



NAYLAND^{WITH} WISSINGTON COMMUNITY TIMES

YOUR LOCAL MAGAZINE FOR NEWS AND VIEWS

Editor: Lorraine Brooks

Advert Manager: Anna Boon



FEBRUARY 2005

No: 93

Work is due to commence this month on the Nayland Meadow Project
(see centre pages for full details)

BROADBAND COMES TO NAYLAND!

Broadband has come quietly to Nayland despite it being a rather important event for those using internet and email facilities. Those who have already taken the plunge are delighted at their new found freedom to use the telephone while also being online, and by the greater speed that data can be sent and received.

It is now up to individuals wanting to use Broadband to decipher which ISP is able to provide the service which meets their particular home or business needs – at the right price.

COMMUNITY TIMES - WISTON DISTRIBUTION

Mrs Susan Harris, Radleys Cottages, Wiston, is having to give up distributing the N.C.T. in her part of Wiston and we need to find someone to take her place. The area covered will include the houses in Wiston Stocks, Wiston Grange, Ricklands Farm and the Jane Walker Development. If there is someone in that area who would be willing to take it on will they kindly get in touch with me, Roy Evans, at 10 The Westerings - phone 262610.

Many thanks to Sue for her service over many years. Thanks also to the other eighteen distributors for your sterling work. Without you all, the Community Times would go unread!

NAYLAND YOUTH CLUB URGENTLY NEEDS YOU

We are looking for a volunteer to steer the club's finances through what may prove to be an interesting and challenging period. Charity law requires that the club is run by a board of trustees but so far we have been unable to elect a treasurer for the forthcoming year.

The treasurer's job involves banking, issuing cheques, monitoring spending, simple record-keeping and preparation of annual accounts, liaising with other trustees and employees. No experience necessary (full training and support available). No requirement to be a parent, you could be a retired person with a few hours to spare, some valuable skills and a desire to do something to help young people in the community.

Contact Annette White 01206 263545 or APWh@aol.com

SPECIAL INTEREST

Christmas Bazaar

Village Players'
'Happy Families'

The Village Quiz

Tsunami Appeal
Coffee Morning

Bell Ringers Wanted

THIS ISSUE

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Nayland Choir

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Society News

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Village History

Country Harvest

PLUS

Dates for your Diary

Local Information

Contact Details
(on back pages)

COMMUNITY WEBSITE: www.naylandandwiston.net

NAYLAND WITH WISSINGTON PARISH COUNCIL

Meeting: 2nd December, 2004

VILLAGE HALL

Following a request for financial assistance from the village hall management committee the Parish Council attended a joint meeting with their executive to try to clarify the village hall's financial and refurbishment needs. Although the meeting established a clearer understanding of the village hall's situation the Parish Council have requested financial projections from the executive.

Members agreed that the village hall is a 'wonderful village amenity' and a great 'asset to the community'. The charges for the hire of the hall, which are to be increased in 2005, are competitive and the hall is being used to its maximum with the exception of daytime periods. However, this income will not be sufficient to cover future expenditure.

Councillors felt the hall should be financially assisted and the discussion concluded with the decision that the Council should put money towards a village hall fabric fund for items of major expenditure from which appropriate applications for grant aid might be made by the management committee.

VILLAGE HALL CAR PARK

The Council would continue supporting the village hall car park fund. The amount is still to be discussed and agreed by the Finance Working Party.

Chris Hunt pointed out there were occasional clashes of events in the village resulting in an over-demand for use of the car park. Councillors felt this was a village hall management committee issue.

SCOUT HUT

Babergh has replied to the Council's request for advice on the demolition of the scout hut and consider that although the building itself is not listed, it may be of some historical interest.

The Scouts have been asked to remove their equipment from the recreation ground hunt by January 31st and it was agreed to wait until the hut is empty before taking this matter any further.

HOUSING NEEDS SURVEY

Suffolk Acre's rural housing enabler, Louise Wilby, has accepted an invitation to the February 9th meeting of the Parish Council to discuss a new survey into local housing needs within the parish.

PARKERS WAY

Chris Hunt informed councillors that the scheme manager of Parkers Way would no longer be living on site. For accommodation reasons Ruth Nash is being relocated to Boxford and is unlikely to be replaced. She will however be visiting the site on a daily basis.

BABERGH INFORMATION FOLDER

Chris Hunt showed the councillors an information folder produced by Babergh, which contained leaflets and information on their services. It was pointed out that this information was also available on Babergh's website (www.babergh.gov.uk).

Councillor Hunt was looking for a suitable site to house this folder within the village where residents could have easy access to it.

FOOTPATHS

It was brought to the Council's attention that the footpath sign is missing from the post at Townland Barn. Mrs Morrison says that the right of way is now not clear where people have to cross her property. This matter would be passed on to Suffolk County Council's Rights of Way.

PLANNING

Reviewing recent planning applications Mr Battye said consent had been granted to Rix Farms at Wissington Grove Farm for the replacement of roofing material to the barn, shelter shed and granary, and reinstatement of doors to the barn.

Babergh have confirmed that no tree preservation order will be made on the Yew tree at 42 Stoke Road.

Planning consent has been granted at The Manse, Bear Street for replacement of the plinth on the front elevation with the condition that the new plinth is finished in black.

The planning application for the demolition and erection of a new house at 21 Court Street has been refused. Babergh's own survey of the property did not conclude the structure of the building to be beyond repair. Refusal of this application was also based on the intrusive design, side-on elevation and the scale of the proposed new building. All of which failed to maintain the character of the streetscape within a conservation area.

The Council has received notification from Babergh over a breach of planning consent at Hill Farm for the taking off and landing of aircraft. These activities are not permitted before 10am and after 2pm on Sundays.

A planning application had been made for the erection of a cast iron pipe on the side elevation of Alston Court. Concern was expressed that this could spoil the aspect and Councillor Hunt questioned whether the pipe need to be sited externally. The application also includes removal of a Cobnut tree stump.

An appeal for the siting of a mobile home at Oak Cottage, Breach Grove will be held on February 22nd.

STREET LIGHTING

The question of street lighting in the village was discussed. There had been some improvements made and it was felt that in general the lighting was now adequate particularly bearing in mind that Nayland is a rural village.

The Council is investigating whether there is an existing supply along the drive of Nayland House from which an additional light could be powered.

OPEN SPACES

Considerable discussion took place regarding the grass cutting. Mr Battye has spoken to the current grass-cutting contractor who felt that it would help solve the problems incurred this year if the council would liaise more closely with them regarding if and when extra cuts were required.

It was agreed that the climatic variations necessitated more flexibility in arrangements. However, it was a question of how to budget for this.

Mary George felt that the playing field was of particular concern and should be cut more frequently.

HIGHWAYS

The Council has received a reply from Stoke by Nayland Parish Council regarding their views on moving the 30mph sign along Stoke Road to the Stoke side of the double bend. They have no objections to this.

The Parish Council agreed they should now pursue this with the highways department.

Tibby Mimpriss pointed out the deteriorating state of the highway along Bures Road, and also drainage problems in certain areas along this route.

Councillors felt the areas of particular concern should be detailed and raised with the highways department together with a reminder of previous issues that they have not yet responded to.

SUFFOLK ONLINE.NET

Suffolk Acre (Action with Communities in Rural England) wishes to promote Suffolk Online which is a community based Internet Service Provider that operates on a not-for-profit basis. Suffolk Online offers a choice of Broadband and Dial-Up packages.

To find out more visit: www.isp.suffolkonline.net or telephone: **01473-242505**

NAYLAND WITH WISSINGTON PARISH COUNCIL

Meeting: 12th January, 2005

VILLAGE HALL

It was reported that bookings were reasonable despite the increased charges. The committee will be undertaking a survey of repairs. The committee are now utilising the Nayland community website for posting their activities.

POLICE

The community police officer was not present. However Suffolk Constabulary had informed the council that there had been a theft from Wiston Road and a burglary in Gravel Hill.

FREEDOM OF INFORMATION

Following the Freedom of Information Act 2000 the Parish Council is required to publish its adopted scheme. Councillors agreed they should take an in depth look at the recommendations with a view to making a final decision at the next meeting whether to adopt the model scheme provided.

EAST OF ENGLAND REGIONAL ASSEMBLY - EAST OF ENGLAND PLAN

Parish and Town Councils are being consulted on the draft plan and meetings are being held to discuss the local implications. Information can be found on the following website: www.eera.gov.uk

FOOTPATHS

Suffolk County Council's Rights of Way have replied to the council regarding the footpath sign at Townland Barn stating that instructions have been passed for erection of a way-mark.

PLANNING

Reviewing recent planning applications, Mr Battye said consent had been granted at 15 Newlands Lane for the erection of a pitched roof to replace the existing garage roof, and for the felling of a Christmas tree.

The removal of a Cobnut tree stump at Alston Court has also been granted.

Planning consent has been granted for construction of a swimming pool, erection of a garage, pool plant and changing room with the existing garage to be demolished at Lindenrose, Gravel Hill.

The Council received notification from Babergh of an enforcement notice regarding the boarded front fence at Thatched Cottage, Bures Road. The owners are required to demolish the fence within 6 months as it represents an intrusive and incongruous feature within the AONB and is harmful to the character and setting of the listed building.

Babergh also informed the council of their refusal for a Certificate of Lawfulness of Existing use for the taking-off and landing of aircraft on land at Hill Farm, Campion Hill.

A planning application had been received for a rear extension at 20 Fen Street and the council raised no objections.

On the application for the felling of five trees at Lock Cottage, Bear Street, the council had no objections to the felling of some of the trees but wanted to see some of the treescape retained.

In connection with the application for alterations to an agricultural building at Breach Grove, councillors discussed the history of this site. They objected and agreed to request Mr. Watson, Chief Planning Officer, to visit the site as extensive work was taking place.

An application for the erection of single storey offices and a private weighbridge at Harpers Hill Farm was discussed at some length.

Chris Hunt said he would be concerned by the possible increased traffic if it was to be a public weighbridge but it is specified as private in this application.

Councillors also expressed some concern over the creeping development of this site bearing in mind the nature of the business in this locality.

Mr Battye reported strong objection from a neighbour and said it was unfortunate that the nature of these two businesses were incompatible.

In conclusion the council were in agreement to oppose the application on the grounds that the location of the new office

building was not clearly shown on the plan. Concerns to be expressed about expansion of the site, which had reached capacity.

An application for the erection of a two-storey dwelling with detached double garage in the side garden of 29 Heycroft Way was discussed. There was no objection in principle. However concerns were raised regarding access down a congested cul-de-sac, whether the proposed building would be outside the village envelope, and the on-going problems with the sewage system in the area.

Councillors were informed of amended plans for the erection of a detached two-storey dwelling in the side garden of Chandlers, 100 Bear Street. Concerns were raised regarding the position of the proposed building with a garage at the front in relation to the neighbouring properties and the river. In conclusion the council agreed by a small majority that they would not oppose this application.

CONSERVATION APPRAISAL

Mr Battye informed the council that Babergh had produced a Draft Nayland Conservation Area Appraisal. He added that he was in favour of an appraisal but was appalled by how it had been done, that the Parish Council had not been approached, and by the time limit in which to react to it.

It was agreed that the council contact Babergh and appeal for more time.

STREET LIGHTING

Two areas were reported where street lights are not working; by the bus stop in Bear Street and on Gravel Hill.

RECREATION GROUND

It was brought to the council's attention that there were potholes in the driveway alongside the recreation ground. As responsibility for this driveway is also shared with the Diocese and Nayland House it was agreed that a letter should be sent to these parties, regarding their contribution to rectifying this matter.

OPEN SPACES

Bids for the grass-cutting contract have been discussed and a quote approved for the 2005 season.

A reply had been received from Suffolk County Council Estates Office regarding the ditch and land by the Bear Street bus stop, which has previously become overgrown and it had been agreed that the Parish Council would manage the maintenance of this area. It was felt that if the nettles were cut regularly the grass would return and the council agreed to ask the grass-cutting contractor for an additional quote for this.

HIGHWAYS

Tibby Mimpriss reported that some improvement had been made to the highway along Wiston Road although the work is not yet completed.

The water discharge at the old Fox junction remained a problem and in recent cold weather had frozen and was a serious hazard. The council felt they should write to highways pointing out that if an accident occurs litigation may follow.

The condition of the highway just beyond the old Fox was also of concern. The informal passing place on the hill has developed a dangerous pothole, and the ground around the kerbstone for the drain had been eroded away by traffic.

A reply had been received from the highways department regarding the possibility of moving the 30mph sign along Stoke Road beyond the bend. They point out they currently have a backlog of 3-4 months but acknowledge the council's concerns regarding road safety and this matter would be investigated.

TRAFFIC POLES

Following the council's request that the traffic poles in Mill Street and Bear Street be removed and replaced with bollards, highways are investigating this matter.

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Community Council**Chairman: Andrew Gowen 2 6 2 5 3 4**

Our General Meeting on 14 December was followed by few drinks and small eats to celebrate Christmas and the end of a very successful year. Perhaps we should do this more often. The minutes of that meeting were posted on the Nayland Web Site within a week of the meeting. We are very fortunate to have such a good village web site but it needs to be used much more and it is an excellent way of passing information to everybody very quickly.

The next Community Council organised event will be the Village Quiz in the Village Hall starting at 8pm on Friday 4 March 2005. This really is a fun event for everybody and we shall ensure that the format reflects this. Please note that we **shall not** be providing food and other refreshments and we are inviting you to bring your own. As a result the tickets have been reduced to £12 a table. So start organising your teams now. Details and application forms are below.

The next meeting of the Community Council is 7 February at 8pm in the Church Hall. The Executive will meet at 7.30pm. please note that the AGM is at the Church Hall on 14 March at 8pm.



NAYLAND VILLAGE QUIZ

Friday 4th March 2005

Village Hall at 8pm



Tickets are £12 a table • Bring your own food and drinks

Applications to:-

Jenny Smith: 20 Fen Street • Tel: 262430 • Email: much.bms@talk21.com

or

Andrew Gowen: 43 Bear Street • Tel: 262534 • Email: parkersag@yahoo.co.uk

Please note that we are not providing food and the price of the tickets has been reduced



QUIZ APPLICATION FORM

Please Reserve Tables(s)

Name: Tel:

Name of the Team(s):

Payment is attached: £.....

Community Council

COMMUNITY COUNCIL REPORT

Chairman: Andrew Gowen 2 6 2 5 3 4

Minutes of the Meeting held on 14 December 2004

There was one matter arising from the last meeting:

Youth Club: Claire Prescott said that although membership had risen to above 20, Suffolk County Council had decided to withdraw funding of permanent staff from 31 March 2005 and this applied to other youth clubs as well. The club was keen to continue and recruit its own leader and try to raise money locally. The general view of the meeting was that we should do all we could to help maintain our youth club but we could not do this on our own and a resolution was passed unanimously proposing:

"That the Community Council provides match funding with the Parish Council of up to £1000 for the year 2005/6 to cover staff costs and to review this every year. The allocation to pay for hire of the Village Hall should be in addition which this year comes to £420"

Claire was asked to get a bid for help with staff costs into the Parish Council as soon as possible.

REPORT AND FEEDBACK FROM RECENT EVENTS

Bonfire Night: This was very successful evening that made £720 profit. It was felt that we could have sold more hot dogs, wine, sparklers and sparkling necklaces which should be taken into account next year. It is important that floats for the gate and stalls are provided at an early stage and the gate needs reliable illumination.

Christmas Bazaar: Another very successful event, which made a £350 profit for Council Funds in addition to the profits made by the Societies. It was felt that we need to try to increase the variety of stalls and have more if possible. We need to improve publicity and consider having signs on the A134. It was suggested that we might instigate a children's competition which could be judged on the day and provide a children's entertainer. After a long discussion to try to bring the date forward to mid to late November it was found to be too difficult as the date has to tie in with the Village Players pantomime rehearsals and performance.

VILLAGE QUIZ ON 4 MARCH 2005

The format for the next quiz was discussed and it was proposed:

- Not to provide food and invite people to bring their own
- Reduce the cost of the tickets.
- Let teams swap answers with adjacent tables for marking.

This would save time and allow much more intermingling and friendly rivalry.

COMMUNITY TIMES

Lorraine Brooks thanked members for their contributions and said that while Pat Bray is away she has the E Mail addresses of the local papers should members want to advertise anything under Nayland in the Village news sections. Andrew Gowen will be the Community Times Coordinator for the February Issue and Mandy Cook for the April issue. It was agreed to raise the cost of full page advertisements to £30.

VILLAGE SOCIETY REPORTS

Royal British Legion: Reported it had a successful and enjoyable joint Christmas party with the Women's Section. It will be sending parcels and cards to some 48 widows and widowers this Christmas.

Conservation Society: Reported that the Meadow pond and reed bed project would be completed in April 2005 and details would be put on the Web Site. There had been some 90 voluntary contributions made towards the project which was good. The AGM is on 8 March and the subject will be "Finds in Old Houses" by Sqn Ldr Broomfield.

Horticultural Society: Reported that it had made a contribution of £50 to the Woodland Trust; its AGM is on 19 April when

Karen Kenny would be speaking on Organic gardens. It was holding a Morning Market on 21 May and the Flower Show was on 6 August.

Nayland Choir: Reported that it had a very successful concert in November and there were plans for the Handle's music (not Water Music) at its next concert. There were plans for Gilbert and Sullivan music in November.

Village Players: There was general agreement at the meeting of the great success of the Pantomime. Bryan Smith said that auditions for the next production were now taking place and the Players were keen to recruit more members not only for acting but also providing props and stage sets.

Women's Institute: Reported that Shirley Scarlett had become President and Pauline Dosser Secretary and there had been other Committee changes. Three new members had been recruited last year and they were keen to recruit many more.

Over 60s: Reported they had had a very enjoyable Christmas Party and programme of visits in the past year. They were happy to offer seats to non members on future trips.

Bowls Club: Reported its Charity Day was 5 June. Two of its bowlers were in the Suffolk Final due to take place at Needham Market in April.

Youth Club: (see paragraph above) It needs to recruit Trustees urgently if it is to survive as a charity and volunteers are needed from the village.

Village Hall: Was grateful for the £1000 grant for maintenance but the Chairman said that this must be reviewed annually as it depends on the success of the Community Council in raising funds. A further grant of £500 for tables was authorised to match the £600 raised by the Country and Western Group.

Parish Council: The meeting was reminded there was a public participation session at the start of Council meetings which allows members of the village to raise issues.

TREASURER'S REPORT

Al Machin reported a healthy balance sheet showing assets of almost £14000. He had received a letter of thanks from Paula Taylor on the grant to help her with expenses to participate in the Fund Raising Project for St Helena Hospice. The letter was read to the meeting. Grants were authorised to the Youth Club of £420 and Village Hall of £500 – see above.

CHAIRMAN'S REPORT AND AOB: There was none.

DATE OF NEXT MEETING: General Meeting on 7th February 2005 and the AGM on 14th March 2005 **note the amended date.**

The meeting was followed by a few drinks and snacks to celebrate Christmas and the end of a very successful year.

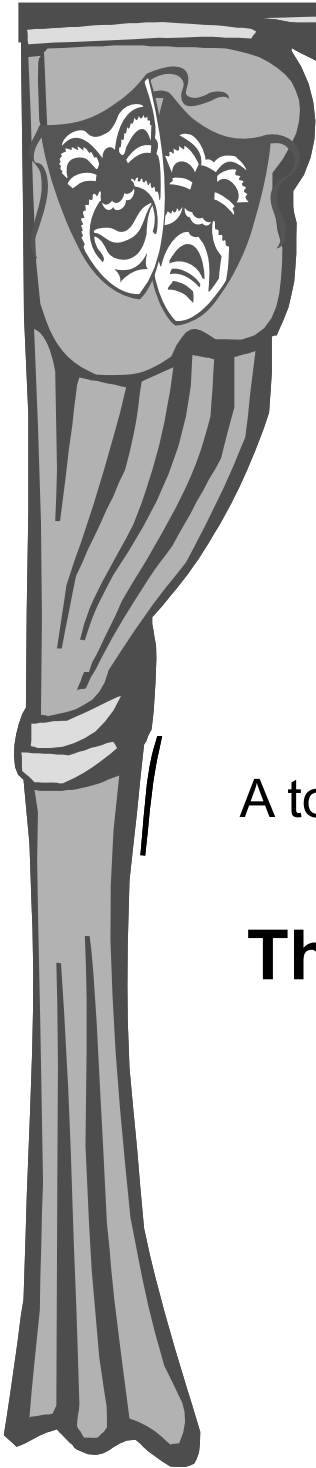
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A KNIGHT TO REMEMBER

by Pat Bray

My apologies for the 'domino effect' of the typography in the reproduction of this article in the December issue.

Editor

The affected caption and last paragraph are herewith:

Relaxing after the show, he (*Sir Ian McKellen*) chatted to guests and said he had thoroughly enjoyed his Nayland debut.

He added, "They were a lovely audience. It feels like a party and sadly the only person missing is Jean - I know she would have approved."



One for the Album... the Village Players with (from front left) David Knight, Foster Jones and Sir Ian McKellen

Photo courtesy of the Suffolk Free Press

Nayland Choir

The Choir was delighted to have the distinguished organist, Gillian Ward-Russell as accompanist in our winter concert at the end of November at St James Church. We performed Maurice Durufle's *Requiem* and many congregational advent carols. We hope you came to listen, joined in and might even be feeling that you would like more of this – perhaps as a *singer, patron or sponsor*. The choir continues to provide an opportunity to sing or listen to music of the best quality. Good music has the power to enhance well-being in the individual and thus the community.

Nayland Choir has been part of village life for eleven years and has an (almost) unbroken record of presenting two major concerts annually. We have sung in St James Church and the Village Hall in winter and in the village streets in summer, airing thousands of harmonies from the twelfth to the twentieth centuries. Singers commit to ten weekly rehearsals, one rehearsal with orchestra/accompanist and a concert performance. Membership and audience are drawn from Nayland and surrounding parishes, from Sudbury through to Colchester. Some only have to walk 'from home' to take part or listen. Concerts are anticipated by all as an integral part of the village year.

Planning concerts

Each concert has to be carefully planned, beginning with arranging the rehearsal venue and hiring scores. Orchestras, soloists and first-class accompanists need to be booked well in advance. All this can be done properly only with adequate funds in place.

At its inception in 1994, the choir's musical director and orchestral players were unpaid. Most of these good people are now professional musicians. Consequently, concerts require funding as well as enthusiasm and musicianship.

'You should not perspire when conducting; only the audience should get warm'

Subscription

We introduced a subscription to help pay our way and have willingly increased it. In spite of this, we still cannot plan orchestral concerts ahead.

Free admission

We have not charged people to attend concerts, preferring to pay expenses from voluntary donations. In this way, coming to a concert is open to all. Your generosity in the last ten years has enabled the choir to give thousands of pounds to charities and organisations, often within or associated with Nayland itself. We would like to keep this wider purpose for the choir.

Future Programmes

Much of the choral music of Mozart, Beethoven, Schubert and Dvorak is heard at its best with full (usually much larger) orchestral accompaniment. It would be rewarding to hear some of the great choral works in St James; it would be a shame to limit the repertoire to much 'earlier' music, unaccompanied pieces – or indeed, to be resigned to risky amateur accompaniment. Good orchestral players can reasonably mean expenditure from £1000 per concert. Choir and audience should expect a first-class concert: this can happen with due rehearsal, the right planning and proper finance.

'The audience must be able to follow without effort. If they do not understand the words, they will go to sleep'

- ♪ We would like to give a concert performance of *Iolanthe* by Gilbert and Sullivan next winter, 2005. It would be a new venture for most and is keenly anticipated.
- ♪ With your support as a *singer, patron or sponsor*, Nayland Choir can continue to flourish and contribute to the quality of life of our community.

New singers

You are most welcome to join the choir as a singer. There are no auditions, qualifications or age-limit (!) Everyone can come along. The choir is encouraged to achieve a high standard by having professional musical direction, sensitive to all. Rehearsals are a mixture of energising concentration and good humour and we meet at Nayland Primary School on Thursday evenings from 8pm to 10pm.

The main piece for the spring concert is *Dixit Dominus* (Psalm 110: *The Lord says to my lord*) by GF Handel. This concert will cost around £800.00 to present. Nayland Choir sang *Dixit Dominus* seven years ago and it was hugely enjoyed by choir and audience alike. A cracking version of *Dixit Dominus* can be heard on Chandos' recording with *The Sixteen* conducted by Harry Christophers (*Chan 0517*). Your toes are defied to keep still.....

Patrons

If you would like to help keep Nayland Choir as an amenity for the community but do not wish to sing, please consider becoming a *Patron*. Patrons will be acknowledged in our programmes and newsletters, enjoy a free glass of wine and reserved seats (cushioned, and with the

best view) at the concerts. You can become a Patron by contributing to choir funds.

Sponsors

We are grateful to Nayland House and Stour Valley Consultancy for their sponsorship of the Winter Concert 2004 – one of the most successful in the choir's repertoire.

Could your business sponsor the choir? In return for sponsorship, your company logo would appear on our posters (A4) and programmes (A5). You would also enjoy a free page of advertising in the programme and in any choir publicity. Our audiences alone have numbered 350 people. Through our acknowledgements in local publications and the press, you would reach a much larger number of local people interested in your services and products.

'Mozart once composed a piano piece that required the player to use both hands and his nose in order to hit all the right notes'



Singers: Peter Roberts, secretary 01206 323 586

Patrons and Sponsors: Paul Watson, treasurer Tel: 01206 263 210

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Nayland Christmas Bazaar



The Nayland Christmas Bazaar provides an opportunity for everybody to get together and socialise before Christmas and is an important Village event. At the same time it allows the various societies to make a little money. It is also a useful event for the children to do their Christmas Shopping and some this year were selling their redundant toys in anticipation of replacements at Christmas!



The Community Council would like to build on this success for next Christmas and encourage more Societies to participate, increase the number of stalls and the amount of entertainment. If anybody has any ideas please let us know.



Coffee Morning In Aid of Tsunami Victims




Church Hall

Saturday 12 February

10-12am

 Raffle

 Bring and buy

 Cake stall

Please help! We would really appreciate:

- Cakes
- Donations for raffle
- Donations for the bring and buy

Please call Gill 262235 or Claire 263344 if you can offer any of these.

PLEASE COME ON THE DAY!

Parents with young children...

You are invited to

Nursery and Reception Open Mornings
at

Nayland Primary School

on

Thursday 10th February

Friday 18th March

Wednesday 18th May

Tuesday 19th July

From 11am to 12-30pm



Come along with your children,
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Bed & Breakfast – for those extra guests you don't have room for! Lovely views across the valley and use of our facilities.

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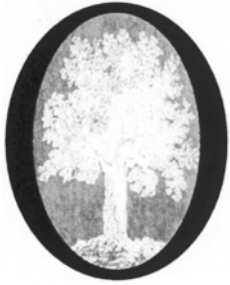
Guests have the use of the pool, sauna, hard tennis court and playground. The lake is stocked with trout and course fish. Pets welcome.

Brochure and details available from Robert & Pauline Dossor. 01206 262261

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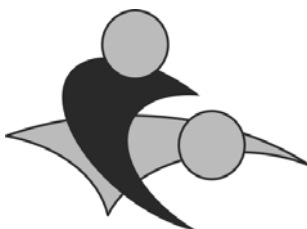
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07739 344551



Society News



ROYAL BRITISH LEGION

Secretary: Andrew Gowen 262534

We had a very enjoyable Christmas party with the Women's Section where the wine flowed and mince pies and other delicacies were downed with gusto and we were entertained magnificently by Elaine Barker. It was an evening to remember and will become an annual event.

Our programme of meetings for the coming year is:-

7 March	General meeting	Anchor Pub at 8pm
9 May	Joint meeting with Women	Church Hall at 8pm
4 June	Joint Coffee Morning	Parkers 43 Bear Street
11 July	Joint meeting with Women	Church Hall at 8pm
15 August	General meeting	Anchor Pub at 8pm
31 October	AGM	Church Hall at 8pm
12 December	Joint Christmas Party	Church Hall at 7.30pm

Please note these dates in your diaries.



ROYAL BRITISH LEGION Women's Section

Secretary: Kath Hunt 262014

We had a successful stall at the Christmas Bazaar, and also enjoyed a joint party with the Men's Branch at the Church Hall on December 6th. The food, wine and entertainment were appreciated by all who attended.

On Tuesday February 8th we start our afternoon meetings at 2pm in the Church Hall. It is hoped that more members will be able to attend in the afternoon, rather than having to turn out in the cold evenings. We hope to have Mr Murrison as our first speaker so please come and support us. New members are always welcome.



The WI stall at the Christmas Bazaar



NAYLAND WITH WISSINGTON W.I.

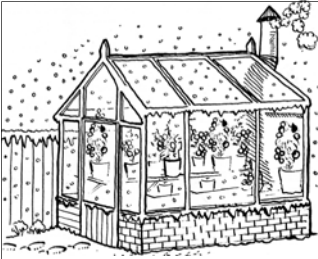
Secretary: Pauline Dossor 262261

Our first meeting in 2005 was opened by our new President, Shirley Scarlett, who introduced Carl Shillingford, Chef at the White Hart Nayland and David his pastry cook. They demonstrated how to cook a delicious Winter menu which was possibly within our capabilities! As a great deal of chocolate and some sloe gin was used everyone appeared extremely satisfied at the tastings. The meeting was most enjoyable and it was delightful to see it well attended and to greet new and old friends in our New Year.

Our next meeting is on February 21st at Nayland Fire Station at 7.30pm. Our interest is in Community Fire Safety and will be led by Robert Dossor. This is an open meeting and you are most welcome to come along. Please ring Pauline Dossor should you require further details.

By the time you have read this our dinner at the White Hart will have taken place with, no doubt, more indulgence on behalf of our members.

Happy New Year!



HORTICULTURAL SOCIETY

Mrs Joan Moore 262721

Hortsoc is currently undergoing its yearly hibernation. However, the following events have been booked for 2005:

Annual General Meeting Tuesday 19th April 2005 8.00 p.m. Church Hall

We have been lucky enough to book Karen Kenny to talk on Organic Gardening following the completion of Hort-soc business. Those of us who heard her speak last year on the magic and mystery of herbs know what a witty and entertaining evening she gave us, and we hope for a really good turn out of current and new members on the night.

Morning Market Saturday 21st May 2005 9.30 - 12 noon Church Hall

As usual, we are asking for plants, craft items, home-made cakes and preserves, books, toys and games in good condition for sale or for raffle prizes. Volunteers to run the raffle, man stalls and provide tea and coffee will also be needed. Contributions may be brought to the Church Hall on Friday 20th May between 6.00 and 7.00 p.m.

Annual Flower Show Saturday 6th August 2005 Village Hall 2.00 - 5.00 p.m.

Hopefully, a good growing season will mean a record number of entries this year, but don't forget the other classes - cookery, crafts, flower arranging, photography, disasters, and most important, the children's section. Schedules will be available at the morning market, and thereafter from the post office, Bev Kerridge at 3 Bear Street or from any other committee member. You only have to ask!

Village Quiz Friday 4th March 2005 Village Hall

Volunteers are desperately needed to represent Hortsoc at this event. Last year we were unable to raise a team of four people - so let's hope some of our members come forward this year.

A reminder that we have the CD recordings of the Gardeners' Question Time broadcasts. If you would like to borrow them, please contact Joan Moore.



HARPERS HILL COUNTRY WILDLIFE SITE

Mrs Joan Moore 262721

The site is still wearing its wet, wintry dress, but there are signs of spring. The hazel catkins are on display, still tightly furled, as are the pussy willow buds. Blackbirds and bluetits are very active, and a song thrush has been heard just after sunrise on several recent mornings.



OVER 60'S CLUB

Mrs Eva Rolfe 263151

Our Christmas party meeting was enjoyed by members. Carols were sung before tea and all members received a present of Christmas Fayre.

As in other years, we have no meeting in January. But on Monday 24th January we will be joining up with the Mothers Union for a New Year lunch at the Lion at Leavenheath. Transport will be arranged for this.



BOWLS CLUB

Mrs Eva Rolfe 263151

Our Suffolk Winter League is at the halfway stage and at this moment, we are approximately in the middle of that league table. Many members continue to compete in tournaments in Suffolk and Essex. At the recent Suffolk Pairs Championships, two of our members qualified for the Suffolk Finals in April. Several members will be joining Essex Carpet Bowlers at Hopton-on-Sea for a weekend tournament at the end of January.

Our Annual Charity Bowls Tournament at Nayland Village Hall will be on Sunday 5th June 2005. The charity to benefit from this event will be decided at a later date.



NAYLAND WITH WISSINGTON CONSERVATION SOCIETY

Hon. Secretary: Andora Carver 262970 Chairman: Mr J Alexander 262676

Our **AGM** is on **Tuesday 8th March**, 7.40pm for 8pm. in the Village Hall when John Bloomfield, historic building consultant, will speak about **Recent Finds in Historic Buildings**. Everyone is most welcome, although only Members may vote at the meeting.

Open Gardens will be on **Sunday 12th June** from 1pm – 6pm. After consultation with garden owners, it was decided to extend the opening time by an extra hour to enable visitors to see more of the gardens. If you could like to open your garden this year, please get in touch with me or Jenny Hoskins (263309).



VILLAGE PLAYERS

Chairman: Lindsay Nieuwenhuis 271261 Secretary: Jim Bond 01787 211264

I hope those of you who came to see 'The Three Musketeers' all enjoyed it as much as we did. Thank you to everyone who worked so hard to make it such a great success.

Mike Poole has now cast Happy Families, our Spring Production. A cast of nine, mostly regulars, but welcoming Peter Riley to the Players in the lead role. A comedy, in the main, but with some very touching moments, set in the north of England. Please see the main advertisement for details and don't forget to put the dates in your diary.

Some of you will already know that we are staging Jane Eyre in December, and while this may seem a long way off, the search for a Jane has already begun. If you are interested in the role or that of one of the girls at Lowood School, please telephone Bryan Smith on 262430 or Deborah Hodges on 263982. We are holding auditions on Sunday 13th February at 4pm in the Village Hall Meeting Room. The actual rehearsals will not start until the late summer.



1ST LEAVENHEATH BROWNIES

Tawny Owl: Margaret Clayden 01206 263050 Snowy Owl: Julie Mansfield 01787 211554

We would like to take this opportunity of wishing everyone a very Happy New Year. As we start this New Year we are also starting a new phase in our Brownie calendar.

We are starting our new term on 11th January and will be meeting for the first time at Nayland Primary School and are very much looking forward to it. We have a very full programme during this term up until Easter and hopefully will be welcoming some new Brownie faces to our pack. We will be making cards, experimenting with science, helping to feed the wild birds and going swimming.

We are a small group of friendly Brownies and still have vacancies for any 7 - 10 year olds who would like to join us for fun, games and craft work. We had a very successful Christmas play which we performed to a large audience of parents and friends and with raffle prizes donated by local businesses we managed to raise £120 after expenses which is helping to pay the yearly census.

We look forward to welcoming any new recruits if you would like to join us on Tuesday evenings at 5.30 - 7.00pm.



NAYLAND PLAYGROUP Mrs Tricia Hall Tel: 262639

Mrs Tricia Hall Tel: 262639

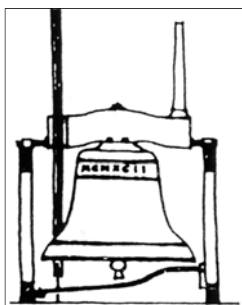
This half term, Playgroup children will be embarking on a voyage of discovery to compare what life might be like for children in Africa with what life is like here. They will be looking at maps, animals, fruit, songs and dancing all based around the story of "Handa's Surprise" which they have been listening to.

There will be a Playgroup cake stall outside Kerridges on 5th March. The cakes and biscuits are always very tasty, and we are grateful, as always, for the support of the community. Please come and treat yourselves. The profit we make from this stall will help to secure and improve the outdoor play area for the children.

There will be more places available at Playgroup after Easter when a number of our children will be starting 'big' school. For more information please contact Tricia Hall, 01206-262639. Playgroup runs 9.15 - noon Monday to Thursday.

WANT TO DO SOMETHING ELSE FOR THE VILLAGE??

CHURCH BELL



We could do with some more help in ringing the bells at St. James Church.

For centuries church bells have proclaimed the message of the Church to the towns and villages of England and ringing is an enjoyable and fascinating art. We are lucky at Nayland in having a good 'ring' of six bells that are hung for change ringing.

At St. Mary's Wiston there are three bells hung for chiming.

In change ringing the ringers use their skill to control their bells to make them ring in continuously changing orders. This does take a bit of practise as you have to be able to control a ton of metal about forty feet above you with the aid of a length of rope – and you cannot push string!! So, clearly some training is necessary.

If you are interested give us a look. We ring at St. James' from about 9.15 on Sundays, and there is usually a practise session on Monday afternoons – pop in (it's the door in the base of the tower), and we will be pleased to tell you more.

For more details ring Chris Hunt on 262014

STOUR BORDER Country Music Club Nayland Village Hall

7.30 – 10.30 (doors open at 7pm)

ADMISSION £4

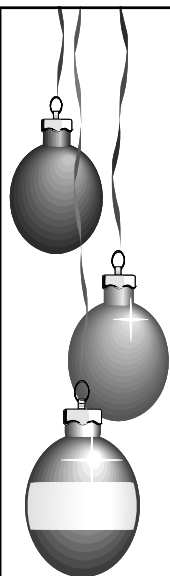
20/2 John Douglas: One of the leading performers on the circuit

20/3 Kevin Barry: New to us - has to be good!!

10/4 New West: Popular duo – helped us get started, featuring Brian Mann of BBC Radio Suffolk

24/4 Blue Orchid: New act for us – female duo from Merseyside

BAR - REFRESHMENTS - RAFFLE



THE CHRISTMAS PARTY

"The Christmas Party in the Village Hall on 18th December was a sell-out and many people commented that it was a great start to the festive season.

Although we intended it primarily as a social event and kept ticket prices low for that reason, at the end of the evening we were able to donate £236 the St Helena Hospice.

Thanks to all who supported this event."

Gill Boardman and Claire Prescott

RACIAL HARASSMENT INITIATIVE (RHI) COMPETITION

The RHI, which is part of Suffolk County Council's Community Safety Unit, is running a country-wide competition over the next 10 months which aims to:

- Increase knowledge and understanding about race and culture in Suffolk
- Encourage people to find out more about the role of the RHI
- Encourage people to report racial harassment so agencies can take action against perpetrators

TO ENTER THEIR MONTHLY PRIZE DRAW to win a Meal for Two at the Galley Restaurant (*Ipswich or Woodbridge*)

Log on to **www.60306.com**

Each month there will be a different question which can be answered on-line or by text. To enter by text:

- 1 Text the word "together" to 60306 (standard rates apply)
- 2 You will receive this month's multiple choice question
- 3 Text "together" and your answer, "a", "b", or "c", eg "together a" to 60306 (standard rates apply)

Peake Fitness Karate Club celebrates black belt achievement

The Stoke by Nayland Shotokan Karate KUGB had good reason to celebrate this week when Andy McKechnie achieved his "First Dan" or Black Belt. He joins fellow black belt, and "Sen Sei" or Master, of the Stoke by Nayland Karate Club, Peter Heal in having passed 10 levels of grading, which normally takes about 4 – 5 years to achieve.

We still have availability for new members, aged from 7 years upwards, who can start at any point during the year.

The Club currently runs two adult classes and one children's class each week, on Tuesday and Thursday evenings at Peake Fitness. As with all the classes at the health club, you do not have to be a member of Peake Fitness to enrol."

Anyone interested in joining the Karate or any other fitness or dance classes can telephone Peake Fitness on 01206 265820 or email peake-fitness@stokebynayland.com. They can also visit the Karate club's own website at www.snskc.org.uk for more information about Shotokan Karate and the classes.



Tamara Unwin (Director), Andy McKechnie and Peter Heal ("Sen Sei" of the Stoke by Nayland Karate Club)

THE NAYLAND



Background

In March 2004, following an appeal for contributions, the Nayland with Wissington Conservation Society purchased 16.98 acres of land bordered to the north by the River Stour and to the south by a strip of land owned by Bunting & Sons adjacent to Horkesley Road.

The Nayland with Wissington Land Company Limited, now a registered charity, was formed to own and manage this water meadow in perpetuity. The sum of £65,000 was raised to purchase this land and grateful thanks are due to the more than ninety individuals and organisations who supported the appeal.

Fishing

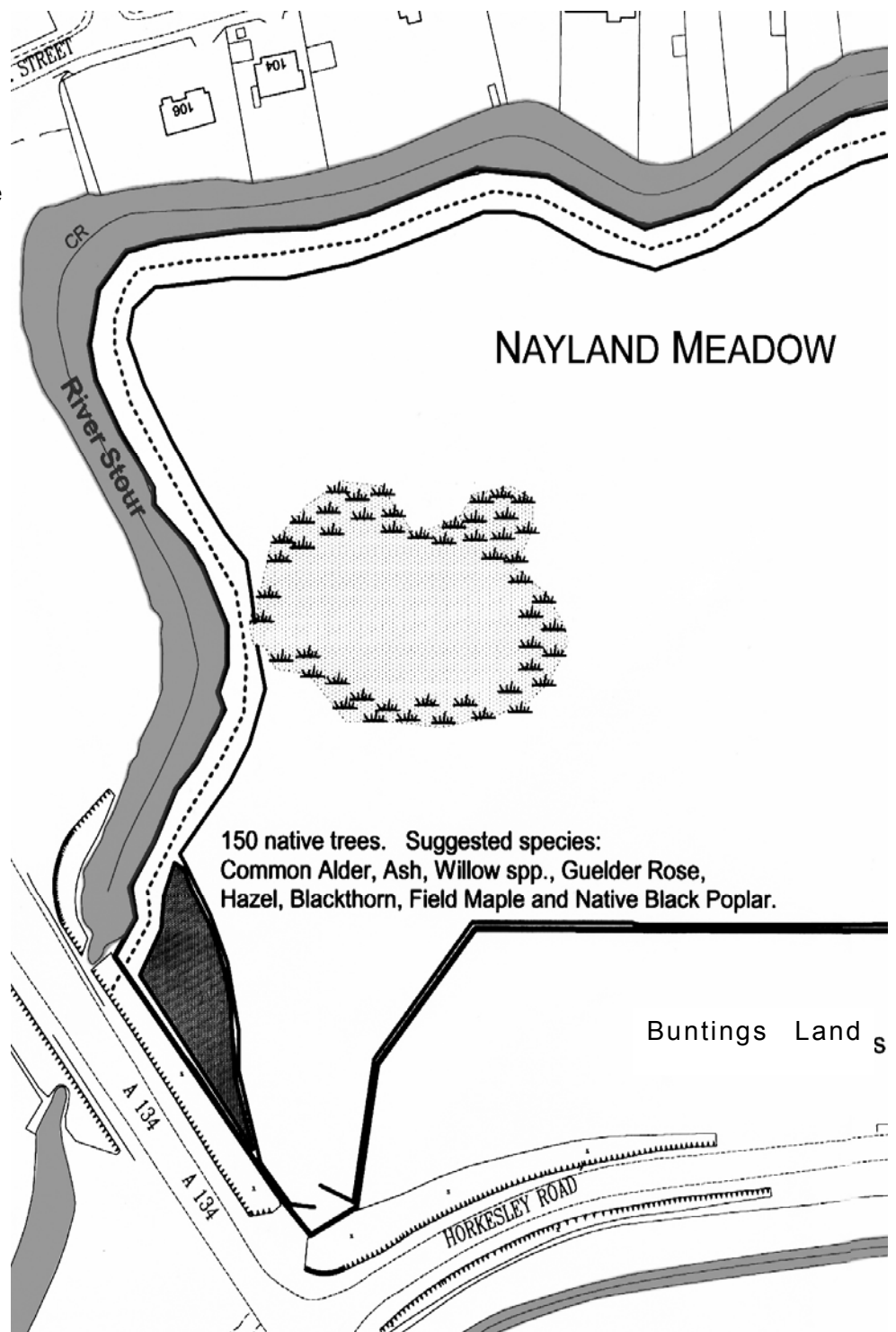
The fishing, which now belongs to the Land Company, has been made exclusively available to all residents of the parish of Nayland and Wiston.

Arable Reversion

After discussion it was decided that the land should revert to grassland under the Defra Suffolk River Valleys Environmentally Sensitive Areas Scheme.

This will involve seeding with a suitable grass/conservation mix, a single hay cut followed by sheep grazing annually.

Grants for fencing the land, on the inside of the public footpath, were obtained from Defra and the Suffolk Environmental Trust assisted by Babergh District Council, who have also funded a small area of planting as shown on the plan.



Environment
Agency



defra

Department for Environment
Food and Rural Affairs



SUFFOLK ENVIRONMENTAL TRUST

MEADOW PROJECT



Pond Scheme

The Environment Agency approached us with a view to creating a permanent wetland habitat and pond. This "back water" habitat is identified by the Environment Agency as important for maintaining fish stocks.

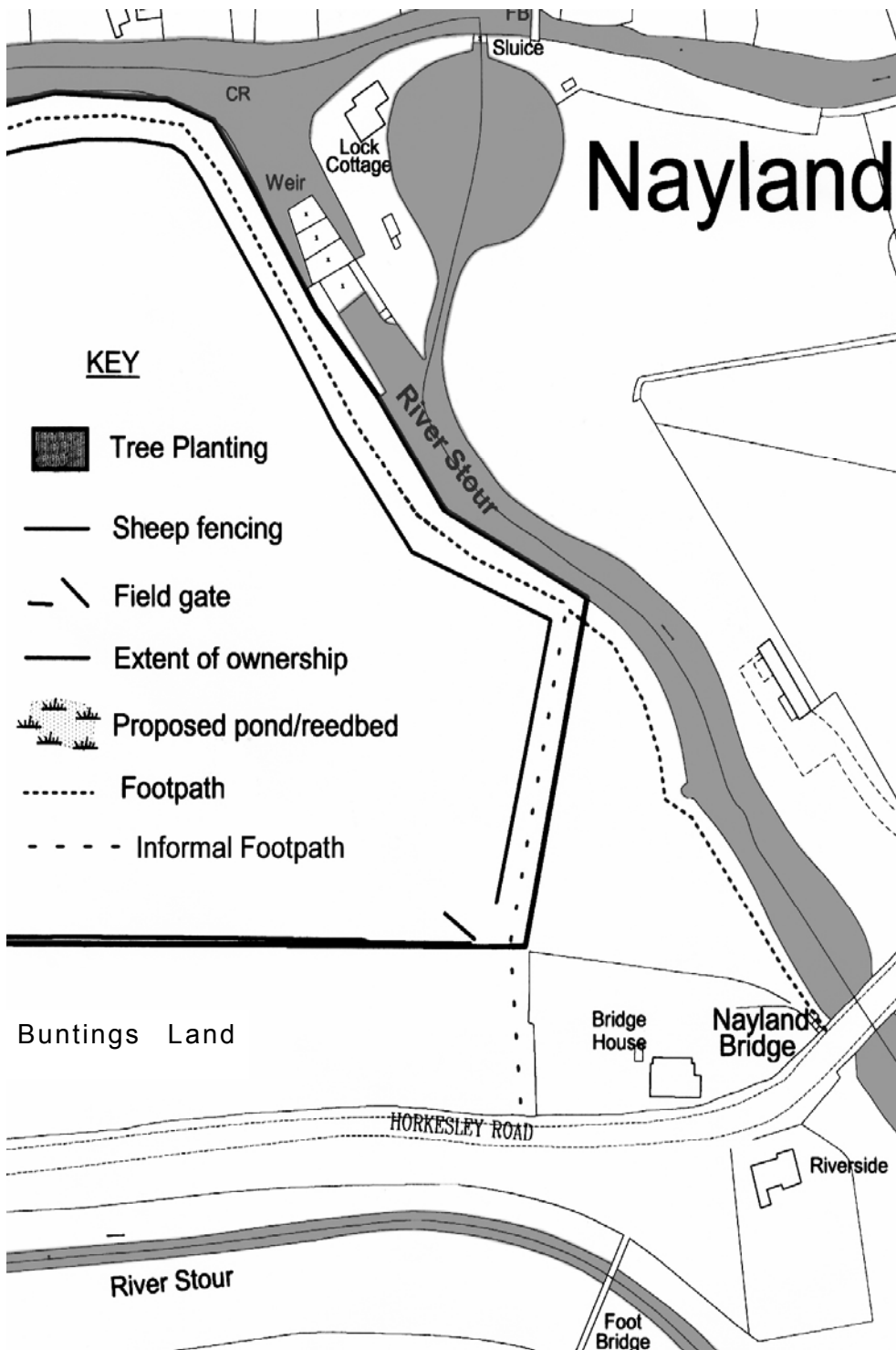
Planning permission has recently been granted for this work, which is expected to commence in early February, weather permitting. The proposed shallow pond will be linked to the River Stour by a short channel (culvert beneath the footpath) and surrounded by reedbeds. (Plants sourced locally.)

The Dedham Vale and Stour Valley Project will also be involved in habitat improvement work. To compensate for the loss of flood plain capacity a shallow scrape will be created on the opposite side of the meadow (beside the weir). The spoil will be used to widen the footpath along the riverbank but not to raise it. This £30,000 scheme will be jointly funded by Defra and the Environment Agency at no cost to us. Maintenance will be carried out by the EA assisted by the Dedham Vale Project and local volunteers.

The Future

By next year, we hope that a wonderful new wetland habitat will be attracting birds, insects, and amphibians to enrich our local environment, and this land will have reverted to its original nature as a water meadow in the Stour Valley.

Should anyone wish to make a donation towards ongoing costs of the project, please contact the Hon Treasurer, 16 Fen Street. Contributions which attract gift aid will give us an extra 28 pence in the pound. We would be grateful for your support.





Garden Notes

by *The Old Muckspreader*

Like most of us the OM/S has on occasion made New Year Resolutions; for good measure in 2005 he made two. The first, which may not concern his readers, is to produce these articles for the Editor a bit earlier than the last day for submission. The second is to sow all the seeds he buys or acquires from specialist societies. Seed sowing, and the subsequent pricking out, potting on and so forth is very laborious, but it's also very rewarding. Gardeners sometimes regard seeds merely in terms of annuals, but perennials, shrubs and even trees can be propagated from seed. The OM/S is proud of several fine trees, some 20 ft high, which started life in a small pot, including a couple of Cedars which were the progeny of an ancient tree from Nayland, which came down in the great storm of 1987.

At the time of writing most gardens are fairly barren, but the first harbinger of spring, the little yellow Winter Aconite, is already making its appearance. At the risk of being accused of repetition the OM/S is recommending it once more. Two years ago, in a fit of generosity, he offered some free to any reader who cared to telephone 01787 210309. There were only two replies, which presumably indicated either lack of interest in Aconites or mini sale readership of this article. So here goes, the offer is open again.

Another Winter stalwart is the Hellebore. *Helleborus Niger*, the misnamed Christmas Rose, is a temperamental plant and best avoided unless one is prepared to cosset it. *H. Orientalis*, the Lenten Hellebore often flowers in January and is easy to grow. The plant breeders have now got at it and there are a number of named hybrids but they are expensive; the ordinary species, however, produces a wide variety of colours, and seeds itself readily.

Among the several winter flowering shrubs are the *Sarcococcas*, sometimes called Christmas Box. *S. Confusa* has dark green foliage, but *S. Digyna* with its paler leaves and reddish stems flowers more profusely. Both are highly scented, like many winter flowers, and should be planted near the house for best effect. Until a few years ago they were hard to come by, but now they are widely available.

The latter phrase puts one in mind of *The Plant Finder*. Started a few years ago by a couple of amateur enthusiasts it is now a R.H.S. annual publication available in bookshops, and lists tens of thousands of plants and where you can buy them; it's also a useful reference book for those with less than perfect memory.

While the RHS Plant Finder can now be found on World Wide Web, the Editor can also vouch that this book is a little gem and in book form is much more fun. It was responsible, some years ago, for my introduction to Baker's at Greenstead Green for acquisition of the delightful *Begonia sutherlandii*.

Stocks from this plant went on to get second place in Hortsoc's hanging basket class.

Baker's are Fuchsia specialists, and also stock many other bedding plants, herbs, and have a wonderful 'Aladdin's Cave' of

tender perennials, more often referred to as conservatory plants. They are one of the few nurseries that as yet have not become commercialised. As well as for unusual plants the Ed recommends a visit for rooted Fuchsia cuttings which last year were half the price and twice the size of commercialised 'plug plants'.

B & H M Baker, Bourne Brook Nurseries, Greenstead Green
Tel: (01787) 476369/472900

Mon-Fri 0800-1630, Sat & Sun 0900-1200 & 1400-1630

www.rhs.org.uk/rhsplantfinder/

WORDSEARCH

ANEMONE BLANDA	HELLEBORUS
ARUM	NARCISSUS
CHIONODOXA	PRIMULA
CROCUS	PRUNUS
DAPHNE	PUSCHKINIA
FORSYTHIA	SCILLA
GALANTHUS	

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Solution on page 38

PAGE 22

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E	P	U	S	C	H	K	I	N	I	A	M	E	N	A

A CENTURY OF RECORDS

Parish Councils have been in existence for well over a hundred years but it is quite surprising how many people these days still think they are associated with the Church. This is probably because the word "parish" has always been synonymous with the Church and the fact that in centuries past the Church carried out many of the functions which were taken over by Parish Councils when they were created by the Local Government Act of 1894.

It was recorded that the 1894 Act had a stormy passage through Parliament and had 800 amendments before being passed. Parish Council elections took place on 4th December of that year and a press report at the time said "... this date will probably in the future be regarded as an historical date in the development of rural England ... every labourer who pays the smallest rate in his parish will have a voice in the election of his council ...". It was expected that with the "church" and the "state" having separate roles in the parish, chaos would reign but this did not happen, in fact many clergymen became parish councillors. The parish council looked after the civil side of parish affairs and the parochial church council continued to look after the ecclesiastical side.

In Nayland a parish meeting was held in the National School, Church Lane, on 4th December 1894 in order to elect a parish council, as required by the Act. The Rev. J.D. Gray was elected Chairman of this meeting and there was no shortage of volunteers willing to serve on the council. From the 14 nominations received 7 were elected by a show of hands. These were mainly prominent business and professional people including William Norfolk of W. Norfolk & Sons, Jeremiah Stannard, Miller, A.Y. Littlebury, Postmaster, George Brooks Mills, Schoolteacher. At the first formal meeting of the Nayland with Wissington Parish Council in January 1895 the Rev. Edward Sawdy of the United Reformed Church was elected Chairman.

The minute book records that some of the first matters dealt with by the newly formed council was the provision of allotments, parish council representation on village charities and the provision of a public library and reading room. For a time they had the power to appoint Overseers of the Poor, a Parish Surveyor and a Collector of Highways Rates but all these functions were gradually phased out. In 1898 the powers and duties of the Lighting Inspectors were transferred



to the parish council and they duly applied to the proprietor of the gasworks in Newlands Lane for a contract to light the streets of Nayland.

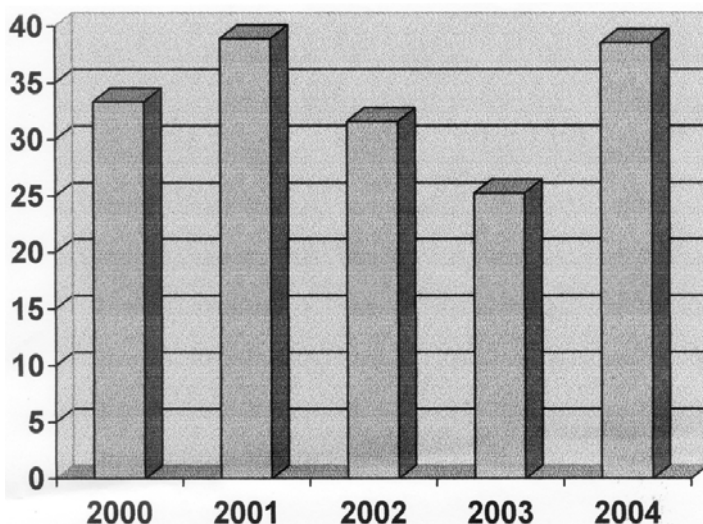
During this period of great change in parish administration, I was naturally interested to read the somewhat enigmatic entries in the minute book concerning the first Parish Council Clerk who, it seems, was not too happy about the changes taking place. It would appear that when he was appointed Parish Clerk in 1894 he was already Assistant Overseer for the Poor and Collector of Highways Rates and Lighting Rates. In 1897 the minute book recorded that the Assistant Overseer had been arrested and the parish council were in grave difficulties respecting the collection of the Poor Rates. He also persistently refused to hand over the lighting inspectors' books and the council was forced to seek legal advice. I fear this gentleman could not have enhanced the reputation of the newly created parish council in Nayland and hope that subsequent Parish Clerks have been more carefully chosen!

In 1899 parish councils were ordered to obtain a metal, lockable receptacle for the safe custody of their records and Nayland duly acquired its own at a cost of £1. This large, heavy chest gradually filled up over the years and Parish Clerks have acted as custodians of the chest and its contents ever since. I was somewhat bemused to inherit this ancient treasure chest when I became Clerk. However, I have spent many happy hours dipping into it and I understand from the Suffolk Record Office that we have an almost unique collection of records going back to the council's formation in 1894. From time to time some of these records have been on display in village exhibitions but the time has now come to hand them over the Record Office for safekeeping.

The early records are a treasure trove of Nayland's history in the twentieth century and by depositing them with the Record Office they will be accessible to the public at large. They will in fact only be on loan, we will not be giving them away! Once they have left the village, however, anyone wanting to see them will have to go to the Record Office at Bury St. Edmunds. If you would like to see the records before they go later this year please contact me at 17 Court Street to arrange a convenient time to call.

Wendy Sparrow, Parish Clerk

ANNUAL RAINFALL IN INCHES AT BEAR STREET



Last year at 38.55 ins saw rainfall back to within half an inch of 2001's total. It was a wet summer and August, as farmers are unlikely to forget, registered 5.94 ins (in 2003 0.27!) and was easily the wettest month.

On 17 July very nearly 1.5 ins fell in 90 minutes and nearly half an inch in 30 minutes on 9 August.

Driest months were (2003 in brackets):

December 1.15 (2.53)

March 1.16 (0.56)

September 1.29 (1.02)

It snowed on 27-29 January and lightly again on 25-27 February and on 19 November.

John Werner



The Country Harvest

NAYLAND WITH WISSINGTON COMMUNITY TIMES

As the dark nights draw out both flora and fauna begin to waken from their winter dormancy. And as the temperatures slowly rise over the coming weeks, growth of new buds will appear to herald the arrival of spring, while the new growth of plants provides the sign of harvests to come for 2005. For those who do not have the palette for our early spring harvest, there are interesting ways of using preserves from the country pantry.

Stinging Nettles – (*Urtica dioica*) flowers from May to October but are best picked before mid June as in summer the leaves become course in texture and bitter in taste, due to chemical change. The best time to collect them is when young shoots are no more than a few inches high, or use just the tops or young, pale green leaves of larger stems. Before cooking wash well and remove any tough stems.

A broth of water, nettles, salt, milk and oatmeal, called Brochan Naenntog, was a favourite Irish dish from early Christian times. Nettles contain iron, formic acid ammonia, silicic acid and histamine. These chemicals aid the relief of rheumatism, sciatica and allied ailments. They increase the haemoglobin in the blood, improve the circulation, purify the system and have a general toning effect on the whole body. Nettles also lower the blood pressure and the blood sugar level.

NETTLE SOUP

1 large onion 1 clove garlic
2 potatoes Olive oil, salt & freshly milled black pepper
2 gloved handfuls of nettle heads
1 chicken stock cube (or home-made stock)
Salt & freshly milled black pepper
¼pt or 1.5dl single cream & croutons

- Peel and chop the onion, garlic and potatoes and fry them in the olive oil for 3-4 minutes in a large saucepan.
- Trim away the stems from the nettle tops using gloves and scissors, wash well and add to the pan.
- Make up the stock cube with 1½pts or 1litre water (or home-made stock) and add to the pan. Boil rapidly for 15 minutes, until the potatoes are cooked
- Liquidise, then return to the pan. Season with salt and pepper. Stir in the cream before serving with croutons made with butter.

HEDGEROW MUESLI

1tbs honey 275ml or ½pt plain yoghurt
A squeeze of lemon juice 110g or 4oz hedgerow jelly
110g or 4 oz crunchy muesli (or a jelly from your pantry)

- Mix the honey and the lemon juice with the muesli.
- Add the yoghurt and mix together thoroughly.
- Add the jelly and stir well – serve immediately.

Ground Elder, or Gout Weed - (*Aegopodium podagraria*)

The botanical name comes from the Greek word for gout, podagraria, and the plant was introduced to Britain by the Romans as a culinary plant which was cultivated throughout the middle ages to be used as a spinach-like vegetable, as a pot-herb and as a medicinal plant.

This pernicious weed is not related to the Elder tree but the flowers and leaves superficially resemble one another. The plant spreads by its tough creeping roots, which as gardeners know is very difficult to eradicate. Those who suffer from this weed in their gardens may get some comfort that this pest can be eaten! It is best to harvest when the shoots are young and about 6" high.

GROUND ELDER AS A VEGETABLE

- Use only young leaves and leaf stems.
- Wash well and cook in a teaspoon of butter and a very little water.
- Add salt and pepper and cook very gently for 10 minutes, stirring frequently.
- When tender, drain well and toss in butter to serve.

As always, if readers have any interesting recipes, ideas, or tips please send them in.

PAULA'S MOUNTAIN TREK

TIRED but triumphant, a Nayland woman returned from a fund-raising mountain trek in Ethiopia determined to help its poverty-stricken people.

The purpose of the trek over the Simien Mountains by mother-of-two Paula Taylor (38) was to support the St Helena Hospice, Colchester, where she works as a nurses' assistant.

With her sister-in-law, Devon-based photographer Karen Taylor, Paula raised around £7,000 for the hospice in sponsorship. She said the nine-day 120 kilometre challenge, trekking up steep hills and three mountain peaks was exhausting but "fantastic."

"I'd never done anything like it before and other members of our group who had said they'd never tackled anything so difficult. Daytime temperatures were 38C but at night it was below freezing. "One day when I was ill with nose bleeds, altitude sickness and diarrhoea I felt so bad I don't know how I managed to carry on."

But despite the hardships, Portuguese-born Paula of Church Lane, found the whole experience rewarding but very emotional. The poverty and deprivation she encountered were far worse than expected. "I never realised Ethiopia was such a poor country and as we drove to the mountains at the start I couldn't stop crying seeing all those children living on the streets with no clothes or shoes.

"Everyone in our group of eleven had a medical kit and we had one doctor. At one point, in a village in the middle of nowhere we decided to set up a surgery.

"We saw more than 100 people and some had walked for hours when they heard there was an English doctor.

There were so many blind people with untreated eye diseases, it was terrible. Life expectancy is only 48 and most people die of Aids."

Paula said the group had paid for three children to go to hospital and gave their guide £100, a vast sum in Ethiopia, to give to parents whose children might need treatment in the future.

After visiting a school with no equipment they spent £120 on books which they sent back via their guide.

She said the whole group aged from 38 to 59 was affected by the country's desperate poverty.

"You can't go there and not be affected. As a group we really bonded and decided we wanted to build a surgery somewhere in the Simien Mountains area. We were put in touch with the health authorities and they agreed they would provide a nurse for it.

"As a start we're going to raise £14,000 to open a clinic but it'll take time. We're contacting the Red Cross to find someone we can trust to launch the project.

"Three of us adopted a child each and by paying £15 a month to the Kindu Trust it means they are taken off the streets, fostered by a family, given clothes and sent to school.

"Although the whole experience was physically very hard we agreed we would do it again and I decided I wanted to go back to England to raise money to help these people. "Once I've sorted out my sponsorship for the St Nicholas Hospice I intend to start on my Ethiopian project in the new year."



Wildlife Corner

With the news from the Conservation Society that work will soon be starting on the Nayland Meadow, which will create a greater diversity of habitat for wildlife, it has been a reminder to me of the habitats lost, even in my own (*dare I say it*) short lifetime.

Having been brought up on a farm at Chappel, with the river Colne flowing through, I have very fond memories of those years. Being very much a tomboy I recall exploring every inch of the farm and beyond - from the arable land and grazing common along the riverbank to the railway embankment and scattering of pill-boxes. There were sheep, dairy cows and bullocks, pigs, and horses, chickens and ducks - all of whom were, of course, my great friends!

I remember bird-watching with my grandfather, who was appropriately nicknamed 'Tinker' for his mischievousness, and learning about the lifecycle of the caterpillars, which were in abundance on the sugar beet. The previously unnoticed eggs hatched into these caterpillar, or larvae, which spent most of the time eating in order to sustain them through the pupae, or chrysalis, phase. The outside of this chrysalis became marked with the rudimentary outlines of the wings of the developing butterfly. It seemed miraculous to witness a beautiful butterfly emerge from the rather ugly chrysalis and then most disappointing to learn that the butterfly's life would be short as its sole purpose was to reproduce more eggs.

There was a large pond on the farm and many more scattered around the village, as well as ditches; therefore amphibians, such as frogs, toads and newts were commonplace. Telling frogs and toads apart was not difficult; frogs were the more attractive of the two species with their streamline bodies, smoother and lighter coloured olive green/brown skin with various markings; toads were stockier in shape with drier, warty skin which was darker brown. The spawn they laid in the spring could also be easily identified; frogspawn was laid in a mass, which would float to the pond surface; toad spawn was laid in long strings, which was anchored around the water plants.

Emergence from this spawn of the tadpoles and their development into froglets and toadlets was fascinating; as they gradually developed their bodies, then their legs, and they lost their tails. Then when their lungs had fully developed the miniature frogs and toads tentatively emerged out of the water to explore the banks.

The many hedgerows and trees creating our patchwork landscape also provided homes and hideaways, and corridors by which many creatures travelled, and more interesting places for me to explore!

Of course, farm and country life was not without its undesirable creatures too, most obviously the brown rat (*Rattus norvegicus*). As a child I mistakenly placed the water vole (*Arvicola amphibius*) in the same category - as a water 'rat'. This was most unjust as they are not major pests and they do not breed prolifically, in fact water vole numbers have declined dramatically partly due to their preference for good quality water habitats. The vole can easily be distinguished from the rat by its blunt snout, tiny ears and shorter tail. Although rats may create burrows in river banks they are always well above the water line, whereas voles build a system of burrows with entrances below and just above the water. The brown rat can swim well on the water surface, but the vole is very agile in the water, diving below the surface much of the time.

Back to the present day I feel extremely lucky to have had this as my 'playground' particularly as nowadays access to the countryside is not as freely available and a field of farm animals can be hard to find. It is wonderful to see that Nayland's landscape is becoming more diverse. Apart from the wetland area, which will mature to an area of beauty as well as provide a wonderful habitat for wildlife, more land in the area is being used for grazing animals and their presence will also encourage a wider variety of wildlife to the area.



At the time of writing the **Big Garden Birdwatch** has not taken place, however, during the cold bright snap of weather at Christmas our reward for taking a few minutes each day to keep the feeders topped up was to witness a large number and variety of birds visiting the garden.

There were all the usual, quite bold species, including the inquisitive robins, the busy blue and great tits, the tree and house sparrows darting round the evergreen holly and ivy hedge. The chaffinches and greenfinches made a beeline for the sunflower hearts, and the goldfinches were also visiting this feeder when there was a queue at the nyger seed.

On several occasions groups of beautiful but very timid long-tailed tits descended onto the fatballs hanging in the trees. It was quite comical to watch as many as ten of these lovely little birds, with their tails protruding, on a single fatball.

Other equally timid visitors were the jays, and their preference was for whole peanuts. During a single visit to the feeder one jay managed to collect 20 peanuts in its gullet. The greater-spotted woodpeckers also like the peanuts, but the female appears to prefer using the mesh feeder while the males go for the whole peanuts.

On the ground the blackbirds and dunnocks were scurrying around and the collared doves and wood pigeons were perched above waiting and watching before descending to the ground. The family of pheasants that come in for breakfast each day are obviously starting to think about breeding already!

On that note, if you are thinking of putting out nest boxes this year - do it soon!

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A. Regular Society use B. Residents/Occasional Society use C. Non Residents

Hall, Kitchen (Bar: flat rate £20 extra)				Saturday – <i>Sessional Rates unless stated</i> Day until 6pm - <i>Hourly Rates as weekdays</i>	A	B	C
Sunday – Friday <i>Hourly Rates</i>	A	B	C				
9am – 6pm (May-Sept)	£5.00	£6.00	£7.00	Evening 6pm-12.00	£90.00	£115.00	£150.00
9am-6pm (Oct-April)	£6.00	£7.00	£8.00	All day (hall, kitchen, changing rooms)	£120.00	£145.00	£200.00
6pm-12.00 (May-Sept)	£6.00	£7.00	£8.00	All day (hall, kitchen, bar, changing rooms, playing field)	£150.00	£170.00	£200.00
6pm-12.00 (Oct-April)	£7.00	£8.00	£9.00	Meeting Room only	£15.00	£20.00	£25.00
MINIMUM CHARGE	£15.00	£25.00	£35.00	Bar only	£20.00	£25.00	£30.00

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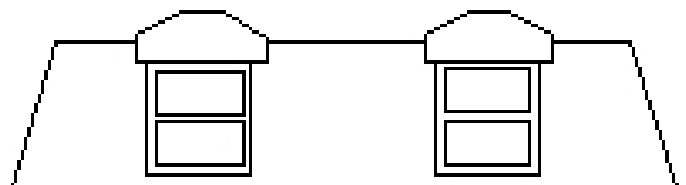
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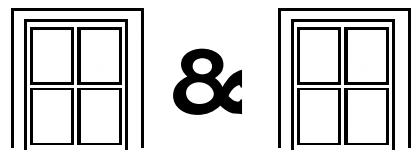
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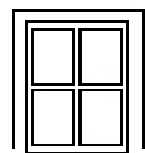


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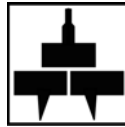
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**CHURCH SERVICES: FEBRUARY & MARCH 2005****St. James Nayland****St. Mary's Wiston**

<u>February 6th</u>	8.00am	Holy Communion	
Sunday before Lent	9.45am	Matins & Holy Communion	6.30pm Evensong
<u>February 9th</u>	10.00am	Holy Communion	
ASH WEDNESDAY	7.30pm	Holy Communion	
<u>February 13th</u>	8.00am	Holy Communion	
Lent 1	9.45am	Parish Communion	11.15am Holy Communion
<u>February 20th</u>	8.00am	Holy Communion	
Lent 2	9.45am	Family Communion	
	4.00pm	Evensong	
<u>February 27th</u>	8.00am	Holy Communion	11.15am Holy Communion
Lent 3	9.45am	Parish Communion	
<u>March 6th</u>	8.00am	Holy Communion	11.15am Family Service
Mothering Sunday	9.45am	Family Communion	
<u>March 13th</u>	8.00am	Holy Communion	11.15am Holy Communion
Lent 5	9.45am	Parish Communion	
<u>March 20th</u>	8.00am	Holy Communion	
PALM SUNDAY	9.30am	Procession from the Carvers' Barn	
	9.45am	Family Communion	
	6.30pm	Hymns and Readings for Holy Week	
Wednesday 23rd	7.30pm	The Stations of the Cross	
Maundy Thursday	7.30pm	Holy Communion, Vigil & Watch	
Good Friday	10.00am	Family Service	
	2.00pm	One Hour at the Cross	
Holy Saturday	10 – 12noon	Easter Workshop in church	CLOCKS FORWARD
	8.00pm	Easter Liturgy	
<u>March 27th</u>	8.00am	Holy Communion	11.15am Family Communion
EASTER DAY	9.45am	Parish Communion	
<u>April 3rd</u>	8.00am	Holy Communion	
Easter 2	9.45am	Matins & Holy Communion	6.30pm Evensong

Weekday Services

Parkers Way	3pm	Weds Feb 2 nd , Mar 2 nd
Midweek Communion	10.00 am	St. James Weds Feb 2 nd , 9 th , 23 rd , Mar 2 nd , 9 th , 23 rd
Every Weds	10.45am	Nayland House
5 Parishes Communion	10am	Weds Feb 16 th in Stoke , Mar 16 th at Nayland
Pram & Toddler Service	Thurs 2.30pm	Feb 10 th & 24 th , Mar 10 th
Bible Study	Mons 7.30	18 Laburnum Way, Feb 7 th then Lent Groups
SAMS Prayer Group	Weds Feb 16 th	7.30pm, 18 Laburnum Way

Other Dates for your Diary

LENT begins on Feb 9th. Lent Booklets are available for everyone this year, do collect yours.

Lent Groups are arranged for Monday and Wednesday Evenings and Thursday mornings, do pick up a leaflet from church.

Family Communion Workshop 10 – 11 Sat Feb 19th

Womens World Day of Prayer Fri Mar 4th 10am Service at the Church of the Sacred Heart

HYMN SINGS are planned for Feb 12th and Mar 12th in St. James Church from 10 – 12 with a break for coffee and cakes. As well as practising hymns old and new we are now learning a new setting to use after Easter. Do come and join us, the setting is quite easy to pick up and the morning is most enjoyable. On Mar 12th there is an opportunity to help in the churchyard as well from 9am!



Where was God . . . ?

Where was God on December 26th? Where was God on September 11th? Where was God in the death camps of the 1940's or the killing fields of so many places and times? The list could go on and on. When we see the unbelievable devastation that can be wreaked by nature, or the unthinkable evil that human beings can devise, we rightly ask ourselves where God is and what he is doing ? Does he exist ? Does he care ? Does he have any interest or any power at all ?

These are desperate questions for desperate times. The Christian God responds from the cross that he is not above suffering, that he engages with evil, that he is right there with us, sharing our joys and our pains. He suffers with those who suffer, he strengthens those who help, he inspires those who pray and give. He is in the thick of it. But he will not change the way the world works with its dangers and its glories; and he will not prevent us from destroying each other. He has given us freedom and responsibility to care for our world.

These are the themes that guide us through Lent and Holy Week to Easter. God takes sin and suffering seriously and wants us to do the same. If we give a little more time to prayer, reflection and study we will be drawn deeper into God's love and truth, and so discover more about the best way to live and the true mystery of Easter.

Kit Gray

NAYLAND ST. JAMES CHURCH FETE

Monday 30th May 2005

We are keeping to the same formula as in previous years with music from the victory Jazz Band, stalls, sideshows, classic vehicles display and traditional sports.

We would love anything you can spare for all the usual stalls, but please no large furniture, old computers, large electrical items or clothes. Items may be left in the Carver's Barn from April onwards

Further details will follow in the next Community Times

If you would like to help in any way, please get in touch with:

Anna Mann	Tel: 262830	Car parking & gates
Pauline Heigham	Tel: 262782	Stalls
Alan Edwards	Tel: 262800	Sideshows
Andora Carver	Tel: 262970	Teas

CHURCHYARD SPRING WORKING PARTY

Saturday 12th March

9am – 12 noon

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WOMEN'S WORLD DAY OF PRAYER

Friday 4th Match 2005 at 10am

The Sacred Heart Church, Nayland

Followed by Coffee at Loretto, next door

The service has been prepared by the women of
Poland, and their theme is **LET OUR LIGHT SHINE**.

An appropriate theme when we consider that the Polish
people are renowned for keeping the light of Faith
shining in difficult times. An inspiration to us all.

The speaker will be
the Revd. Joyce Willis from Hadleigh.

Men, women, children and young people of all
denominations, and none, are cordially invited to join
the celebration. Especially members of the
5 Parishes of Nayland, Stoke-by-Nayland, Polstead,
Leavenheath and Wiston, as well as
Nayland's Catholic Parish.

N.B. There will not be a separate service at Polstead this year.

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- Spa Days are great for special occasions - hen parties, birthdays, anniversaries - relax together in our twin massage room or four seater Rasoul.

All treatments, fitness and dance classes at Peake Spa can be booked by non-members.

Come and have a look at our exciting new facilities

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The Stoke by Nayland Hotel, Keepers Lane, Leavenheath, Nr. Colchester, Essex
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peakespa@stokebynayland.com www.stokebynaylandclub.co.uk

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Further details from Anne Holden:
Email: info@assingtonmill.co.uk
Website: www.assingtonmill.co.uk
Telephone: 01787 229955

Ipswich Town Football Academy enjoy a day out at the Stoke by Nayland Hotel

Bryan Klug and Simon Milton joined the Ipswich Town Academy squad at a day of fitness and leisure at The Stoke by Nayland Hotel, Golf and Leisure Club this week, to give them a break from their normal training routine.

They began their visit with a cross country run around stunning "Constable Country" which surrounds the Hotel and golf course with Peake Fitness Manager, Matt Manning. This was followed by a "Body Balance" class with Peake Fitness Assistant Manager, Lisa Manning, in the brand new air-conditioned aerobics studio which overlooks the lake and golf courses.

Body Balance is one of the most popular classes held regularly at the Club for both members and non-members. It combines Pilates with Yoga and Tai Chi to music. Peake Fitness Manager and qualified Sports Therapist, Matt Manning, said, "We highly recommend Body Balance as a regular fitness training for everyone, but particularly for sportsmen and women, as it increases flexibility, strength, core stability and at the same time improves spacial awareness, balance and coordination. This all helps to reduce injury during competition and matches."

After lunch the non-golfers amongst the Academy squad spent a leisurely afternoon relaxing by the luxurious indoor pool making full use of the sauna, steam room and Jacuzzi whilst the golfers took the opportunity to play on one of Stoke by Nayland's two 18 hole championship courses, which host the prestigious, worldwide televised PGA Europro tour each summer.

For more information on Peake Fitness or Stoke by Nayland Golf Club, please contact Matt Manning on 01206 265820 (email peakefitness@stokebynayland.com) or Tamara Unwin



The Ipswich Town Football Academy on the Stoke by Nayland Hotel terrace after their cross country run with Peake Fitness manager, Matt Manning

CUT OFF UNWANTED TELEPHONE CALLERS

Telephone sales calls, which often occur during mealtimes, can be a nuisance. It is unlawful to make direct marketing calls to those who have registered with the **Telephone Preference Service**. The service can be contacted on: **0845 070 0707**

REDUCE JUNK MAIL

All that junk mail can be a nuisance, as well as a waste of valuable resources. To reduce junk mail through your letterbox write to: The **Mailing Preference Service**, Freepost 22, London, W1E 7EZ
 Or telephone: **0845 703 4599 (local rate)**

GUIDED WALKS PROGRAMME 2005

THE HISTORIC STOUR - WALKS CELEBRATING MAGNIFICENT BUILDINGS IN ENGLAND'S FINEST LOWLAND LANDSCAPE



Clare "A little town with a great past"

Saturday 19th February

Walk includes the Norman Castle, guided visit around the Priory, and the Ancient Earthworks on the common. 1pm to 4pm. 2 miles – Easy – B.

Spring Walk

Saturday 19th March

Along the river Box and the Tendring Hall Estate. Guided tour of Thorington Hall, a beautiful 17th Century owned by the National Trust in the heart of Constable Country. 1pm to 4pm. 4 miles – Moderate.

Assington – Mills and Hills: Conservation in the 21st Century

Sunday 17th April

A walk looking at the range of initiatives to enhance the landscape and built heritage of the Assington Brook Valley. 10.30am to 4.30pm. 6 miles – Moderate plus. Long walk – please bring a picnic lunch or book a hot lunch (£7 per head) at Mill Farm.

A Castle in the Sky!

Sunday 22nd May

With the help of an experienced archaeologist discover how people have been influencing the landscape of Mount Bures since pre-history. Includes a visit to the mysterious 'Mount'. 10am to 1pm. 5 miles – Moderate plus.

Summers Past

Sunday 19th June

Our very own Archaeological Encounter around Brundon, Borley and the riverside. Led by a Suffolk County Council Archaeologist. Discover the clues that enable us to find out who used to live in the area and what they did. 10am to 1pm. 3 miles – Easy/Moderate – B & T. Bring a picnic.

Types of Walk: All our walks are taken at the pace of the slowest walker. We aim to make them enjoyable as well as informative. Walks begin at the time stated so please arrive at the meeting point in good time.

Easy: Gentle stroll with locations that are very accessible by everyone.

Moderate: Country walking may include some rougher ground and stiles.

Moderate plus: For more experienced walkers covering longer distances.

T: Easy by Train – B: Easy by Bus

traveline
public transport info
0870 608 2 608

Numbers limited. Bookings taken one calendar month before each event.
For further details, please contact **Katherine Blake** or **Sally Sutton** on:

01473 583176

Minicom users can leave a message on: **01473 584030**

A portable radio loop is available at our

A joint project funded by:
Essex and Suffolk County Councils,
Babergh, Braintree and Tendring District Councils, Colchester and St Edmundsbury Borough Councils.



£2.50 PER ADULT • CHILDREN FREE • Please bring sturdy shoes or boots • dogs on leads are welcome

Solicitors

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NEWS FROM THE WHITE HART INN FOR 2005

—INN—

"an Inn in the heart of Constable country"

HI EVERYONE !!

HAPPY NEW YEAR 2005 !!

"MAY THIS YEAR BE A
HAPPY, HEALTHY & WEALTHY ONE
TO ALL OF YOU"

ALL THE TEAM ARE BACK AFTER A COUPLE OF WEEKS HOLIDAYS SPENT WITH
FAMILY & FRIENDS RE-CHARGING THE BATTERIES...
WE ARE NOW READY TO START THE YEAR WITH A BANG...!!!

NEW CONCEPT...
NEW IDEAS... FOR 2005

AS FROM FEBRUARY
THE WHITE HART INN
WILL BE OPEN ALL DAY ...

A COSY LOUNGE/BAR AREA IS BEING CREATED WITH COMFY SOFAS NEAR THE
FIRE PLACE

MORNING COFFEE WITH HOMEMADE CROISSANT...
DRINKS & SNACKS FOR LUNCH & DINNER...
AFTERNOON TEA WITH FRESHLY BAKED SCONES...

THESE WILL BE AVAILABLE EVERYDAY

WE LOOK FORWARD TO WELCOMING YOU ALL VERY SOON...

COME TO...

...THE WHITE HART INN...

...TO ENJOY SOMETHING DIFFERENT...

THE WHITE HART INN
11 High Street
Nayland, Nr. Colchester
Suffolk CO6 4JF

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Accounts: 01206 263655
Fax: 01206 263638
E-mail: Nayhart@aol.com

Website: www.whitehart-nayland.co.uk

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HOTEL**

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Valentine's Disco Party

on
FRIDAY 11th FEBRUARY 2005

7.30 for 8pm - Dancing 'til 12.30
Tickets £27.50 per person




VALENTINE'S DISCO PARTY CANDLELIT DINNER MENU

Salmon & Asparagus Rondel with Balsamic and Dill Dressings
Chicken Liver & Wild Mushroom Terrine with Toasted Ciabatta

• • •


Supreme of Chicken Stuffed with a Sunblush Tomato Mousse served with a Champagne Sauce
Smoked Haddock, Spinach & Cream Cheese en Crouete

• • •

Strawberry & Vanilla Torte
Individual Chocolate Bread & Butter Pudding with Sauce Anglaise




Spa Days from £35ideal gift for your Mother or your Valentine!



Mother's Day

Sunday 6th March, 2005
LET SOMEONE ELSE DO THE COOKING!
Treat your Mum (or your wife!) to a Delicious Sunday Carvery Lunch
£18.50 per person (£9.25 for children 10yrs or under)



**FREE
PRIZE DRAW**
One lucky Mum
could win a
Spa Day!

Bring the children and
have some fun.....

EASTER SUNDAY LUNCHES

27th March, 2005
A traditional 3-course Carvery Lunch
will be served from 12.30 - 2.30
£18.50 per person (£9.25 for children 10yrs or under)




• don't miss the •
big egg hunt

For further information, or to make a booking please call 01206 262836
or email sales@stokebynayland.com www.stokebynaylandclub.co.uk
Keepers Lane, Leavenheath, Colchester, Essex CO6 4PZ

LOCAL INFORMATION

NAYLAND WITH WISSINGTON COMMUNITY TIMES

Mobile Library
Post Office
Doctors Surgery

High Street (op Post Office) alternate Sats 10am–11.15am, Weds Parkers Way 2.15–2.55pm
High Street Tel: 262210 Early Closing on Wednesday
93 Bear Street Tel: 262202 (out of hours emergency 01206-578070)
Doctors hours - Mornings: Mon-Fri 8.30-11.30am, (Saturday: 8.30-11am at 18 North Hill)
Afternoons: Mon 2.30-6.30pm Tues-Fri 3-5pm

Parkers Way
Primary School
Nayland Playgroup
Nayland Toddler Group
Village Hall
Church Hall
www.naylandandwiston.net

Scheme Manager: Ruth Nash, 10 Parkers Way Tel: 262516
Head Teacher: Raegen Delaney Tel: 262348
Mrs Tricia Hall Tel: 262639
Lorna Burgin Tel: 768982 – Fridays 10-12 Nayland Village Hall
Bookings: Mrs D Whiting 262023 Caretaker: Mrs Y. Spooner 262691
Bookings: Mrs Eva Rolfe Tel: 263151
Graham Griffiths Tel: 262132 e-mail: webmaster@naylandandwiston.net

Nayland Priest
Friends of St. James Church
Friends of St. Mary's Church
St James Choir
Nayland Choir

Revd Kit Gray Tel: 262316 St James Vicarage, Bear Street, CO6 4LA
Chair: Alan Edwards Tel: 262800
Sec: Carol Wright Tel: 263657
James Finch, Tel 262993 - practice Friday evening, 7.00pm
Sec: Peter Roberts Tel: 323586

Royal British Legion
Royal British Legion (Women's Sec)
Womens Institute
Over 60's Club
Bowls Club
Nayland Art Club
Horticultural Society
Harpers Hill Wildlife Site
Conservation Society
Scouts & Cubs
Nayland Youth Club
Village Players

Hon Sec. Mr Andrew Gowen Tel: 262534
Sec: Kath Hunt Tel: 262014 – 2nd Monday each month Church Hall 7.30pm
Sec: Mrs Pauline Dossor Tel: 262261 – 3rd Monday each month
Mrs Eva Rolfe Tel: 263151 – 2nd Thursday each month
Mrs Eva Rolfe Tel: 263151
Daphne Berry 262641 Liz Thorne 262664 - Wednesdays 2-4pm (from Sept)
Mrs Joan Moore Tel: 262721
Mrs Joan Moore Tel: 262721
Hon Sec Andora Carver Tel: 262970 Chair: Mr. J Alexander Tel: 262676
Mr M Macbeth Tel: 262348 – Thursdays 7pm Sec: Claire Prescott Tel: 263344
Leader: Mark Moore Tel: 01787 310582 Tuesdays 7-9pm
Chair: Lindsay Nieuwenhuis 271261 Sec: Jim Bond 01787 211264

Chambers Buses
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Babergh District Council

Tel: 01787 227233 Website: www.chamberscoaches.co.uk
Hadleigh Tel: 01473 383430 (community police officer PC Paul Wren 01473-383441)
Tel: 01473 822801 (Main Switchboard) Corks Lane, Hadleigh, IP7 6SJ www.babergh.gov.uk

PARISH COUNCIL

Clerk: Mrs Wendy Sparrow 262820

Chairman Mr Gerald Battye
Vice Chairman Mrs Patricia Fuller

Councillors: Mrs Mary George,
Mr Chris Hunt (*District Councillor*),
Abigail Knight, Mrs R Knox, Mr Ray Spencer,
Mrs Elizabeth Mimpriss, Mr Bryan Smith

Parish Recorder Mike Almond
Footpath Warden Chris Day
Tree Warden Terry Bannister

Meetings 7.30pm Second Wednesday of Month

COMMUNITY COUNCIL

Chairman: Andrew Gowen 262534

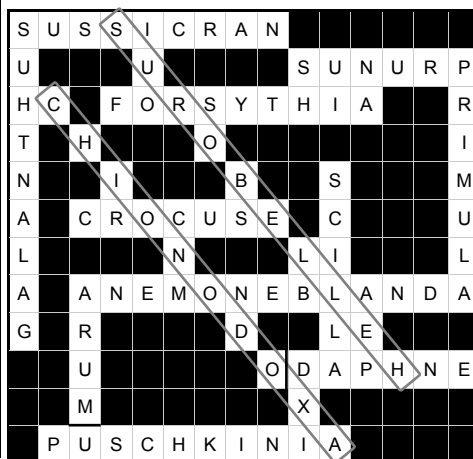
President Ken Willingale
Vice-President Roy Evans
Vice-Chairman Jenny Smith
Treasurer Allan Machin

Executive: David George, Tricia Hall,
Claire Prescott, Mark Stephens-Row,
Mandy Cook, Barry Wakefield

Individual: Iain Wright

Meetings: 7 February, 15 March (AGM)

WORDSEARCH SOLUTION



COMMUNITY WEBSITE - www.naylandandwiston.net

A non-commercial, non-political community website available for local people, organisations and businesses. Its activities are aimed at the Nayland and Wiston area in general and NOT limited solely to the Nayland with Wissingington Parish.

- News
- Classified Ads
- Directory
- Events
- History
- Local Village Services
- Discussion Forums

Graham W Griffiths, Webmaster – Tel: 262132 - e-mail: webmaster@naylandandwiston.net

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DATES FOR YOUR DIARY

February

7th	Community Council Meeting - 8pm Church Hall (<i>Exec 7.30</i>)
7th	Village Hall Committee Meeting
9th	Parish Council Meeting 7.30 Village Hall Committee Room
10th	Nursery & Reception Open Morning, Nayland Primary School 11am - 12.30pm
12th	Coffee Morning in Aid of Tsunami Victims 10am - 12noon Church Hall
20th	Country Music Club Dance ' <i>John Douglas</i> ' Village Hall 7.30
21st	W.I. – Nayland Fire Station 7.30pm, Robert Dossor <i>Community Fire Safety</i>

March

4th	Village Quiz 8pm Village Hall
4th	Women's World Day of Prayer - 10am The Sacred Heart Church, Nayland
7th	Village Hall Committee Meeting
7th	RBL General Meeting - 8pm Anchor Inn
8th	Conservation Society AGM - 7.40pm for 8pm Village Hall, John Bloomfield ' <i>Recent Finds in Old Houses</i> '
9th	Parish Council Meeting 7.30 Village Hall Committee Room
12th	Churchyard Spring Working Party 9am – 12 noon. All welcome. <i>Please bring gloves, etc</i>
14th	Community Council AGM - 8pm Church Hall (<i>Exec 7.30</i>)
17th – 19th	Village Players ' <i>Happy Families</i> ' Village Hall 7.30 for 8pm Tickets from mid February at the Post Office (afternoons)
18th	Nursery & Reception Open Morning, Nayland Primary School 11am - 12.30pm
20th	Country Music Club ' <i>Kevin Barry</i> ' Village Hall 7.30

April

4th	Village Hall Committee AGM
10th	Country Music Club ' <i>New West</i> ' Village Hall 7.30
13th	Parish Council Meeting 7.30 Village Hall Committee Room
19th	Hortsoc AGM - 8pm Church Hall, Karen Kenny ' <i>Organic Gardening</i> '
24th	Country Music Club ' <i>Blue Orchid</i> ' Village Hall 7.30

May

9th	Village Hall Committee Meeting
9th	RBL Joint Meeting with Womens Section - 8pm Church Hall
11th	Parish Council Meeting 7.30 Village Hall Committee Room
18th	Nursery & Reception Open Morning, Nayland Primary School 11am - 12.30pm
21st	Hortsoc Morning Market - 9.30am-12noon, Church Hall
30th	St James Church Fete

June

4th	RBL Joint Coffee Morning at Parkers
5th	Annual Charity Bowls Tournament - Village Hall
12th	Open Gardens 1pm – 6pm
8th	Parish Council Meeting 7.30 Village Hall Committee Room

Forward Planner	6th August	Hortsoc – Annual Flower Show 2-5pm Village Hall
	31st October	RBL AGM Church Hall 8pm



NAYLAND SURGERY NEWSLETTER

February 2005

Length of appointments

In common with most general practices, we have ten minute appointment slots for patients. This is not long, and over the years we have all been trained to assess and treat rapidly, but a simple calculation shows that it takes a minimum of three hours and ten minutes to see twenty patients in a morning surgery, and that is before we tackle the considerable volume of paperwork, repeat prescription requests and telephone calls.

We are now required to conduct a yearly Patient satisfaction survey, and this year 429 of you completed a questionnaire for us. One of the results that I found surprising (and pleasing) was that nearly three quarters of respondents said that they

were seen by the doctor or nurse within twenty minutes of the given appointment time. I say surprising because I am often very embarrassed to find that I have got an hour or even more behind – perhaps the bad days just stick in my memory more. The difficulty is that the nature of the work is unpredictable. The earaches and blood pressure reviews may only take ten minutes, but a new diagnostic problem or a patient with mental health difficulties may need twenty minutes or longer of our time. More than two or three of these in one session can create havoc with the appointment system. We have to give each patient the time needed to deal properly with his or her problem, and we do not have enough doctors and nurses to allow enough “slack” in the system to eliminate occasional long waits. We are always trying to improve things, but in the mean time I would recommend bringing a good book with you. You never know, you might not get a chance to start it!

If you have any comments about our appointment system, or the service in general, please let us know.

David Bateman
david@dbateman.fsnet.co.uk

CONTACT DETAILS

Editor: Lorraine Brooks
Tel: 262807

Coordinator for next issue: Mandy Cook
Tel: 263210

Thank you for your contributions – if you have any ideas or suggestions please contact the Editor

FINAL DEADLINE FOR ARTICLES IN THE APRIL ISSUE IS:

19th MARCH

Contributions by e-mail to: **naylandcc@yahoo.co.uk**

or posted in the **Community Times Box** in Nayland Post Office

PLEASE NOTE: to ensure contributions can be accommodated in the space available it is advisable that copy be sent early
(or arrangements made with the editor)

ADVERTISING

To advertise – small ads or commercials contact:

Advertising Manager: ANNA BOON,

18 Heycroft Way – Tel: 262780 – E-mail: naylandcc@yahoo.co.uk

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Size	Dimensions	Cost
1/8 page landscape	6.2cm H x 9cm W	£5
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