THE ABOVE EVENTS.

PLEASE CALL 01206 265818 or 01206 265837 FOR DETAILS or email: sales@stokebynayland.com

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- ❖ Dowsing, health & healing
- ❖ Dowsing & water divining
- ❖ Dowsing & stone henges
- ❖ Beekeeping for beginners
- ❖ Food for free
- ❖ Book restoration
- ❖ Badgers

Further details from Anne Holden:

Email: info@assingtonmill.co.uk

Website: www.assingtonmill.co.uk

Telephone: 01787 229955

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01473 822860 or 07863 560945

to discuss your particular requirements

Email: margarette@officematters.org

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Email naylandcare.co.uk

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Fully trained caring staff available for tasks from full personal care
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All of our care staff are subject to satisfactory references and
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and we are Colchester and District Business Award Winners 2003.

Nayland Care is an Investors in People Company.

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email: peakspa@stokebynayland.com • www.stokebynaylandclub.co.uk

NAYLAND HOUSE

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Matron: Mrs Tania Martin

Tel: 01206 263199



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NEWS FROM THE WHITE HART INN FOR AUTUMN 2005

—INN—

"an Inn in the heart of Constable country"

"Season of mists and mellow fruitfulness..."

As summer blends into autumn and the colours of the countryside change around us, so too is The White Hart Inn undergoing a transformation.

Our front of house is headed up by new Manager, Gianluca Rizzo, a dynamic, young Italian, trained at The Waterside Inn, Bray. Gianluca is known to you in Nayland, having spent time as a Commis Waiter at The White Hart Inn in 2001. His team comprises several familiar faces, but we have also taken on some new members of staff.

Our kitchen is under the charge of my ex Sous Chef, Chris Lelliott, who has seven years of experience at The Waterside Inn. Chris will be training the potential new Head Chef of The White Hart Inn.

From Tuesday to Sunday we look forward to treating our customers to an array of original dishes and high quality service. (We are now closed all day Monday.) We will of course also be offering our traditional fare which regular clients know and love. We aim to continue to make a visit to The White Hart Inn, for morning coffee, lunch, dinner or an overnight stay, a relaxing and enjoyable experience. Guests can expect to have their taste buds whetted and benefit from discreet and efficient service.

Don't forget that we have a tempting offer of croissant, brioche, pain au raisin and coffee or tea for only £4.70 from 9 until 11am, Tuesday to Sunday.

Then on Sunday night, it's Pizza night for kids and grown-ups alike! Otherwise you can choose from our "à la carte" menu.

We shall still be catering for parties and weddings and making those occasions extra special...

We hope that you will come and see us soon at The White Hart Inn.

M A Roux

THE WHITE HART INN
11 High Street
Nayland, Nr. Colchester
Suffolk CO6 4JF

Reservations: 01206 263382
Accounts: 01206 263655
Fax: 01206 263638
E-mail: Nayhart@aol.com

Website: www.whitehart-nayland.co.uk

USEFUL ADDRESSES:


- **Carers UK**, Ruth Pitter House, 20-25 Glasshouse Yard, London EC1A 4JT. Helpline: 0808 808 7777 Provides information and advice for carers of a sick, disabled or frail person at home.
- **Arthritis Care**, 18 Stephenson Way, London NW1 2HD. Helpline: 0808 808 4050 noon-4pm (also The Source - a helpline for young people with arthritis 0808 808 2000). Provides an information and counselling service.
- **Diabetes UK**, 10 Parkway, London NW1 7AA. Tel: 020 7424 1000 Careline: 020 7424 1030 Provides a range of material for people with diabetes and encourages medical research into the condition.
- **Cruse Bereavement Care**, Cruse House, 126 Sheen Road, Richmond-upon-Thames, Surrey TW9 1UR Tel: 0208939 9530 Helpline: 0870 167 1677 Offers help to bereaved people whatever their age, nationality or belief. Free counselling service and support groups.
- **Contact the Elderly**, 15 Henrietta Street, London WC2E 8QG Tel: 0800 716543 Sunday afternoon teas for lonely people in some areas.
- **The Continence Foundation**, 307 Hatton Square, 16 Baldwins Gardens, London EC1N 7RJ Helpline: 020 7831 9831 Provides information and advice to patients, and publications for the public and professionals.
- **Parkinson's Disease Society**, 215 Vauxhall Bridge Road, London SW1V 1EJ Helpline: 0808 800 0303 To help people with Parkinson's, and their relatives, and to encourage funding for research into the disease.
- **Royal National Institute for Deaf People (RIND)**, 19-23 Featherstone Street, London EC1Y 8SL Helpline: 0808 808 0123, Text: 0808 808 9000 Representing 8.7million deaf and hard of hearing people in the UK. Aiming to give them a better quality of life.

- **Alzheimer's Society**, Gordon House, 10 Greencoat Place, London SW1P 1PH. Helpline 0845 300 0336 The leading care and research charity for peoples with Alzheimer's and their families. 300 branches and support groups.
- **SSAFA Forces Help** Tel: 01787-249528

ALZHEIMER'S SUFFERERS

Partners of this illness can claim single persons council tax from Babergh District Council. This can be back-dated to the date their illness was first diagnosed by their doctor. A form is required: Certificate of Severe Mental Impairment' from the Council Tax Department.

David George RBL



STOUR BORDER

Country Music Club

2ND OCTOBER:
Johnny Williams
had to book this artist!

27TH NOVEMBER:
Ollie & Cross Country
what a night this will be !!

Nayland Village Hall 7.30 – 10.30 Admission £4
BAR - REFRESHMENTS - RAFFLE

NAYLAND VILLAGE HALL HIRE CHARGES			
effective from: 1st April 2005			
Hall, Kitchen (Bar: flat rate £20 extra) Changing Rooms: £10 extra per session			
Sunday -Friday	A Regular Society use	B Residents/ Occasional Society use	C Non Residents
Hourly Rates			
9am – 6pm (May-Sept)	£5.00	£6.00	£7.00
9am-6pm (Oct-April)	£6.00	£7.00	£8.00
6pm-12.00 (May-Sept)	£6.00	£7.00	£8.00
6pm-12.00 (Oct-April)	£7.00	£8.00	£9.00
MINIMUM CHARGE	£15.00	£25.00	£35.00
Saturday – Sessional Rates unless stated			
Day until 6pm	Hourly Rates as above		
Evening 6pm-12.00	£90.00	£115.00	£150.00
All day (hall, kitchen, changing rooms)	£120.00	£145.00	£200.00
All day (hall, kitchen, bar, changing rooms, playing field)	£150.00	£170.00	£250.00
Meeting Room only	£15.00	£20.00	£25.00
Bar only	£20.00	£25.00	£30.00
Playing Field only		£20.00	
Playing Field & Changing Rooms		£25.00	
Commercial Rates: Hall, kitchen, changing rooms			£22 per hour
Hall, kitchen, changing rooms & bar			£27 per hour
Playing field only			£55 per session
Bookings: Mrs D Whiting Tel: 262023			

ST. JAMES' CHURCH HALL HIRE CHARGES

Monday – Friday (Hourly Rates)	£3.00
MINIMUM CHARGE (2 hours)	£6.00
Weekends (Hourly Rates)	£4.50
MINIMUM CHARGE (2 hours)	£9.00
During Winter: Heating Vouchers @ 50p each	
Bookings: Mrs Eva Rolfe Tel: 263151	

WORDSEARCH SOLUTION

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V	A	H	S	L	C	K	U	A	L	R	A	C	
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R	O	J	U	H	O	Y	A	G	E	O	H	I	
T	I	V	E	H	Y	D	R	A	N	G	E	A	
P	V	I	B	U	R	N	U	M	F	A	X	A	N

LOCAL INFORMATION

NAYLAND WITH WISSINGTON COMMUNITY TIMES

Mobile Library
Post Office
Doctors Surgery

High Street (op Post Office) alternate Sats 10am–11.15am, Weds Parkers Way 2.15–2.55pm
High Street Tel: 262210 Early Closing on Wednesday
93 Bear Street Tel: 262202 (out of hours emergency 01206-578070)
Doctors hours - Mornings: Mon-Fri 8.30-11.30am, (*Saturday: 8.30-11am at 18 North Hill*)
Afternoons: Mon 2.30-6.30pm Tues-Fri 3-5pm

Parkers Way
Primary School
Nayland Playgroup
Parent Baby & Toddler Group
Village Hall
Church Hall
www.naylandandwiston.net

Scheme Manager: Ruth Nash, 26 Ash St, Boxford Tel: 01787-210628
Head Teacher: Raegan Delaney Tel: 262348
Mrs Tricia Hall Tel: 262639
Chris Hawley Tel: 262563, Lorna Burgin Tel: 765257 - Fridays 10-12 Nayland Village Hall
Bookings: Mrs D Whiting 262023 Caretaker: Mrs Y. Spooner 262691
Bookings: Mrs Eva Rolfe Tel: 263151
Graham Griffiths Tel: 262132 e-mail: webmaster@naylandandwiston.net

Nayland Priest
Friends of St. James Church
Friends of St. Mary's Church
St James Choir
Nayland Choir

Revd Kit Gray Tel: 262316 St James Vicarage, Bear Street, CO6 4LA
Chair: Alan Edwards Tel: 262800
Sec: Carol Wright Tel: 263657
James Finch, Tel 262993 - practice Friday evening, 7.00pm
Sec: Peter Roberts Tel: 323586

Royal British Legion
Royal British Legion (Women's Sec)
Womens Institute
Over 60's Club
Bowls Club
Nayland Art Club
Horticultural Society
Harpers Hill Wildlife Site
Conservation Society
Scouts & Cubs
Leavenheath Brownies
Nayland Youth Club
Village Players

Hon Sec. Mr Andrew Gowen Tel: 262534
Sec: Kath Hunt Tel: 262014 – 2nd Monday each month Church Hall 7.30pm
Sec: Mrs Pauline Dossor Tel: 262261 – 3rd Monday each month
Sec: Daphne Berry Tel: 262641 – 2nd Thursday each month
Mrs Eva Rolfe Tel: 263151
Daphne Berry 262641 Liz Thorne 262664 - Wednesdays 2-4pm (*from Sept*)
Mrs Joan Moore Tel: 262721
Mrs Joan Moore Tel: 262721
Hon Sec Andora Carver Tel: 262970 Chair: Mr. J Alexander Tel: 262676
Mr M Macbeth Tel: 01473 827239 – Thursdays 7pm Sec: Claire Prescott Tel: 263344
Margaret Clayden 263050 Julie Mansfield 01787 211554 Tuesdays 5.30–7pm
Leader: Mark Moore Tel: 01787 310582 Tuesdays 7-9pm Sec: Kate Bunting
Chair: Lindsay Nieuwenhuis 271261 Sec: Tamsin Burnett-Hall 262029

Chambers Buses
Local Police
Babergh District Council

Tel: 01787 227233 Website: www.chamberscoaches.co.uk
Hadleigh Tel: 01473 383430 (*community police officer PC Paul Wren 01473-383441*)
Tel: 01473 822801 (Main Switchboard) Corks Lane, Hadleigh, IP7 6SJ www.babergh.gov.uk

PARISH COUNCIL	COMMUNITY COUNCIL	VILLAGE HALL COMMITTEE
Clerk: Mrs Wendy Sparrow 262820	Chairman: Andrew Gowen 262534	Chairman: Mr Iain Wright 263657
Chairman Mr Gerald Battye	President Ken Willingale	Treasurer Mr Alan Hodges
Vice Chairman Mrs Patricia Fuller	Vice-President Roy Evans	Secretary Mrs Chris Thompson
Councillors: Mrs Mary George, Mr Chris Hunt (<i>District Councillor</i>), Ms Abbi Knight, Mrs R Knox, Mr Ray Spencer, Mrs Elizabeth Mimpriss, Mr Bryan Smith	Vice-Chairman Jenny Smith	Bookings Sec. Mrs Diana Whiting
Parish Recorder Mike Almond	Treasurer Paul Watson	Members: Ms Emma Bishton, Mr Andrew Gowen, Ms Abbi Knight, Mrs Rosemary Knox, Mrs Jo Murrison Mr Roger Mitcham,
Footpath Warden Chris Day	Executive: David George, Tricia Hall, Claire Prescott, Mark Stephens-Row, Mandy Cook, Barry Wakefield, Lorraine Brooks, Alan Hodges	Meetings first Monday every month (except Bank Holidays: second Monday)
Tree Warden Terry Bannister	Individual: Iain Wright	
<i>Meetings 7.30pm second Wednesday of month</i>	<i>Meetings: 14th November, 6th February, 13th March AGM</i>	

COMMUNITY WEBSITE - www.naylandandwiston.net

A non-commercial, non-political community website available for local people, organisations and businesses. Its activities are aimed at the Nayland and Wiston area in general and NOT limited solely to the Nayland with Wissingington Parish.

- News
- Classified Ads
- Directory
- Events
- History
- Local Village Services
- Discussion Forums

Graham W Griffiths, Webmaster – Tel: 262132 - e-mail: webmaster@naylandandwiston.net

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Mr E.A. Jenkins MBChA, MSSCh Tel: Colchester 575790
Mrs B. Licence MBChA, MSSCh Tel: Colchester 577903
Mrs L. Higgs MBChA, Dip. Pod. Med., MSSCh Tel: Colchester 728167
Mrs H. Greenleaf MCFHP, MAFHP Tel: Colchester 230479

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DATES FOR YOUR DIARY

October

1st	Nayland Playgroup - Cake Stall outside Kerridge's, Court Street
2nd	Country Music Club 'Johnny Williams' - had to book this artist! - Village Hall 7.30
3rd	Village Hall Committee Meeting
5th	Village Lunch, John Warwicker 'Churchill's Secret Army' 11.45, speaker 12, lunch 1pm
8th	The Stour Valley Come and Try It Day 1pm-5pm, Langham Village Hall (see page 26)
11th	Conservation Soc Village Hall open meeting 7.40pm Sp: Micheal Copp "Local War Artists" Entry Free All Welcome
12th	Harpers Hill Wildlife Site Autumn Working Party 10am – Helpers Welcome
12th	Parish Council meeting 7pm
12th	Mencap Coffee Morning & Christmas Card Sale 10am - 12noon Church Hall
15th	JAMboree: 10am Carvers Barn, Mill Street
15th	Tearcraft & Traidcraft Coffee Morning, 10am - 12noon Church Hall
15th	'Around the World in Eight Wines' – Charity Wine Tasting & Supper 7.30pm Village Hall (see page 9)
17th	WI - 'House Plant Style' Elizabeth Ellis
18th	'Walks in the Cotswolds' talk by Roger Claydon, 8pm Leavenheath Village Hall
21st	Youth Club Fundraiser: Salsa Party 7.30 – 12.00 Village Hall
23rd	Commemorative Tree Planting: 200 th anniversary of Cape Trafalgar (by Anchor Footbridge following Church Service)
29th	Village Hall Garden – Autumn Working Party 9am
29th	RBL Poppy Appeal Coffee Morning 10am - 12noon Church Hall
31st	RBL AGM Church Hall 8pm

November

1st	Luncheon Club - 12noon for 12.30pm, Church Hall
1st	WI Outing (Shopping Spree) to Blue Water
5th	Bonfire & Fireworks Village Hall Playing Field 6.45pm for 7pm
7th	Village Hall Committee Meeting
8th	Conservation/Suffolk Wildlife Trust/Hortsoc - Simon Leatherdale "Suffolk Woodlans" 7.40 for 8pm
9th	Parish Council meeting 7.30pm
14th	Community Council Meeting - 8pm Church Hall (Exec 7.30)
15th	'Gardening for Wildlife; talk by Gee Harvey, 8pm Leavenheath Village Hall
21st	WI - AGM
24, 25, 26th	Village Players: Jane Eyre Village Hall 7.30 for 8pm Saturday Matinee 2pm for 2.30
27th	Country Music Club 'Ollie & Cross Country' - what a night this will be !! - Village Hall 7.30
28th, 29th	Nayland Meadow Tree-planting (9.30 - 12noon on the 29th) Contact Andora 262970 for details
29th	Luncheon Club - 12noon for 12.30pm, Church Hall

December

3rd	Nayland Christmas Bazaar - 2pm-4pm Village Hall
4th	Nayland Choir – Gilbert & Sullivan's 'Iolanthe' Village Hall
5th	Village Hall Committee Meeting
12th	RBL Joint Xmas Party Church Hall 7.30pm
14th	Parish Council meeting
18th	Country Music Club 'Struck It Rich ' our Christmas Do! - Village Hall 7.30
18th	Traditional Candlelite Carol Service
19th	WI - 'Making Christmas Cake Decorations' Jeannette Finch and Jane Lane
20th	Luncheon Club - Christmas Party/Lunch in the Church Hall.

2005 BUS TIMETABLES - Service 84 – (between Sudbury & Colchester via Colchester Hospital)

Sudbury – Newton Green – Assington – Leavenheath – Stoke by Nayland – Nayland – Gt Horkesley – General Hospital -Colchester

Monday to Saturday NS Sch Sat/H (NS = Not Saturdays – Sch = Schooldays only – Sat/H = Sats & School Holidays)

Sudbury, Bus Station	0650	0720	0720	0850	0950	1050	1150	1250	1350	1450	1550	1735
Nayland, The Forge	0727	0757	0757	0927	1027	1127	1227	1327	1427	1527	1627	1812
Nayland, Doctors Surgery	0729	0759	0759	0929	1029	1129	1229	1329	1429	1529	1629	1814
Colchester General Hospital	0744	# #	# #	0944	1044	1144	1244	1344	1444	1544	1644	1829
Colchester Bus Station	0755	0825	0825	0955	1055	1155	1255	1355	1455	1555	1655	1840
Norman Way Schools	0835

Colchester – General Hospital – Gt Horkesley – Nayland – Stoke by Nayland – Leavenheath – Assington – Newton Green – Sudbury

Monday to Saturday	Sch	NS	(SchH = School Holidays only)					Sat/H	Sch	Sat/H(Sch)		
Norman Way Schools	SchH	(1550)
Colchester Bus Station	0800	0800	0845	0945	1045	1145	1245	1345	1510	1510	1610	1735
St Helena School	1520
Colchester General Hospital	0813	0813	0858	0958	1058	1158	1258	1358	1523	1533	1623	1748
Nayland, Doctors Surgery	0826	0826	0911	1011	1111	1211	1311	1411	1536	1546	1636	1711
Nayland, The Forge	0827	0912	1012	1112	1212	1312	1412	1537	1547	1637	1712
Stoke by Nayland Middle Sch	0840	1600
Nayland, Doctors Surgery	1620
Sudbury, Bus Station	0915	0905	0950	1050	1150	1250	1350	1450	1615	1655	1715	1840

For more information: Chambers Coaches

Tel: 01787 – 227233

www.chamberscoaches.co.uk

CONTACT DETAILS

Editor: Lorraine Brooks
Tel: 262807

Coordinator for next issue: Ken Willingale
Tel: 262531

Thank you for your contributions – if you have any ideas or suggestions please contact the Editor

FINAL DEADLINE FOR ARTICLES IN THE DECEMBER ISSUE IS:

20th NOVEMBER

Contributions by e-mail to: **naylandcc@yahoo.co.uk**

or posted in the **Community Times Box** in Nayland Post Office

PLEASE NOTE: to ensure contributions can be accommodated
in the space available it is advisable that copy be sent early
(or arrangements made with the editor)

CHRISTMAS GREETINGS: by 10th November
(priced as adverts)

ADVERTISING

To advertise – small ads or commercials contact:

Advertising Manager: ANNA BOON,

18 Heycroft Way – Tel: 262780 – E-mail: naylandcc@yahoo.co.uk

COSTS		
Size	Dimensions	Cost
1/8 page landscape	6.2cm H x 9cm W	£5
1/4 page portrait	13cm H x 9cm W	£10
1/4 page landscape	6.2cm H x 18.4cm W	£10
1/2 page landscape	13cm H x 18.4cm W	£15
Full page	A4	£30
Small Ads	per line	£1
FOR A YEARS SUBSCRIPTION – GET ONE ADVERT FREE SIX ISSUES FOR THE PRICE OF FIVE		

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The Editor and Community Council may not be held responsible for the accuracy of articles or any other claims made by any advertiser in the Community Times. The Editor and Community Council reserves the right to alter, shorten or refuse any items submitted for publication.