



# NAYLAND<sup>WITH</sup> WISSINGTON COMMUNITY TIMES

YOUR LOCAL MAGAZINE FOR NEWS AND VIEWS

Editor: Lorraine Brooks

Advert Manager: Anna Boon



## SEASONS GREETINGS

DECEMBER 2004

No: 92

### SPECIAL INTEREST

Sir Ian's tribute to Jean Jones  
Christmas Bazaar  
Village Players' Panteau:  
*The Three Musketeers*  
Nayland Youth Club

### THIS ISSUE

Community Council  
New Bus Timetable for 2005  
Village Hall Hire Tariff 2005

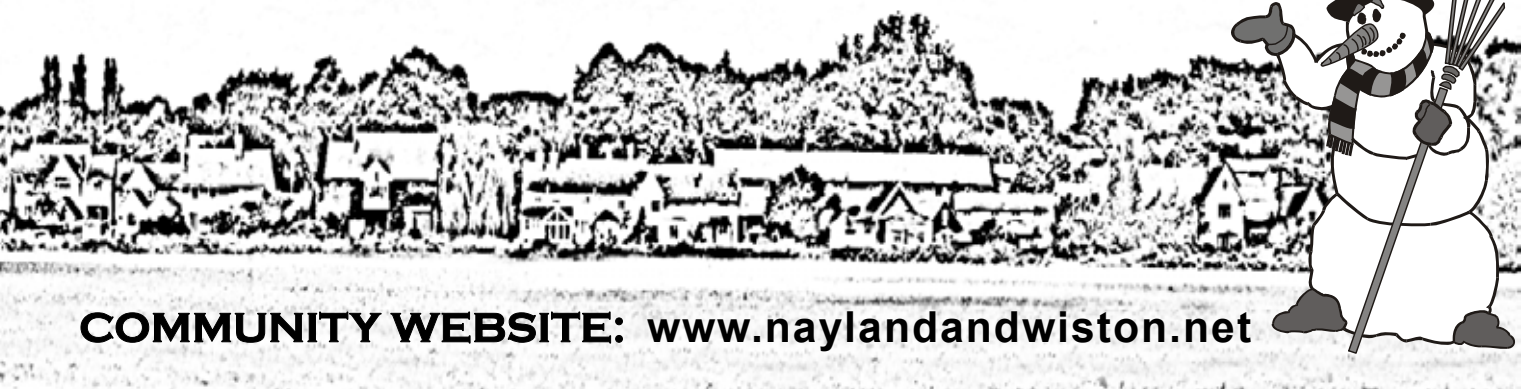
### REGULARS

Parish Council News  
Society News  
Church Services  
Garden Notes  
Village History  
Country Harvest

### PLUS

Dates for your Diary  
Local Information  
Contact Details  
(on back pages)

The Editor and the Community  
Council would like to take this  
opportunity of  
wishing you all a  
Very Merry Christmas and a  
Happy & Prosperous New Year



COMMUNITY WEBSITE: [www.naylandandwiston.net](http://www.naylandandwiston.net)

# NAYLAND WITH WISSINGTON PARISH COUNCIL

Meeting: 13th October, 2004

## VILLAGE HALL

Councillors are to meet members of the Nayland village hall management committee executive to try and clarify the hall's financial and refurbishment needs. The decision at the October meeting followed a letter to the council from the hall chairman Iain Wright requesting a regular allocation of money to the hall from the annual precept.

Mr Wright explained ongoing maintenance required fairly substantial sums and the committee only had one primary source of income. Charges would be going up to help cover the hall's increasing costs. He said it was proposed to set up a maintenance fund to cover items of major expenditure in order to mitigate price rises to village users.

Bryan Smith said the council were landlords but seemed to insulate themselves from the hall. He felt more support should be given to the executive. Tibby Mimpriss suggested a joint annual meeting as the hall was a village asset and most people would want to see it supported.

District councillor Chris Hunt said the hall was a valuable facility and as landlords the council should be putting some money into it.

Chairman Gerry Battye agreed a joint meeting would be useful and members needed to be fully informed. A corporate business plan for the hall was also suggested. The council will discuss the executive's request for financial help again next month.

## NAYLAND HOUSE

Mr Hunt said he had been asked whether lights could be provided on the driveway up to Nayland House and it was decided to make initial inquiries with the county council about the cost of low level lighting.

## TWIN BIN SCHEME

Updating fellow members on Babergh's twin bin scheme, Mr Hunt said he had made it clear not everybody was happy with the fortnightly collection of residual rubbish but people were getting on with it and change would be a horrendous expense. He had raised the question of people in terrace houses coping with bins and asked the council to be sympathetic if they wanted to revert to bags.

Mr Battye said Nayland's survey had shown 74 per cent of respondees wanted a return to weekly black bin collections but that seemed to have been ignored.

## BABERGH CAR PARKING CHARGES

On the question of car parking charges in Sudbury and Hadleigh Mr Hunt reported Babergh's overview and scrutiny committee had voted to charge for long term parking and reduce the three-hour waiting term to two hours.

## BABERGH HOUSING NEEDS

Mr Hunt said another survey had been done into housing needs in Babergh which showed the demographic balance was going to alter with far more older people. There was a shortage of suitable small houses in the district. Mr Battye

said a need for affordable housing had been identified in Nayland in the 90s and it was agreed to contact Babergh's housing services manager Ian Tippet to see if he could help with a new housing needs survey in Nayland and Wiston.

## PLANNING

Reviewing recent planning applications, Mr Battye said an application for a 1.8metre fence in front of a thatched cottage at Wiston had been refused as it was considered an incongruous feature in an area of outstanding natural beauty.

An application for planning permission and listed building consent for an extension and alterations to Goody's Farm, Wiston, had also been turned down.

A letter from Babergh's principal development control officer John Winders said land at the rear of two properties in Laburnum Way being fenced and included with residential curtilage was a breach of planning control and a planning application was necessary.

## COMMUNITY POLICE OFFICER

Nayland's new community police officer PC Paul Wren reported three minor crimes during September and said inquiries were still ongoing into the post office robbery. He can be contacted on (01473) 383441.

## NEW HOUSE PLAN - 21 Court Street

A dilapidated house, saved from demolition 19 months ago, may have to come down if a current planning application is successful. Parts of the Nayland property, 21 Court Street, date back to the 17th century and there were alterations during the early 1900s. The house is not listed but is in the village conservation area and has recently been included in a local list of buildings of architectural interest.

Plans by a property developer to demolish it and build three houses on the site were thrown out last year and it was bought by a couple who received permission to renovate and extend it but did not go ahead. Now new owners have applied to demolish the house and build one property in its place.

After hearing a negative report on its condition by a constructional engineer saying the building was "structurally beyond repair" and required complete rebuilding, Nayland Parish Council voted in favour of demolition.

But members opposed the proposed design for a new house saying it was too bulky for the site. They also objected to the building being "side-on" to the street with a driveway running alongside a neighbour's garden.

Letters from two residents and Nayland-with-Wissington Conservation Society claimed the old building was still worth saving and the new design was a "mishmash" of different styles which would dominate the street scene.

The parish council decided to oppose the design due to its bulk and especially its "side-on" position which members felt would adversely affect the amenities of neighbouring properties.

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# NAYLAND WITH WISSINGTON PARISH COUNCIL

Meeting: 10th November, 2004

## HOUSING NEEDS

Suffolk's rural housing enabler Louise Wilby is to be invited to a future Nayland Parish Council meeting to discuss a new survey into local housing needs. The move follows a talk on affordable housing at the parish assembly in April by Ian Tippet, Babergh's housing services manager.

Nayland's last housing needs survey was carried out in 1991 and it was felt the council could look at the issue again. A letter from Mr Tippet read to the November council meeting enclosed a copy of survey documentation used by Suffolk and a list of housing associations. He said Ms Wilby would be happy to arrange a survey on the council's behalf.

## VILLAGE GRASS CUTTING

Members decided they wanted all public grassy areas in the village cut once more although the cutting timetable had finished for this year. It was felt the exceptionally wet weather had made the task more difficult and the grass was still growing. Councillors agreed it needed a fortnightly cut to a maximum height. Chairman Gerry Battye, who said he would talk to the contractor, pointed out an urgent specification was needed for the clerk to send off to three contractors for next year.

## BUS SHELTER

A new see-through glass bus shelter is to be erected near the Bear Street bus stop on the edge of the open space. Reporting on a site meeting with highways officer Gary Trotter, Chris Hunt said the shelter would be seven metres from the footpath and would back on to the road. A shelter had also been suggested for the Stoke Road bus stop near the wall of Longwood House and Mr Trotter had agreed look at designs and have a word with the conservation officer.

## TRAFFIC SIGNS

The council decided it wanted the traffic sign poles in Bear Street and Mill Street taken down. The signs were removed some months ago and, with the exception of Mr Hunt, councillors felt the safety situation in both places was no worse. It was agreed to ask the county for a site meeting to review the possible replacement of the posts with bollards to prevent vehicles mounting the pavement.

A request was received from a Stoke Road resident for the 30mph sign to be moved to the other side of the double bend approaching the village from Stoke. It was agreed to obtain the approval of Stoke-by-Nayland Parish Council and then contact the highways department.

## VILLAGE HALL

Rosemary Knox reported village hall fees had been increased. She added the community council had agreed to pay £1,000 a year towards the hall's maintenance and the conservation society had offered to help with specific items.

## SCOUTS HUT

The scouts are to be asked to move their equipment from the recreation ground hut by January 31. At the same time the council is to ask Babergh for its advice on the removal of the hut because it is considered unsafe.

## PLANNING

Reviewing recent planning applications, Mr Battye said an appeal by T and A Bugg against Babergh's refusal to allow the conversion of a former piggery at Harpers Hill Farm to a storage facility had been allowed.

A certificate of lawful use for a single storey building at Hilltop Farm being used as house had also been granted.

The council supported Babergh in issuing an enforcement notice against the siting of a mobile home at Breach Grove, Wiston, and felt an appeal by the owners should be dismissed.

Mr Battye said no evidence had been received to support an application for a certificate of lawfulness of existing use for land at Hill Farm, Wiston, being used for aircraft taking off and landing.

## BURIAL GROUND

The council is to contact relatives responsible for graves in the new burial ground which it feels are not in satisfactory condition. Mr Hunt pointed out it was a lawn cemetery and although only a couple of graves had become overgrown it was a problem that should be nipped in the bud.

## PLAYING FIELD

It was agreed to go ahead with providing 10mph speed signs on the driveway to Nayland House. Low level lighting will also be investigated and a warning about loud music inserted on the main field sign.

## STREET LIGHTING

The question of extra street lights being needed in the village and their position will be discussed next month.



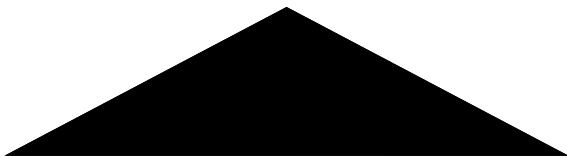
## Christmas Dates To Remember

With Christmas Day and Boxing Day falling on Saturday and Sunday this year, traditionally Monday 27th and Tuesday 28th become Bank Holidays. Likewise Monday 3rd January is a holiday.

Post Office	Closed Sat 25 <sup>th</sup> , re-opens Wed 29 <sup>th</sup> - closed Sat 1 <sup>st</sup> January, re-opens Tues 4 <sup>th</sup> <i>If pensions/benefits are due on days PO is closed they may be collected the week before</i>
Doctors Surgery	No surgery Mon 27 <sup>th</sup> , Tues 28 <sup>th</sup> December or Mon 1 <sup>st</sup> January <i>Out of hours emergency telephone 01206-578070</i>
Refuse Collection	On usual collection days BUT please put bins out by <b>6am</b>
Bus Services	See page 39 for Christmas services & <b>New Bus Timetable for 2005</b>
Kerridge's	Closes 1pm Xmas Eve until Wed 29 <sup>th</sup> - closed Sat 1 <sup>st</sup> January, re-opens Tues 4 <sup>th</sup>
Hatten's	Closes 7pm Xmas Eve, open 10-1pm Boxing Day (26th)

Last Post  
for Xmas Delivery:  
2nd Class: 18<sup>th</sup> December  
1st Class: 21<sup>st</sup> December





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# NAYLAND CHRISTMAS BAZAAR



## SATURDAY

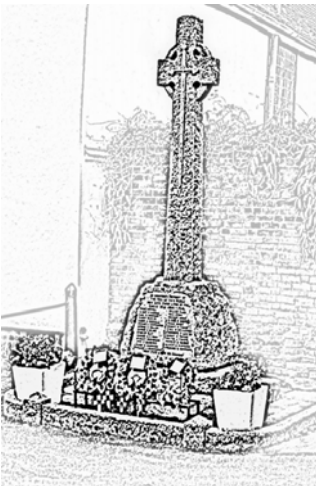


## 4<sup>th</sup> DECEMBER

## 2pm until 4pm



## VILLAGE HALL



### REMEMBRANCE DAY

Several young families were among the large congregation of service veterans and other villagers at the annual Remembrance Day service at St James's Church, Nayland. Royal British Legion standards borne by Kathy Hunt and Jim Turner were followed into the church by those of the Nayland Scouts, Cub Scouts and Leavenheath Brownies.

The service was conducted by priest-in-charge the Rev Kit Gray, assisted by Bill Martin of the ministry team. Mr Martin, who is Nayland legion chairman, read

the roll of honour and gave the exhortation. The lesson was read by legion vice-chairman and treasurer John Wilson-Smith.

During her address Miss Gray scattered poppy petals to remember the dead of each conflict from "the war to end all wars" to the present day. Although it was necessary to fight to stop evil taking over the world she urged people to ensure the dead had not died in vain by finding peaceful ways of relating to others.

After the service the congregation, led by the standard bearers,

walked in the November sunshine to the village war memorial where wreaths were laid by Olive Willingale for the legion women's section, David George for the men's branch, parish council chairman Gerry Battye and Ron Tickner, deputy chairman of Boxted Airfield Historical Group.

Preceding the Nayland service, Mr Martin assisted by Miss Gray conducted a wreath-laying ceremony at St Mary's Church, Wiston. Wreaths were laid at the war memorial by Pru Hardy and Ken Bailey alongside a collection of medals brought by the grandson of Harry Palfrey, a Wiston resident who lost his life in the Great War. Bugler Bill Slark of West Bergholt sounded Last Post and Reveille at the end of the both services. Legion president Commander Geoffrey Lindop was in the charge of the Nayland parade.

The total collection for the Poppy Appeal at Nayland and Wiston churches was £414. A collection for Nayland legion funds taken at the funeral of church elder and legion stalwart Ron Padget on Friday totalled £312.

**ARMISTICE DAY:** A crowd of villagers including several young people gathered at the Nayland war memorial on Thursday to observe the two minutes silence at 11am for Armistice Day. Bill Martin gave the exhortation and the Rev Kit Gray said prayers.

## Community Council

## COMMUNITY COUNCIL REPORT

Chairman: Andrew Gowen 2 6 2 5 3 4

### BONFIRE NIGHT

Yet another enjoyable bonfire party with plenty of support from all ages. Our thanks go out to all that helped and particularly Fred Bugg and his family who year after year build us a bonfire and set it alight. One feels that the bonfire evening is an important community building event and good for the village. It also avoids the need for families to purchase their own fireworks and set them off in their gardens. Fireworks seem to be getting more expensive every year and this year we upped the budget by £100 to ensure we put on a decent display.

### CHRISTMAS BAZAAR

Please note that the Christmas bazaar is on **Saturday 4 December from 2 – 4pm**. We are little concerned that some Societies have not yet returned their Christmas Bazaar forms. Please let Tricia Hall on 262639 or Mark Stephens-Row on 262661 know as soon as possible if you want to participate. It is also open to anyone in the village who wants to set up a stall. Again it is a fun event particularly for the young members of the village who can do their Christmas shopping.

### VILLAGE CHRISTMAS TREE

We shall be putting up the Village Christmas Tree and its lights from 9am on **Saturday 11 December**.

### COMMUNITY COUNCIL MEETING

The next meeting of the Community Council is at 8pm on **Tuesday 14 December** in the Church Hall. We plan to have some small eats and drinks and a little bit of a party to celebrate the end of a very successful year. We would welcome the odd mince pie/snack and bottle to help the party get going.

**BONFIRE & FIREWORKS NIGHT:** Once again the annual firework's display attracted a record crowd who thoroughly enjoyed the occasion. It is one of those events in village life which does not diminish and continues to make a profit for CC funds. It would not be possible however to stage the show if it was not for the efforts of many people, from preparing the bonfire the food and letting off the fireworks. Our thanks go especially to Andrew Gowen and Ian Wright who ensure that everyone has an enjoyable and safe evening.

*Ken Willingale*

## RECORD JAMBOREE

The annual JAMboree organised by the Friends of St James' Church was held at Mill Barn, Mill Street on 16th October.



"This was a staggering sale of well over 400 jars of Jam, Marmalade, Chutney and Jelly, raising a total of £820.95 for the Friends of St. James': - Yet another Record!

Once again, the Friends want to thank Bethan and John Jervois for their untiring efforts and to those who were kind enough to help with the setting up and selling of the jams."

*Alan Edwards*



## TEARCRAFT AND TRADCRAFT

**Coffee Morning & Sale of Fairly Traded Goods - 16th October**

I'd like to say a big thank you to all who purchased, helped, or supported in any way. Altogether, £1,172 was taken in orders, direct sales and donations!

If you are interested in the type of goods we displayed as well as Tearcraft & Tradecraft items, some slightly different things are regularly on sale at TRAIDERS FAIR WORLD SHOP in Colchester. The shop now directly faces the Castle, having moved from Portal Precinct (Sir Isaac's Walk) to the end of Museum Street.

*Rita Dibble*

## MENCAP COFFEE MORNING

Many thanks to everyone who supported this event held in the Church Hall on Wednesday 13th October.

The result was as follows:

Charity Cards, Calendars, Gifts, etc £408

Raffle, Donations, etc £127

The interest shown in this charity is greatly appreciated.

Thank you all

*Joyce Fullbrook*

*The Village Players present*

# *The Three Musketeers - Le Panteau !*

*by Richard Lloyd*

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## **Nayland Primary School**

Headteacher: Miss R N Delaney  
Telephone/Fax: 01206 262348



EARLY years pupils at Nayland Primary School are starting their education in two brand-new classrooms following the completion of a £383,000 unit for nursery and reception children. The school now has large and well-equipped rooms for all six classes from the nursery to year four.

Popular children's author and village resident Mick Inkpen - the creator of canine favourite Kipper - cut a blue ribbon to declare the revamped building officially open on Friday. Pupils sang the new upbeat school song, Welcome to Nayland School, and a large iced celebration cake was provided by the Anchor Inn.

Like the rest of the school, the bright and colourful new rooms have state-of-the-art ICT resources with interactive white boards, PCs and internet access. Formerly housed in a

temporary building outside, the library has been moved into the old nursery, now housed in the new wing. The purpose-built unit also opens onto a safe and secure outdoor classroom, close to a wood and environmental studies area.

Built in the 50s, Nayland School has undergone various changes and improvements over the years. It now has more than 100 pupils and by next summer there will be nearly 30 reception children.

"It's fantastic to have a facility of this calibre to match the staff," said headteacher Raegan Delaney. "Children are very important and deserve the best of everything. It's lovely to open up a new part of the school where everything is new, bright and shining. Everyone here is dedicated to learning for all in a safe and happy environment."

More than 200 parents, ex-pupils, prospective parents and guests from other schools called in to inspect the new facilities on Friday and Saturday.



# Nayland Youth Club

meets every **Tuesday**  
at the **Village Hall** from **19.00 to 21.00**

**14<sup>th</sup> December**



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## **British Olympic Swimmer Karen Pickering MBE, Sets Herself Ambitious Challenge At Stoke By Nayland Golf Club**



*Karen Pickering with Kevin Lovelock on the practice putting green for her first lesson*

Suffolk-based swimmer, Karen, has decided to take up a completely new sport as a total beginner, and, true to her competitive nature, has set herself the ambitious goal of participating in the Stoke by Nayland Club PGA Europro Tour Pro Am event only seven months after taking her first lesson.

Kevin Lovelock, the excellent Stoke by Nayland Golf Club Professional, gave Karen her first lesson this month, which was televised on Anglia TV News. He will continue to give her regular weekly lessons at the Club's covered Driving Range between now and the Pro Am in June.

Karen hopes to be an inspiration to other beginners, particularly ladies, and show them that it is never too late to try something completely different, even if you have excelled at world championship levels at another sport. Karen, can't wait to try her hand at something totally new. She said, "Golf will be a very different discipline from swimming for me and will only help to widen my general sporting experience and perhaps help my concentration generally. My aim is to compete in the

Europro tour Pro Am here at Stoke by Nayland on Sunday 26<sup>th</sup> June 2005, along with some of my fellow Olympic swimming team members who have already expressed an interest in participating with me, so watch this space!"

The PGA Europro Tour Pro Am is a very popular annual event in June at Stoke by Nayland Golf Club, which any individual or team of three can enter (with handicaps of 24 or less) and which includes various celebrity players. The 4<sup>th</sup> member of each Pro Am team is one of the International Professionals who carries on to compete in the actual 3 day Europro Tour championship the same week at Stoke by Nayland, and this is televised on Sky Sport and worldwide. So Karen will be in good company if she makes the grade!

For more information about the Stoke by Nayland Club PGA Europro Tour Pro Am, or to enter a team, (spaces are limited) please contact:

Tamara Unwin on 01206 262836 or mail [tamara.unwin@stokebynayland.com](mailto:tamara.unwin@stokebynayland.com)

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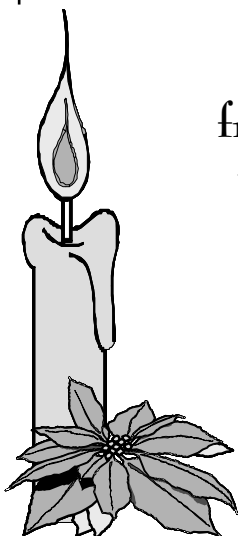
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A very pleasant  
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and every good  
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## The Village Lunch

**Wednesday 26th January 2005**

at the Village Hall

11.45 am for 12 noon, Lunch 1pm

**Natural History Lecture** (illustrated with colour  
slides)

By **Ian C. Rose**

New Zealand  
Land of the Long White Cloud

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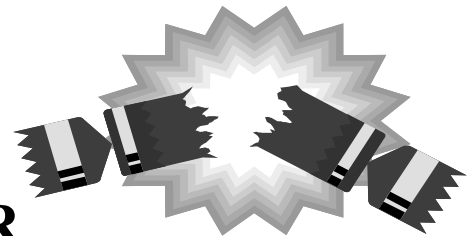
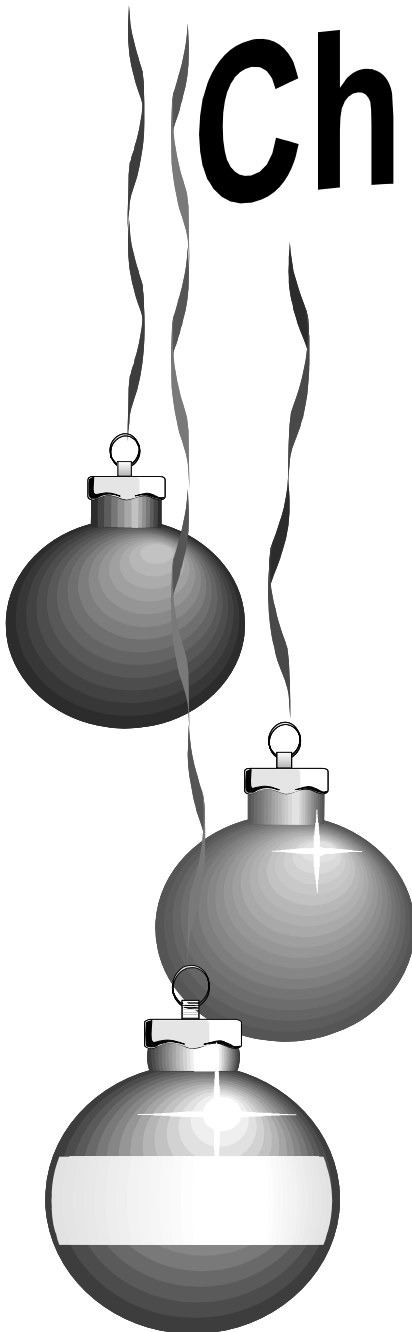
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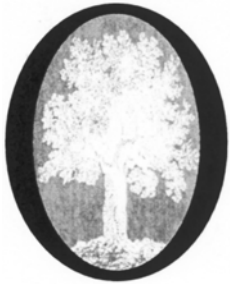
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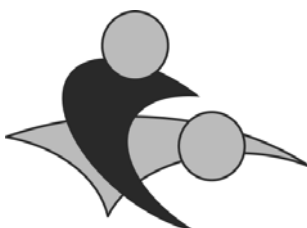
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# Society News



## ROYAL BRITISH LEGION

Secretary: Andrew Gowen 262534

Ron Padget has been a stalwart member of our branch for many years. I took over as Secretary from him in October 1993 and he had just completed 37 years as branch secretary – that is some service. His death on 31 October is a great loss to the Branch and he will be sadly missed. Our thoughts go out to his family left behind.

At our Annual General Meeting on 1 November 2004, Geoffrey Lindop was elected as President; Bill Martin re-elected as Chairman; Andrew Gowen as Secretary; John Wilson-Smith as Treasurer; James Carver as Poppy Appeal organiser and Nick Hardinge as Service Committee Secretary. David George will continue as Chairman of the Service Committee.

We had to cancel or postpone the trips to Bletchley Park and the Artillery Museum at Woolwich through lack of support. It is very difficult to find enough to fill a bus and in future the branch would like to join up with other Village Society outings. So please let us know when you need to fill up spare seats.

We congratulate Kathy Hunt on coming second in the County Standard Bearer's competition for Women's Sections and are very proud of her appointment as deputy standard bearer for Suffolk.

At our meeting we failed to make arrangements for the RBL table at the Christmas Bazaar on 4 December so I am appealing to members for support in the form of prizes for the Tombola; books for a book stall and vegetables and plants for our produce stall. We also need help on the day. Contributions should be left at Parkers and contact John Wilson Smith, Bill Martin or myself if you can help on the day.

Our next event is a joint Christmas party with the Women's Section in the Church Hall on 6 December at 8pm and the men are the hosts and are providing the entertainment. So please could members provide contributions of tasty snacks, wine and beer and bring their wives and girl friends. See you all then.

THE ROYAL BRITISH  
**LEGION**

## POPPY APPEAL

Poppy Appeal Organiser: James Carver 262970

The total amount raised by this years Poppy Appeal was £1,962.

I would like to thank everyone for their support and in particular all those collectors who worked so hard. I would also like to thank businesses and shops who had static collecting boxes.



## ROYAL BRITISH LEGION Women's Section

Secretary: Kath Hunt 262014

At our AGM all officers were returned and good reports given by our President and Secretary. Many members including our Chairman and Treasurer were absent due to illness, and we wish them a speedy recovery.

Mrs Olive Morten gave us a very interesting account of her and her husband's attendance at the rehearsal for the Remembrance Day "Songs of Praise" at Ely Cathedral.

The Poppy Appeal coffee morning made £170. We will have a stall at the **Christmas Bazaar on 4th December**, and on 6th December look forward to the **Joint Christmas Party** with the Mens' Branch in the Church Hall.

We wish all members a **Very Happy Christmas**.

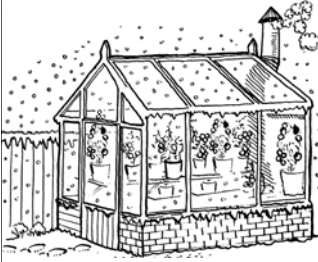


## OVER 60'S CLUB

Mrs Eva Rolfe 263151

During November members and friends enjoyed a coach outing to Wyevalle Nursery in Woodbridge followed by afternoon tea in their restaurant.

We are holding our **Christmas Party** for our members and friends on **9th December** at 3pm in the Church Hall.



## HORTICULTURAL SOCIETY

Mrs Joan Moore 262721

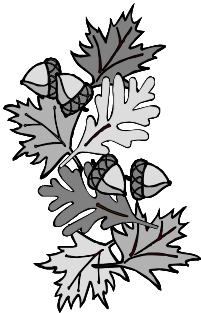
### *Is spring getting earlier?*

The joint meeting of the Horticultural Society, Conservation Society and Suffolk Wildlife Trust, hosted by Hortsoc and held on Tuesday 9<sup>th</sup> November was privileged to hear Dr Tim Sparks, Principal Scientific Officer at the Centre for Hydrology and Ecology speak on climate change and global warming. He demonstrated, through his excellent slides based on phenological records, convincing evidence that global warming is definitely with us, and spring is undoubtedly getting earlier. Of particular interest were records made by amateur phenologists (who probably didn't know the existence of the word) from earlier times. Many of their records were in the form of journals and diaries, although some were simply chalked on barn walls and shed doors.

To show their appreciation, the three societies agreed to send the £50 profit made from donations and sale of raffle tickets at the meeting to the Woodland Trust, who through the UK Phenology Network, collate and evaluate historical records as well as those currently submitted by some 15,000 volunteers across the United Kingdom.

### *Gardeners Question Time*

Hortsoc has bought CDs recording the programme made on 29<sup>th</sup> June in the Village Hall. If anyone would like to borrow then, please contact Joan Moore on 01206 262721.



## HARPERS HILL COUNTRY WILDLIFE SITE

Mrs Joan Moore 262721

The site is now resplendent with trees in their autumn colours of bronze, yellow and gold, accentuated by vivid splashes of crimson and red hips and haws.

Leaves change colour in the autumn when production of chlorophyll, which gives leaves their green colour, slows down and eventually stops. It is important in the production of the sugars and starches that feed leaves. Green chlorophyll masks the yellow pigment carotene. In the absence of chlorophyll the leaves show yellow.

Leaves are redder in dry and bright sunny weather because the remaining chlorophyll can still produce sugars which are concentrated in the leaves. These sugars are eventually converted to anthocyanin, a reddish-purple pigment. Where carotene and anthocyanin are both present, the leaf colour is orange. Birch, horse chestnut and sycamore leaves are usually yellow, while maple and beech are generally red.

The grass has had its autumn cut and raking, and is now ready for its winter rest. A number of birds, particularly robin, wren, and blue, long-tailed and great tits have been observed, together with collared doves and, sadly, magpies.



## NAYLAND WITH WISSINGTON CONSERVATION SOCIETY

Hon. Secretary: Andora Carver 262970 Chairman: Mr J Alexander 262676

Following the very successful Open Meeting in October when John Blatchly revealed many fascinating facts about 15th and 16th century flint flushwork on Norfolk and Suffolk churches, we had an excellent joint meeting with the Hortsoc and Suffolk Wildlife Trust. The conclusion was that spring certainly is getting earlier.

We have some interesting speakers lined up for 2006 and our next meeting will be the **AGM on Tuesday March 8th**.

We are delighted to be able to report that planning permission has finally been given for the creation of a pond and reedbed in the Nayland Meadow, and Defra has approved our Conservation Plan which also involves fencing a small area of planting in the corner of the field beside the A134. The pond will be jointly funded by Defra and the Environment Agency with a small balance for the Society to find. The Suffolk Environmental Trust has also approved our grant application towards fencing costs.

Unfortunately because the plans took longer than expected to be prepared and approved the Environment Agency do not now plan to start work until the spring when the land has dried out. (Unless there is a cold dry spell in the winter.) This means that the fencing, installation of gates, seeding, etc will have to be done next year instead of this autumn. This is disappointing for all concerned, but at least the plans are now confirmed. In the meantime the stubble and re-growth of grass will be a good habitat for numerous species of birds and small animals.



## VILLAGE PLAYERS

Chairman: Lindsay Nieuwenhuis 271261 Secretary: Jim Bond 01787 211264

We are of course busy rehearsing for our pantomime, **The Three Musketeers**, which promises to be great fun for both cast and audiences alike. A reminder that the run is from **8th to 11th December**, with a Saturday matinee as usual. Please note that the doors open at 7pm for 7.30pm and 1.30pm for 2pm for the matinee. Tickets are available from Nayland Post Office (afternoons only).

Most of our efforts are concentrated on the panto at the moment, but we are planning ahead and our **Spring Production** will be **Happy Families**, by John Godber, directed by Mike Poole. This is a very funny, though also touching and even sad autobiographical tale set in the North of England in the sixties. We are holding open auditions on **Thursday 16th December at 8pm** and **Sunday 19th December at 3pm**, both at the village hall. Please come along if you are interested; we are quite a friendly bunch and new faces are always welcome. If you would like more information please contact Lindsay Nieuwenhuis on Colchester 271261.

We would also like to remind all members and friends that the last night of the panto after show party will also be our Christmas party, with music, dancing and festive food. Please contact Christine Hawley on Colchester 262563 if you can contribute to the feast.



## NAYLAND ART GROUP

Daphne Berry 262641

Catching up on our news over the last few months, on 24th July several of us joined the Sudbury Art Club and went up to the Design Centre at Islington to the Artist and Illustrators Annual Show. This is becoming an annual event, and we came back inspired by the work we had seen, artist's we had met. And carrying bargains from paper to pens to paints!

We closed for the summer break on 30th June with a visiting tutor, Keith Whitelock when we painted in the garden of Andrew and Sue Gowen.

We re-opened on the 18th September and held our Annual Exhibition in the Church Hall on 11th September and despite extra advertising it was poorly attended and we made a loss on the day. Those who did attend seemed quite impressed with the talent on show, and we did encourage five new members to join us this year.

On 3rd November our visitor Bill Whitsett from Layham, a very distinguished painter, who showed us ways to paint skies and seascapes. Thanks Bill! We hope to have two more visiting artists this term.



## NAYLAND WITH WISSINGTON W.I.

Secretary: Pauline Dossor 262261

Our speaker for October was Dr Rob Dryden, who lives in the village. He spoke about Mountain Landscapes of Europe. He showed us wonderful slides of Views and plants etc. One minute we were in Europe and the next we were in Scotland half way up a mountain!

Also in October, we had the Group Meeting in Bures, which was well attended. There was an Exhibition of Wedding memorabilia, that some of us contributed to. The speaker talked about the History of Underwear which was all too funny for words!

We had our Annual Meeting this Month, and Jeannette Finch retired as President, and handed over to Shirley Scarlett. Pauline Dossor has taken over as Secretary from Sue Gowen. There were several changes on the Committee, and farewells also to Sandra Norfolk, Sheila Sessions and Barbara Griggs. Three new members were welcomed onto the Committee - Pam Baker, Terry Bannister and Olive Martin.

In December we have our Christmas Party and the Group Carol Service at Polstead Church. This is followed by Christmas Dinner at the White Hart, Nayland in January.

2004 has been another very busy and enjoyable year. We love meeting new people so do come and join us - look at the notice board in the centre of the village - all are very welcome.



## NAYLAND PLAYGROUP

Mrs Tricia Hall Tel: 262639

We started the first half of this term with a celebration of Tricia Hall's twenty five years at Playgroup. It is largely due to her efforts that we have such a welcoming Playgroup in Nayland - somewhere where we can be sure that our children will be happy and secure. A huge thank you to Tricia for everything she does for Playgroup.

Thanks to the generosity of the school, now that their extension is complete, Playgroup children have more space to play. This additional room will no doubt come into it's own during the cold and wet Winter months. This term children have been working on patterns and numbers and learning about frogs. They have created some fantastic bonfire artwork. Soon we will be turning our attention to Christmas. We hope that Santa will be paying us a visit when we have our Party on 15<sup>th</sup> December.

There are some places available at Playgroup in January. For more information please contact Tricia Hall, 01206-262639. Playgroup runs 9.15 - noon Monday to Thursday.



## 1<sup>st</sup> NAYLAND CUBS AND SCOUTS

Secretary: Claire Prescott 263344

On Sunday 14th November, Nayland Scouts and Cubs attended the Remembrance Day service at Nayland Church. Malcolm Macbeth, our leader, Toby Shackelton and Rob Smith, the helpers, were accompanied by two Scouts: Peter Fogarty and me, as well as Cubs Matthew Stephens-Row and Cameron Sharp. Matthew carried the flag for the Cubs and I carried the Scout flag. We presented them to the vicar and participated in the service, which included wreath-laying and the two minutes silence.

*Theo Boardman-Pretty*

## The Queen Who Kept Changing Her Mind

Pantomime starring

### The 1st Leavenheath Brownies

At Assington Village Hall

**Saturday 11th December**

At 7pm - Tickets £1.00

Lots of fun, brilliant raffle, tea, coffee and cakes!

For tickets please ring 01787 211554

We look forward to seeing you there

## 1ST LEAVENHEATH BROWNIES

Tawny Owl: Margaret Clayden 01206 263050

Snowy Owl: Julie Mansfield 01787 211554

Our brownies this term have been working very hard on our Christmas Pantomime. It should be a very enjoyable evening.

Also this term we have had a bit of time out for some fun, we have been to the Kingfisher Swimming Pool in Sudbury and also the Superbowl in Colchester, with certificates being awarded to the brownies with the highest and lowest scores!

When we start back after the Christmas Holidays we will be meeting at Nayland Primary School from 5.30pm to 7pm. This move has been brought about largely because of finances and we are very grateful to Ms Delaney, the headmistress, for her wonderful support and backing.

Our pack is still quite small, so we have several spaces for any girls aged between 7 and 10 years. Why not come along and join us one evening and see if you enjoy it, we do have lots of fun! If you would like further information about us, or would like tickets for the panto, please ring either Margaret Clayden 01206 263050 or Julie Mansfield 01787 211554.

*A Very Merry Christmas & Happy New Year*

## STOUR BORDER Country Music Club Nayland Village Hall

For two years now a Country Music dance has been held about once a month in the village hall on (usually), the last Sunday of the month.

You don't have to do Line Dancing!

Why not give us a look.

Admission is £4.00 and doors open at 7pm

**We have booked acts for all of 2005 including:**

### 23/1 Country Company

Popular Husband & Wife Duo from Wales

### 20/2 John Douglas

One of the leading performers on the circuit

### 20/3 Kevin Barry

New to us - has to be good!!

(Please note: this is a non-smoking venue)

**7.30 – 10.30**

**BAR - REFRESHMENTS - RAFFLE - ADMISSION**



## BUDGET RESTRICTIONS ON YOUTH CLUB FOR UNDER 13's

In an e-mail response (to my questions) received on 25 October, Bryony Rudkin, Leader of Suffolk County Council has pointed out that whilst a high number of Nayland youth club members are under 13, the youth service target age range is 13-19 years.

"This is one of a range of examples where we have historically supported small rural youth groups but, with the need to focus our budgets on the 13-19 age range and those young people most in need, it is becoming increasingly difficult to continue the level of support previously associated with these groups on a long term basis."

If this is the case, and there is a need for a younger-based group, as local experience shows, it is unlikely to be funded by the county council. Even if we succeed in recruiting more new members if they are under 13 they will (presumably) not count towards the magical figure of 20, which is the figure that has been given as that required for county funding.

Furthermore, investigations have shown that Nayland is not the only youth club to be threatened with loss of county funding. In these other cases numbers do not appear to be an issue, as some are as high as 30. Some well supported youth clubs have already had to go 'independent' in order to survive. Unsurprisingly Suffolk CC are keen to support this move in the current financial climate. Make of this what you will. Write angry letters to your local MP and council representatives.

Nayland Youth Club will not close, and whilst there is a need, will continue, with or without Suffolk County Council.

And, we hope, with your help.

**Annette White**

*A full copy of Bryony Rudkin's email is available to anyone interested*



## A KNIGHT TO REMEMBER by Pat Bray

LEGENDARY film and stage actor Sir Ian McKellen left the bright lights of Hollywood and the West End behind to host a commemorative concert in Nayland on November 6th.

Following the death of his sister Jean Jones a year ago, he was unable to attend her funeral because *Return of the King*, the third in the Lord of the Rings trilogy was having its world premiere in New Zealand. But visiting her Fen Street home in March, he attended a Village Players production at Nayland village hall and suggested organising a concert there to celebrate her work and interests in the area.

Former Players' chairman Bryan Smith liaised with people eager to take part and the result was a sparkling evening of entertainment which raised more than £1,000 for village hall funds.

*An Evening to Remember*, before an invited audience of family and friends, reflected all Jean's interests and the various groups with which she was associated. For those involved it was a unique opportunity to appear on the same bill as the theatrical knight and performers agreed it was a privilege to share the stage with him.

But Sir Ian's public image as an international megastar was soon forgotten as he looked back on his role as the younger brother, recalling their childhood in Wigan, Lancashire, where they were brought up. Introducing each item with a humorous anecdote, he explained how Jean's interest in gardening, music and drama had begun and continued throughout her life. He said Jean's love of music had come mainly from their father, a "considerable" pianist, and as a girl she had sung in church and school choirs.

Concert guests were greeted by a trio playing baroque music and a flower arranging demonstration by a Nayland friend, Joy Jones. The programme included a garden miscellany read by Beryl Levett and contributions from the reunited female choir Tapestry, Nayland Choir and Colchester's Lion Walk Church choir, directed by Ian Ray.

Sir Ian recalled his first introduction to Shakespeare was seeing Jean play Bottom in *A Midsummer Night's Dream*, her first theatrical success at Wigan High School. Pupils from St Mary's School, Colchester, where Jean taught English for 20 years and was deputy principal, performed the same scenes from the play.



*Sir Ian chatting with guests after the concert....*

### Sir Ian McKellen admits, "I'm a bit nervous".

THE 10th anniversary of the National Lottery was a most appropriate date to hold a memorial concert for his sister in Nayland village hall, Sir Ian McKellen told the Free Press before the concert.

As chairman of the hall's management committee for five years, Jean Jones led the ambitious project to refurbish and extend the building.

Sir Ian recalled Jean had worked tirelessly to raise money for the project which eventually won lottery funding and opened on New Year's Eve 1999 in time for the Millennium celebrations.

Sitting in on last-minute rehearsals, he said the evening, with its invited audience of family and friends, would be a party and very relaxed with no formality.

"I'm a little bit nervous of appearing in front of my great-nephews and nieces though because they don't see me acting very often.

"The only relative unable to be here is our stepmother Gladys, who is 98 and couldn't make the journey from Cumbria.

"I'm very grateful to the village for the way people responded to my idea of having a celebration for Jean in the hall and raising money at the same time. I always love coming here and, in a sense, this hall is a memorial to her."

Just back from filming in Vancouver, Canada, Sir Ian began rehearsals in November for his pantomime debut as a dame playing Widow Twankey in *Aladdin* at the Old Vic.

*Copy courtesy of the Suffolk Free Press*

Photo courtesy of the Suffolk Free Press



*One for the Album... the Village Players with (from front left) David Knight, Foster Jones and Sir Ian McKellen*

Members of the Headgate Theatre, Colchester, another of her interests, staged an Alan Ayckbourn playlet and the Village Players presented an excerpt from *Jane Eyre*, which Jean was scheduled to direct this year. The piece was directed by Bryan Smith, who was thanked by Sir Ian for putting the concert together.

Individual contributions came from two of her favourite amateur actors, David Knight and Chrissie Cropper, who was joined by Jean's husband Foster, making his village hall stage debut. The finale, billed as a contribution by Ian McKellen, had the audience spellbound as he switched effortlessly into Shakespearean character, declaiming speeches by Richard II and Sir Thomas More. He recalled Jean had not liked everything he did in the theatre, but "when she did like something she'd tell me and it was extra special to know." Relaxing after the show, he chatted to guests and said he had thoroughly enjoyed his Nayland debut.

He added, "They were a lovely audience. It feels like a party and sadly the only person missing is Jean - I know she would have approved."





Pupils from St Mary's School performing scenes from A Midsummer Night's Dream

## REMEMBERING JEAN IN HER VILLAGE HALL

Pat Bray's article encapsulates perfectly 'An Evening to Remember' on 6<sup>th</sup> November, presided over so wonderfully by Sir Ian McKellen, celebrating the life of his sister, Jean Jones.

Those of us lucky enough to have taken part in the programme, and these photos give a flavour of the rich selection of entertainment enjoyed by the audience, were poignantly aware of how much Jean would have loved it! Apparently, her instruction to actors she directed was: 'Entertain me!', and on November 6<sup>th</sup>, they certainly would have!

It's not often you get the opportunity to perform alongside other groups and societies, and there was a real sense of warmth and camaraderie in the Village Hall. Nevertheless, we all had to pinch ourselves more than once to make sure we were really sharing the same stage as one of our biggest stars of stage and screen!

*Deborah Hodges*



*Sir Ian had the audience spellbound*



The Village Players presenting an excerpt from Jane Eyre

*Photographs  
courtesy of  
Leigh Zebba*



*Members of Nayland Choir contributing to the evening*



## Garden Notes

by The Old Muckspreader

The As the OM/S puts pen to paper, and tries desperately to battle against what he gathers is known in the trade as writer's block, the first flakes of snow are descending, and the first flowers of the yellow Winter Jasmine are appearing; Winter is here.

Until now the mild weather has persisted and even a few annuals are still in flower. Here a plant of Cosmos which surprisingly grew to a height and spread of nearly five feet, is still covered with its large white flowers. This and a visit to Sissinghurst has persuaded him that a separate area within a garden can be successfully restricted to flowers of a single colour.

Elsewhere it is now time to tidy up. There are two schools of thought on the subject of dead stems; the tidy brigade cuts everything down to ground level, while others leave them to provide protection for plants of doubtful hardiness, and winter quarters for beneficial insects. Leaves, however, should be collected, and if possible composted; otherwise they lie on top of plants causing them to rot.

If there is any open ground which needs to be cleared now is the time to dig it over roughly; winter frosts will break down the clods of earth, producing soil which by spring should only need raking over.

Here we carry on mowing whenever we can, but most gardeners have probably ceased operations for the year, and put their mowers away. A good clean and oiling of the blades will help lengthen their lives, and incidentally avoid the expense of an annual service.

Finally the OM/S wishes his readers a Happy Christmas and a successful Horticultural New Year. May all your plants flourish and pests curl up and die.



## NAYLAND SURGERY NEWSLETTER

DECEMBER 2004

### ANTE-NATAL CARE:

The approach to Christmas seems a good time to consider the provision of ante-natal care, which has seen a lot of changes in recent years, encapsulated in last year's guidelines issued by NICE (The National Institute for Clinical Excellence - [www.nice.org.uk](http://www.nice.org.uk)).

It is suggested that the number of routine ante-natal appointments for women with normal pregnancies should be reduced to ten, with only fortnightly rather than weekly visits being necessary in the last 4 weeks. Routine weight measurements, testing of urine for sugar and kick counts are no longer recommended, (but testing urine for protein and infection is still important). Routine vaginal examination is unnecessary and unhelpful. If your cervical smear test is due during the time you are pregnant it can be deferred until after your baby is born. Women who are Rhesus Negative are now offered preventative anti-D injections during pregnancy, and routine blood tests in early pregnancy include screening for Hepatitis B, HIV, Syphilis and Rubella immunity testing.

It is suggested that where possible women should be able to choose to have midwife rather than doctor led ante-natal care, which we welcome, although at present we have a problem with availability of midwives in Suffolk to do this work at our surgery. We suggest that as soon as you know you are pregnant you should make a ten minute appointment with your usual doctor to discuss the management of your ante-natal care and any questions or anxieties you may have. At this appointment we will make arrangements for you to have a "dating" ultra-sound scan at about 10 weeks from the date of your last period. And we will ask you to make a subsequent thirty minute "first ante-natal appointment" with either your doctor or the midwife when we can take a detailed history and make appropriate plans for your ante-natal care.

Finally, two important things:

- Maternal smoking increases the risk of low birth weight and prematurity and for your baby's and your own sake, if you do, you should stop now.
- And taking vitamin supplements containing 400micrograms of Folic Acid for the first twelve weeks of pregnancy reduces the risk of spina bifida. Ask your pharmacist. You should start BEFORE conception, preferably from the time of stopping contraception, and continue for the first twelve weeks of the pregnancy.

David Bateman

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### WORDSEARCH

AUCUBA	IVY
CHOISYA	MAHONIA
DOGWOOD	MISTLETOE
ERICA	OPHIOPOGON
EUONYMUS	PHORMIUM
GARRYA	PITTOSPORUM
GRISELINIA	POINSETTIA
HOLLY	SKIMMIA

The words may be horizontal, vertical, or diagonal and forward or backwards

Solution on page 38

## DARING BURGLARY AT NAYLAND

In the Christmas 1976 edition of the *Nayland Record*, the late Blair Lees, Parish Recorder at that time, wrote about a visit he had received from a descendant of Jeremiah Stannard, a miller in Nayland in the nineteenth century. In return for information about his family, the visitor gave Blair Lees a copy of a press cutting from 1874 about an attempted burglary at the mill in Nayland. Now, 130 years later, an exciting discovery relating to the burglary has surfaced, amazingly in Italy, but, first, a reminder about the burglary.

The event occurred on 15<sup>th</sup> February 1874. Under the heading "Daring burglary at Nayland" the press cutting begins: "The inhabitants of the quiet little village of Nayland were thrown into a great state of alarm and excitement last Sunday morning on its becoming known that a burglary, which for daring was never equalled in this neighbourhood, had been committed on the premises of Mr. Jeremiah Stannard, miller, and situated in the very centre and most frequented part of the place". Further down we read that "it is customary on Saturday nights to discontinue the working of the mill at 11 or 12 o'clock and this was done on Saturday night, the place being locked up and left, apparently safe, shortly after midnight."

The raid itself took place at two o'clock on the Sunday morning. The mill foreman heard noises coming from the office, became suspicious and roused Mr. Stannard and his two sons, Edward and Henry. With three bludgeons and a revolver between them the four men tackled the intruders and captured one of them, who was later handcuffed and removed to Sudbury Police Station. The others got away, but the brave actions of the miller and his comrades aroused the public spirit.

A later press cutting describes how Mr. Stannard's friends, neighbours and well-wishers, all 399 of them, subscribed towards a Testimonial which was presented to him at a Public Luncheon on Tuesday, 10<sup>th</sup> April 1877 at the Cups Hotel, Colchester, with Sir Charles Du Cann, M.C.M.G., in the chair.

In October this year a letter was sent to the Conservation Society from a gentleman in Bristol who was trying to find out about a burglary in Nayland in 1874. It seems a friend of his in Italy had purchased a small rimfire revolver last year in a local auction. On one side of the gun was beautifully engraved:

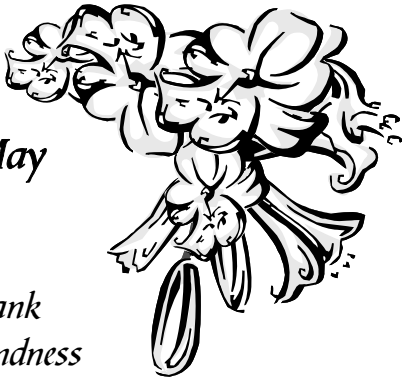
*"CAPTURED IN A DESPERATE BURGLARY  
AT J. STANNARD'S NAYLAND FEB. 15<sup>TH</sup> 1874"*



At first the purchaser thought this involved a story from the USA frontier but was surprised that the only place he could find called Nayland was a lovely little village in England in the middle of Constable Country! After further research his friend in Bristol contacted the Society to find out if anyone could provide any information about the incident. We were pleased to be able to give him copies of the press cuttings and the extract from the *Nayland Record*. But, will we ever be able to find out how, why or when the gun went to Italy?

**Wendy Sparrow**

*Thank you from  
Hazel, Robert,  
Brian & Drina May  
& Family*



*We would like to thank  
everyone for their kindness  
and support shown on our  
sad loss of Bernard (Bunny) May.*

*Many thanks for the cards, letters, telephone  
calls of sympathy received and the beautiful  
flowers. Thanks also to all who attended  
the service at Nayland Church.*

*Hazel May*

### THE HIGH STREET TROUGH

Please note typing error in October's article. It should have stated the year as **1900** when Professor G.D. **Liveing** gave Nayland the gift of a water supply. *Apologies Ed.*

In 1900 the Parish Council minute book recorded that Professor G.D. Liveing of Cambridge, who owned land to the north of the village, had provided Nayland with the generous gift of a water supply: "to provide a supply of wholesome water for the benefit of the inhabitants of Nayland".

### "Good Samaritans"

*On leaving the Nayland surgery early on Friday 22<sup>nd</sup>  
September, I fell rather heavily to the ground.  
My left foot had caught in part of the rather  
uneven pavement. Three people rushed up, a man  
from his car and two young people waiting at the  
bus stop. They hauled me up and put me to rights.  
I would like to say a very sincere thank you to these  
kind and unknown Samaritans. Bless them.*

*Geoffrey Bolton,  
St Peter's Cottage, Boxted*



## The Country Harvest

NAYLAND WITH WISSINGTON COMMUNITY TIMES

Kisses under the mistletoe, welcoming festive wreaths of holly and ivy on our doors and tinsel topped Christmas trees - these are just some of the associations we make with plants at Christmas.

The practice of decorating our homes with evergreens at Christmas can be traced back to the Roman festival of Saturnalia, the Feast of the Birth of the Unconquered Sun and the Norseman's celebration of the Feast of the Winter Solstice (Yuletide). Bringing greenery into the house was supposed to make a retreat for the wood gods and goddesses from the seasonal storms and cold of winter - a pagan belief that accounts for the fact that at one time evergreens were discouraged in Christian households.

One of the most attractive ways of displaying greenery in the house at Christmas is to make up a garland and embellish it with fruit, flowers and decorative ribbons.

### GARLAND OF EVERGREENS

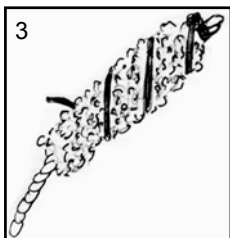
A garland of evergreens, whether it is composed of blue pine, holly, ivy or any other evergreen species, has the power to transform a room, a fireplace, a hallway and banisters, or an arch and make it a decorative focal point at Christmastime.

There are two schools of thought on making a garland - the more traditional method outlined below, and the more modern method where the greenery is wired directly onto the rope.

**Florist's Tips:** Create a loop at one end of the rope and fix it to a door handle - this secures the garland while you work away from the fixing • Have plenty of greenery and fasten it on thickly - you need more than you think • If the garland is to be displayed in a warm dry environment select greenery that is least likely to wither • Young ivy shoots wither more readily than older woody stems • If using the sphagnum moss method this can keep more moisture around the greenery • Holly is prickly and difficult to work with - it may be wise to incorporate it with its berries as a decorative element.

#### To make a traditional garland you will need:

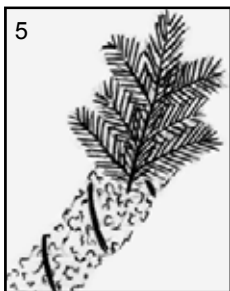
Length of thick cord or rope      Sphagnum moss  
Green twine and florist wire      Scissors and secateurs  
Evergreens, ie: pine, blue pine, holly, ivy, spruce, cupressus, eucalyptus, bay, yew, or any others that are available.



1 Measure the area where the garland is to hang, allowing for any curves and drapes, and cut the rope to the required length.

2 Tie the twine to one end of the rope.

3 Wrap some moss around the rope and bind it in place with the twine. Continue until the length of rope is concealed beneath the moss.



4 Cut some evergreen material into short lengths, wire together as a small bunch.

5 Place the first bunch over the moss-covered rope and wire it in place on the garland.

6 Wire on more bunches, each one covering the stem of the one before.

7 When the length of garland is completed the decorative and aromatic items may be added.

The following suppliers are just a stone's throw from each other and are well worth a visit:

**Byfords Wholesale Florists**, Flyover Nurseries, Coggeshall Road, Marks Tey (just off the Station roundabout behind the Pine Shop) - fresh cut flowers, silk & dried flowers, pot plants, sundries: baskets, ribbons, spray paint, wrapping, oasis, vases, & much more. Look upstairs! Being a wholesaler they are much cheaper, but remember VAT is added at the till.

Take the Aldham road from Marks Tey and you'll come to:

**Mill Race Nursery**, New Road, Aldham - plant and garden centre, silk & dried flowers, gifts, Christmas decorations and they have a relaxing coffee shop with home-made fayre.

### DECORATING THE GARLAND

**Florist's Tips:** Add decorative items in bunches/clusters for a more dramatic and professional effect.

#### Items you may need to decorate the garland:

Florist wire and cutters, florist scissors, spray paint, glue gun and glue sticks.

#### Materials to decorate and add aroma to a garland or wreath:

- **Pine Cones**, many varieties - can be included in their natural state, or sprayed gold or your preferred colour, or even prepared as scented pine cones for extra aroma. Florist wire can be used to secure them to the garland.
- **Oranges, tangerines, kumquats** - whole, dried slices, etc can be wired onto the garland in clusters. They can also be prepared as scented pomanders for extra aroma.
- **Cinnamon Sticks** - can be tied together in bunches using ribbon, braid, or raffia and wired onto the garland.
- **Seedheads**, such as: Lotus, Poppy, Chinese Lanterns, etc - (natural, or coloured with spray paint) can be wired onto the garland. A glue gun can be used to fix them onto florist wire.
- **Ears of Wheat or Barley** - (natural or sprayed) can be tied together in bunches using ribbon, braid, or raffia and wired onto the garland.
- **Nuts:** Brazil, Almond, Pecan, Hazelnut, Walnut, etc (natural or sprayed) A glue gun can be used to fix florist wire to the nuts for fastening onto the garland in clusters.
- **Hips & Haws** - Bunches of Hawthorn or Rose-hips can be wired onto the garland.
- **Ribbons & Bows** - can also be wired onto the garland.
- And anything else that you have available or takes your liking.

### SCENTED POMANDERS

6 unblemished thin-skinned oranges      Cling film  
Thick needle or thin skewer      Large glazed or glass bowl  
100g / 4oz quality cloves  
25g / 1oz ground orris root (*fixative: absorbing & holding the fragrance*)

*Optional for extra aroma - mix together with the orris root*

100g / 4oz ground cinnamon      50g / 2oz ground cloves  
15g / ½oz ground allspice      15g / ½oz ground nutmeg

- Decide on the location/pattern for the cloves on the orange.
- Pierce the orange with the needle/skewer, then insert each clove.
- When the cloves are inserted, place the oranges in the bowl and sprinkle over the ground orris root & optional spice mixture. Roll the oranges in the mixture to ensure even distribution.
- Cover the bowl tightly with cling film. Leave for up to 1 month, turning the oranges occasionally.

**SCENTED PINE CONES** - Pine cones readily absorb fragrant oils which will enhance their already attractive aroma.

20 drops of pine or cedar wood oil      Cling film  
Large glazed or glass bowl of pine cones

- Add the oil to the pine cones, turning the cone to ensure the oil is well dispersed.
- Cover the bowl tightly with cling film and leave for 1 week to allow the oil to penetrate the cones.

As always, if readers have any interesting recipes, ideas, or tips please send them in.





## Wildlife Corner

As the sun weakens and temperatures fall, plant growth slows and nature's food supplies begin to decline. This is a warning to our wildlife that winter is approaching.

Some birds migrate to warmer climes – most of these are insect eating species, such as the swallows, martins, warblers, fly catchers and cuckoo, which depend for their food on creatures that hibernate. The urge for them to migrate begins with chemical changes in their body, which are triggered by shorter day length. Preparation for migration begins long before departure time; they fatten up with fuel for their journey first, and then departure depends to some extent on favourable wind and weather. Of course, there are also birds, such as the fieldfares and redwings that visit us during the winter to escape harsher northern climes. Starling and jackdaw numbers are also swollen in winter by visitors from colder areas.

The animals and birds that stay will only survive the winter if they can beat the cold and find enough to eat. Many woodland mammals get through the winter by reducing their activity - some, such as, bats, dormice and hedgehogs go into full hibernation. Frogs, lizards and snakes bury themselves away from the effects of winter frost, and snails huddle together under stones. The majority of insects over-winter as eggs, larvae, pupae or hibernating adults. All of these dormant insects are vulnerable and supplement the diet of the animals and birds.

In our temperate climate many creatures can be seen out and about in even the coldest months. During late autumn and early winter the squirrels seem to be everywhere collecting the nuts and acorns, which they bury in the ground. Once winter sets in they will emerge for a few hours each day to feed on these hidden caches. Like the squirrels some woodland birds, such as, jays and tits also hide seeds and nuts and can be seen searching for them during winter – those they fail to find may germinate in spring, if they are not scavenged by voles or mice, or eaten by insect larvae.

Some woodland birds face a further challenge - they establish their territories in winter, in order to be ready for courtship and nesting as soon as the weather gets warmer. So as we humans reach for an extra pullover, throw an extra log on the fire, or turn the heating up a notch this winter we should consider ourselves quite lucky!

### The RSPB's Feed The Birds Day

was on 30<sup>th</sup> October (marking the clocks going back and winter nights drawing in) to promote supporting the wild birds. Providing a little food, water and shelter can really help birds through the winter – and turn your garden into a wildlife haven for you to enjoy.



### Big Garden Birdwatch 2005

The **Big Garden Birdwatch 2005** takes place at the end of January.

**How to take part** - The survey is very simple. All you need to do is watch your garden or local park for an hour on either **Saturday 29<sup>th</sup> or Sunday 30<sup>th</sup> January 2005**, note down the birds you see and tell us the highest number of each species you see at any one time in the hour.

We analyse the results to find out about garden birds in the UK. Your postcode allows us to look at the data by geographical area too. Take a look at the 2004 results on the website to see what we discovered.

You can submit your results using our easy online form or obtain a form for posting back. *Forms will also be distributed via magazines, etc nearer the time.*

For more information: [www.rspb.org.uk](http://www.rspb.org.uk)

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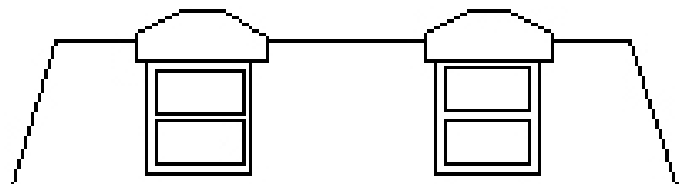
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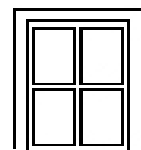
## PAINTING



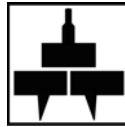
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**CHURCH SERVICES: DECEMBER 2004 & JANUARY 2005****St. James Nayland****St. Mary's Wiston**

<u><b>December 5<sup>th</sup></b></u>	8.00am	Holy Communion	
<u><b>Advent 2</b></u>	9.45am	Matins & Holy Communion	6.30pm Evensong
<u><b>December 12<sup>th</sup></b></u>	8.00am	Holy Communion	
<u><b>Advent 3</b></u>	9.45am	Parish Communion	11.15am Holy Communion
<u><b>December 19<sup>th</sup></b></u>	8.00am	Holy Communion	
<u><b>Advent 4</b></u>	9.45am	Family Communion	<b>4pm Crib Service</b>
	6.30pm	<b>Traditional Service of Lessons and Carols</b>	
<u><b>December 24<sup>th</sup></b></u>	<b>4.30pm</b>	<b>Christingle and Crib Service</b>	
<u><b>Christmas Eve</b></u>	<b>11.30pm</b>	<b>Midnight Mass</b>	
<u><b>December 25<sup>th</sup></b></u>	<b>8.30am</b>	Holy Communion(1662)	<b>10.00am Family Communion</b>
<u><b>Christmas Day</b></u>	<b>11.00am</b>	<b>Family Carols</b>	
	11.35am	Shorter Holy Communion	
<u><b>December 26<sup>th</sup></b></u>	8.00am	Holy Communion	
<u><b>St Stephen</b></u>		No other services today	
<u><b>January 2<sup>nd</sup></b></u>	8.00am	Holy Communion	
<u><b>EPIPHANY</b></u>	9.45am	Matins & Holy Communion	<b>5.30pm Carol Service by Candlelight</b>
<u><b>January 9<sup>th</sup></b></u>	8.00am	Holy Communion	11.15am Holy Communion
<u><b>Baptism of Christ</b></u>	9.45am	Parish Communion	
<u><b>January 16<sup>th</sup></b></u>	8.00am	Holy Communion	
<u><b>Epiphany 2</b></u>	9.45am	Family Communion	
	<b>4.00pm</b>	<b>Evensong for Week of Prayer for Christian Unity</b>	
<u><b>January 23<sup>rd</sup></b></u>	8.00am	Holy Communion	11.15am Holy Communion
<u><b>Epiphany 3</b></u>	9.45am	Parish Communion	
<u><b>January 30<sup>th</sup></b></u>	8.00am	Holy Communion	
<u><b>Candlemas</b></u>	9.45am	Parish Communion	
	6.30pm	<b>Service of Wholeness and Healing</b>	
<u><b>February 6<sup>th</sup></b></u>	8.00am	Holy Communion	
<u><b>Sunday before</b></u>	9.45am	Matins & Holy Communion	6.30pm Evensong
<u><b>Lent</b></u>			

**Weekday Services**

Parkers Way	3pm	Weds Dec 1 <sup>st</sup> , Jan 5 <sup>th</sup>
Midweek Communion	10.00 am	St. James Weds Dec 1 <sup>st</sup> , 8 <sup>th</sup> , 22 <sup>nd</sup> , Jan 5 <sup>th</sup> , 12 <sup>th</sup> , 26 <sup>th</sup>
Every Weds	10.45am	Nayland House
5 Parishes Communion	10am	Weds Dec 15 <sup>th</sup> in <b>Polstead</b> , Jan 19 <sup>th</sup> in <b>Wiston</b>
Pram & Toddler Service	Thurs 2.30pm	Dec 9 <sup>th</sup> , Jan 13 & 27 <sup>th</sup>
Bible Study	Mons 7.30	, 18 Laburnum Way, Dec 6 <sup>th</sup> & 20 <sup>th</sup> , Jan 3 <sup>rd</sup> & 17 <sup>th</sup>

**Other Dates**

Weds 22 <sup>nd</sup>	7.30pm	Carols around Christmas Tree with <b>Boxted Silver Band</b>
Thurs 23 <sup>rd</sup>	10 - 12	Christingle Workshop in Church Hall

## **From Remembrance to Resolution**

As I write Remembrance Sunday is still fresh in my mind. I don't think I was alone in noticing that more people seemed to want to mark the occasion this year: to recall the debt we owe to those who give their lives for the sake of peace in our world. Now as we turn our minds to Christmas, with its own message of peace and goodwill for all who are God's friends, we can ask ourselves the same question. How are we going to make the most of the peace? How are we going to make sure it was not all in vain?

Our celebration of Christmas can seem so frivolous against the backdrop of a world where war and suffering are always with us. But it is right and good to celebrate the peace we enjoy with family and friends, to remember all who are dear to us, near and far: if we concentrate on that we won't go far wrong. We celebrate because the peace of God became flesh and came to us in a family, and he depended on his friends, and still does.

So what should our resolutions be for the new year? Perhaps to make the most of all those relationships. To do what we can to help those who suffer. To make sure we are living our lives to the full – whatever our own difficulties. We have been given so much. The present is our opportunity to show that we care. It can be Christmas every day when we know that God is with us and allow his peace to become ours.

Have a good Christmas and a peaceful New Year

*Kit Gray*

### **THE THIRD ANNUAL CANDLELIT CAROL SERVICE**

will take place at

**St. James' Church**

**on Sunday evening, December 19th at 6.30**

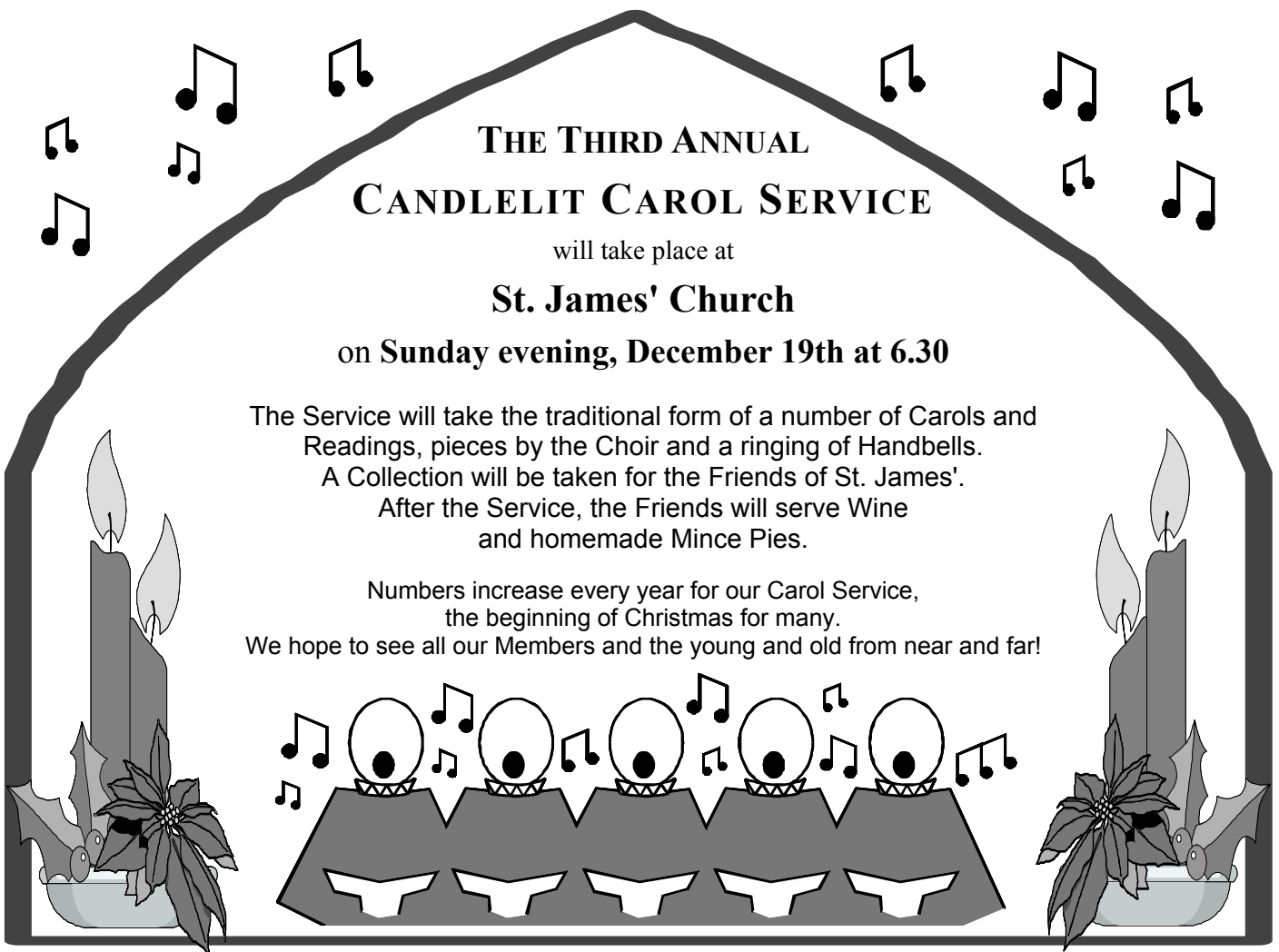
The Service will take the traditional form of a number of Carols and Readings, pieces by the Choir and a ringing of Handbells.

A Collection will be taken for the Friends of St. James'.

After the Service, the Friends will serve Wine and homemade Mince Pies.

Numbers increase every year for our Carol Service, the beginning of Christmas for many.

We hope to see all our Members and the young and old from near and far!



THE  
STOKE BY NAYLAND  
CLUB

GOLF • SPA • CONFERENCES • WEDDINGS

Relax after a busy  
Christmas Day  
by joining us for a  
**Boxing Day  
Brunch  
and  
Mulled Wine**

**£17.50 per person**

Enjoy a heartwarming glass of  
Mulled Wine before choosing from  
our delicious selection of  
mouthwatering brunch treats  
and goodies.

Here are just some of the choices:  
Kedgerie, Devilled Kidneys, Smoked  
Salmon, Scrambled Eggs,  
Bacon, Sausages, Black Pudding, Eggs,  
Grilled Tomatoes,  
Mushrooms, Hash Browns,  
Croissant, Toast, Muffins,  
Fresh Fruit and lots more!

**11am - 2pm**

**ENJOY..... IT'S GOLD TURKEY TOMORROW!**

BOOK EARLY TO AVOID DISAPPOINTMENT.

Please call 01206 262836

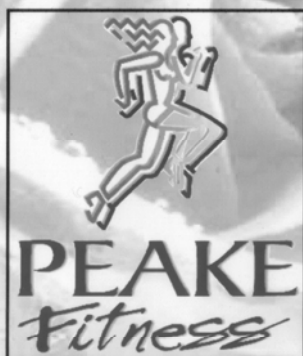
Keepers Lane, Leavenheath, Nr. Colchester  
Email: [sales@stokebynayland.com](mailto:sales@stokebynayland.com) [www.stokebynaylandclub.co.uk](http://www.stokebynaylandclub.co.uk)

# Let's Dance!

Calling all movers and shakers!

Come and join one of our great new dance classes - held in the new Peake Aerobics Studio.

**LATINO  
STREET  
HIP-HOP  
JAZZ**



**ROCK'N'ROLL  
SALSA  
BALLET  
SWING**

To book a class or for further information please call us on  
01206 265820 or 265822

THE STOKE BY NAYLAND HOTELKEEPERS LANE, LEAVENHEATH, Nr. COLCHESTER, CO6 4PZ

# NAYLAND YOUTH CLUB URGENTLY NEEDS YOU

We are looking for a volunteer to steer the club's finances through what may prove to be an interesting and challenging period. Charity law requires that the club is run by a board of trustees but so far we have been unable to elect a treasurer for the forthcoming year.

The treasurer's job involves banking, issuing cheques, monitoring spending, simple record-keeping and preparation of annual accounts, liaising with other trustees and employees. No experience necessary (full training and support available). No requirement to be a parent, you could be a retired person with a few hours to spare, some valuable skills and a desire to do something to help young people in the community.

Contact Annette White 01206 263545  
or ApWh@aol.com



As a result of the Government looking to find ways of saving money in the Community Education sector Nayland Youth Club has been under threat of closure due to poor attendance figures. A series of meetings and discussions have taken place between interested parties over the past two terms looking at ways to keep the Youth Club going. Prior to the start of this Autumn term a concerted effort between parents and the Youth Club management committee (to whom I would like to say a big thank you) resulted in a radical increase in numbers attending. Whilst the numbers are significantly better and the Youth Club is once again buzzing with energy and activity, it will come down to the number crunchers in community education who will interpret the figures, as to whether we reached the magic number of 20 young people attending on a regular basis and decide to keep the Youth Club open. With the Youth Club gone what else is there for this age group to do?



Politics aside the agenda this term has been one of the most adventurous and fun with the young people playing a very active role in planning and running the events themselves and I have asked them to write a small piece about the activities they have done so far.

## CRAZY OLYMPICS

Over the first two weeks of term we did two mini crazy olympics, which included skateboard bowls (with us sitting on the skateboards as the bowls), teddy bear high jump, long distance pip spitting, and all kinds of silly races. This was an extremely fun experience.

*Kerrie Boyes and Eloise Warren*

## FILM MAKING

This term, the Youth Club decided to do a project which involved making a film. In the half term holiday a group of us went to Agar Fen to do some filming on location. The story line for the film is; the Youth Club are on a trip out in the minibus, the minibus crashes near a graveyard and we all have to spend the night there. The graveyard is haunted by a barbaric Barbie doll, an angry action man and a rabid robot. (Once all the filming is done it will be edited on computer by the Youth Club members, Mark)

*Martha Leahy and Isabella Machin*

## TRIP TO C.S.V. MEDIA

We travelled to Ipswich (on the minibus) to visit C.S.V. Media where they produce music and have their own radio station. We were lucky enough to have a tour around the building.

They gave us tips on film making as we are planning to make a film for the Youth Club. Afterwards we went to Pizza Hut, which was brilliant!!! And tasty.

*Lucy Kilshaw and Charis Boon*

## RAP AND STREET DANCE

Lenka taught us a street dance routine, it was good, the music made you want to dance. Then they played rap music, (they made up their own lyrics, Mark) the music is as good as anyone's.

*Alex Tidd*

This is only some of the stuff we have done this term, we still have loads more filming to do with possibilities for including the street dance routine and the rapping in the film, we have a drummer coming in, an introduction to music from around the globe and sweet making all topped off with a Christmas Party at the end of term, providing we have any energy left!

*Mark and Lenka (Youth workers)*



# Relaxing Spa Days from £35



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- Tailor-made gift vouchers for relaxing Spa Days now available from £35 for a "Spa Experience Day" to £130 for a "Sheer Indulgence Spa Day".
- Wide range of health & beauty treatments includes aromatherapy, relaxing facials and body massages for men and women, manicures, pedicures, electrolysis, waxing, Indian Head Massage and Sports Therapy.
- Try our exotic new "Rasoul" detoxifying mud treatments and "Hamam" hot stone massage bed therapies.
- Spa Days are great for special occasions - hen parties, birthdays, anniversaries - relax together in our twin massage room or four seater Rasoul.

**All treatments, fitness and dance classes at Peake Spa can be booked by non-members.**

Come and have a look at our exciting new facilities

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## Professional Window Cleaners

- Large property specialists
- Commercial contracts undertaken
- Fully Insured
- References Available

AMG professional window cleaners operate a regular monthly round in the Nayland area; we have had very positive feedback from our current customers and have been informed that there is continuing demand for a regular and professional service in the area.

In response to this we are now freeing up some additional days in our round to meet this demand.

If you require our services please feel free to call one of the numbers below for a friendly chat and advice. We can arrange an appointment at your convenience to assess your needs and quote for the work.

We are fully insured and are happy to provide local references.

**Phone: 01787 378785    Mobile: 07971 806201    Email: [info@amg-solutions.co.uk](mailto:info@amg-solutions.co.uk)**

## Karen Pickering MBE Opens New Peake Spa Facilities At The Stoke By Nayland Hotel



*Karen cuts ribbon to open the newly extended Peake Spa facilities at The Stoke by Nayland Hotel.*

Fresh from her fourth Olympics in Athens, Karen Pickering MBE, Commonwealth and World Champion and local Suffolk resident, delighted guests at the opening of the new Peake Health, Spa and Beauty facilities on Friday 15<sup>th</sup> October when she dived into the pool after giving a short speech, collected a pair of scissors at the bottom and then cut the red ribbon while still in the water. She then reminded everyone about just how fast she can move in the water by swimming a couple of lengths at full Olympic speed.

Karen is a member of Peake Fitness at The Stoke by Nayland Hotel. When in the UK she makes good use of its state-of-the-art Technogym gymnasium, luxurious poolside sauna and Jacuzzi and enjoys some of the excellent beauty therapies available at Peake Spa.

Peake Fitness has also opened a brand new 100 sq. metre air-conditioned aerobics studio which holds a wide range of classes such as "Body Balance", combining pilates with yoga and Tai Chi to music, Karate, pilates, Body Pump, spinning and various dance classes.



## COURSES FOR 2005 at ASSINGTON MILL (Suffolk/Essex border)

- ❖ Wildlife painting
- ❖ Furniture restoration
- ❖ Monoprinting from landscape
- ❖ Linocuts from landscape
- ❖ Forest products for all ages
- ❖ Book restoration
- ❖ Photography
- ❖ Beekeeping
- ❖ Dowsing

*Further details from Anne Holden:*

*Email: [info@assingtonmill.co.uk](mailto:info@assingtonmill.co.uk)*

*Website: [www.assingtonmill.co.uk](http://www.assingtonmill.co.uk)*

*Telephone: 01787 229955*

## WHAT IS BROADBAND?

**Broadband** is the common term for a high bandwidth internet connection – one that can transmit or download information up to 40 times as fast as a standard telephone and modem. You can do everything you need to do online more quickly and more easily with broadband.

### Technology Overview

BT's core network infrastructure is digital and carries massive amounts of information - voice and fax calls, emails and internet traffic - quickly on optical fibre connections. But the ordinary telephone line between the home or office and the telephone local exchange is generally made of copper cable which carries the same information much more slowly.

Digital Subscriber Line (DSL) technologies increase the speed and volume of information that can be sent. The asymmetric DSL service (ADSL) particularly suits the needs of home and small business users.

### What is ADSL?

ADSL (Asymmetric Digital Subscriber Line) is a type of DSL. It works by splitting your existing telephone line signal into two, one for voice and the other for data so you can make and take calls even when you are online.

ADSL technology can work at up to 8Mbps (*Megabytes per second*) download. The most popular services in the UK at the moment are running at speeds of 512Kbps (*Kilobytes per second*) (approx. 9 times faster than a modem at 56Kbps), although speeds of up to 2Mbps can be obtained.

Upload speeds are 256Kbps on all products and hence this is why it is 'asymmetric', because the download speed is different to the upload speed. With ADSL, downloads run faster than uploads, which suits surfing the net and downloading music and information.

### HOW IS BROADBAND DELIVERED?

Broadband services can be delivered in different ways – over an ordinary telephone line or private network, via a cable connection or across mobile and wireless networks. BT offers ADSL broadband services over a customer's existing BT telephone line.

### Benefits For The Home

- With broadband, when you're switched on, you're always online, with virtually instant access to any information or service.
- Broadband ends the routine of dial-up connection and having to repeat the process each time the connection goes down.
- Controllable Costs. Fixed monthly charges are the norm with broadband services.
- Because ADSL broadband splits your existing telephone line, you don't need a second line to make and take voice calls.
- Working From Home. Fast, direct access to your corporate networks and files as easily as if you were in the office.

### WHAT DO YOU NEED TO GET BROADBAND:

<http://www.bt.com/broadband/>  
<http://www.adslguide.org.uk/>

- To have a BT phone line connected to an exchange enabled for broadband. The Nayland exchange is scheduled to be enabled in January 2005!
- Your telephone line to pass further technical tests before installation can go ahead.
- To have an ADSL Modem or Router. Most ISPs (*Internet Service Providers*) will supply you with a modem or router either free of charge or at additional cost. A number of online retailers are also competing to sell you their products. Connection equipment can be broken down into 3 basic categories:

#### PCI ADSL Modem

The cheapest way to get online. Requires knowledge of how to install into your computer, and is frequently referred to as an "internal" device. PCI modems deliver the best response times (gamers take note!) but also consume CPU cycles to operate.

#### USB ADSL Modem

The easiest way to get online with prices averaging around the £60 mark. Just pop in the CD, install the drivers and plug in the modem. The majority of home users chose USB modems to get online.

#### Ethernet/Wireless Router

A standalone device which maintains the connection to the Internet for you. Most routers have an Ethernet connection to your local area network and act as a gateway, DNS, DHCP and firewall service. A computer enthusiast or business can use a router to connect multiple computers to the Internet without the need for connection sharing software such as Microsoft Internet Connection Sharing (ICS).

- A Micro-Filter for each Phone Socket. A micro-filter is designed to plug into your phone socket (similar to a standard splitter used to connect multiple telephones). Its purpose is to separate voice from data and must be connected to each phone socket in your house. If you do not have a telephone, or any device which uses the phone line, a micro-filter isn't required. Most ISPs and retailers sell micro filters.

- An Internet Service Provider of your choice.

### THINGS TO CONSIDER WHEN SHOPPING FOR AN ISP

- Know what you want:  
From your access (*E-Mail, FTP, Browsing, Multiplayer etc*)  
How long are you likely to spend online per day, week, month?  
What kind of budget do you have?  
What time of day will I be most active online?
- Connectivity - How does the ISP connect to the Internet?
- Availability - How often will you receive a busy signal?
- Modems - What type of modems does the ISP utilize? What speed?
- Software included - Does the ISP provide software for your computer and operating system combination? Does it include a WWW browser (which one)? Does it include dialing software? Does it include email software?
- Cost - Does the ISP offer a variety of service plans? What are the billing options?
- Restrictions - Are your PPP sessions restricted in length? Are there limits on email volume? Are there limits on references to your WWW pages?
- Accessibility - Is the phone number that you call to login a local number?
- Customer Service - How do you change your password? Can you change your login or email address? How do you change your billing options? How do you track your usage?
- Technical Support - 24 hour? Extra cost? How long are the hold times?

## ST. JAMES' CHURCH HALL HIRE CHARGES

**Monday – Friday** (*Hourly Rates*) £3.00  
**MINIMUM CHARGE** (*2 hours*) £6.00

**Weekends** (*Hourly Rates*) £4.50  
**MINIMUM CHARGE** (*2 hours*) £9.00

During Winter: Heating Vouchers @ 50p each

Bookings: Mrs Eva Rolfe Tel: 263151



# NEWS FROM THE WHITE HART INN FOR WINTER 2004.....

—INN—

*"an Inn in the heart of Constable country"*

CHRISTMAS PARTIES....still looking for the ideal Christmas party venue ???,

Look no further, The White Hart Inn is the place to celebrate Christmas among family, friends or colleagues!!

Our secluded Garden Room can accommodate from 12 to 36 people & our restaurant from 40 to 70.

We propose Christmas party menus at £19.75 & £24.75

Carl & his team have combined all your favourite festive food to include ....Terrine of seasonal game spiked with pistachio nut & served with Cumberland sauce, roast turkey with all the trimmings and not to forget our famous homemade Christmas puddings & mince pies...so just give us a call & book your party as only few dates are still available...!!!

CHRISTMAS DAY LUNCH...this is a very special day at The White Hart Inn, Carl & his team will be wearing their traditional Christmas hats, & our daughter Marion loves to give a little help for the service. This year people have booked very early & no more tables are available on that day but don't forget !! ...we are also open on Christmas Eve, with a few tables left !!! & as usual 7 days a week, lunch & dinner all the way leading to Christmas.

HAVE YOU GOT YOURS YET ???.... Carl & his chefs have been busy making Christmas puddings, it was a massive success last year, we sold around 150 of them, so don't delay and feel free to pop in to get yours.

Kerridges will also sell them as from the end of November at a special price of £12.00 for the local residents.

We also have our new selection of homemade jams, chutneys, pickles, drinks such as sloe gin, one of my favourites with just a twist of lemon, tonic water and ice cube....what a delight !!!!!!!

Many more other products are available and you could combine them into hampers (we have a selection of 3 different ones) which could turn out to be a perfect Christmas gift !!

AFTERNOON TEA.....as we are getting very busy for the Christmas period we will not be able to provide Afternoon teas but don't be sad !! we will renew the experience next year ....watch this space for the next dates !!!

WINTER HOLIDAYS !!!...All "The Team" have been working very hard this year again & are looking forward to a well deserved break...!!!

We will be closed from dinner on Saturday 25<sup>th</sup> December & will reopen for lunch on Monday 10<sup>th</sup> January, 2005.

ALL OF US AT  
**THE WHITE HART INN**  
WISH YOU A  
**MERRY CHRISTMAS & HAPPY NEW YEAR !!!**

COME TO...

...THE WHITE HART INN...

..... TO ENJOY SOMETHING DIFFERENT...

THE WHITE HART INN

11 High Street  
Nayland, Nr. Colchester  
Suffolk CO6 4JF

Reservations: 01206 263382

Accounts: 01206 263655

Fax: 01206 263638

E-mail: [Nayhart@aol.com](mailto:Nayhart@aol.com)

Website: [www.whitehart-nayland.co.uk](http://www.whitehart-nayland.co.uk)

# NAYLAND HOUSE

Off Bear Street (adjacent to St. James' Vicarage), Nayland, Suffolk, CO6 4LA

## Residential Care Home for the Elderly

Specialising in:

24 hour Care • Convalescence • Respite & long-term care

For more information contact  
Matron: Mrs Tania Martin

**Tel: 01206 263199**



£89

**Leather Executive Chair  
Special Offer New!**

## OFFICE NEEDS

We have access to a vast range of office products,  
available the next working day.

If your printer uses ink cartridges, we can supply  
them at commercial prices!

**Ring us for a price!**

**Tel: 01206 262272**

**[www.office-needs.co.uk](http://www.office-needs.co.uk)**

### Electric Automatic Paper Shredders only

**We Supply the Public! Office Products at Commercial prices!**

**3 The Studio, Harpers Hill, Nayland**

*Office Matters*  
 For all your  
**WORD PROCESSING**  
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Experienced secretary  
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**OWN PROPERTY SOLD (COMPLETED)**



**The Soldiers, Sailors, Airmen and Families Association  
 (SSAFA) Forces Help**

**What is SSAFA?** SSAFA Forces Help is a UK wide organisation of over 7,000 trained voluntary workers, organised on a County basis, established in 1885 by Colonel Sir James Gildea. It is a national welfare charity that exists to help the families and dependants of all men and women who are serving or have served in the Armed Forces.

**Who is eligible?** At least one quarter of the population is eligible for our help – 14 million people!! This includes anyone who has served a minimum of one paid day in any of our three armed forces, the reserves and those who have done National Service. Also included are those that served in the Merchant seafarers who sailed under the Admiralty Charter, and their family dependants.

#### **What does SSAFA offer?**

For the Ex-Service Community SSAFA can provide:

- practical and emotional support for all those who are lonely, bereaved, in debt or ill.
- financial support and advice including state benefits and war pensions.
- help organising and funding home adaptations and special equipment.
- advice on housing and holiday apartments.

For the serving Community SSAFA can help to provide:

- short stay accommodation for Service families.
- family escort and advice.
- act as a liaison between a family and unit.

NAYLAND VILLAGE HALL HIRE CHARGES			
effective from: 1st April 2005			
Hall, Kitchen (Bar: flat rate £20 extra) Changing Rooms: £10 extra per session			
Sunday -Friday	A Regular Society use	B Residents/ Occasional Society use	C Non Residents
Hourly Rates			
9am – 6pm (May-Sept)	£5.00	£6.00	£7.00
9am-6pm (Oct-April)	£6.00	£7.00	£8.00
6pm-12.00 (May-Sept)	£6.00	£7.00	£8.00
6pm-12.00 (Oct-April)	£7.00	£8.00	£9.00
MINIMUM CHARGE	£15.00	£25.00	£35.00
Saturday – Sessional Rates unless stated			
Day until 6pm	Hourly Rates as above		
Evening 6pm-12.00	£90.00	£115.00	£150.00
All day (hall, kitchen, changing rooms)	£120.00	£145.00	£200.00
All day (hall, kitchen, bar, changing rooms, playing field)	£150.00	£170.00	£250.00
Meeting Room only	£15.00	£20.00	£25.00
Bar only	£20.00	£25.00	£30.00
Playing Field only		£20.00	
Playing Field & Changing Rooms		£25.00	
Commercial Rates: Hall, kitchen, changing rooms			£22 per hour
Hall, kitchen, changing rooms & bar			£27 per hour
Playing field only			£55 per session
Bookings: Mrs D Whiting Tel: 262023			
www.ssafa.org.uk			

**How does SSAFA operate?** Trained Caseworkers visit clients in their homes and provide any advice or assistance required including:

- Maintaining a link between the Servicemen, his family and dependants, wherever the need.
- Negotiating with creditors over debts, which could result in legal action, eg, electricity, gas and water authorities, housing departments, landlords, funeral directors, hire purchase firms and other problem expenses.
- Approaching the appropriate civilian or service charities when financial help is needed.
- War pension applications, reassessments, appeals and similar actions.
- Liaison with Commanding Officers in connection with applications for compassionate leave, transfers or discharge.
- Advice on benefits and all other financial matters.

**ALL INFORMATION YOU GIVE US WILL BE TREATED IN CONFIDENCE AND WILL NOT BE PASSED ON WITHOUT YOUR PERMISSION.**

Our philosophy is to help people to help themselves and we will involve you in any decisions that have to be taken. Before asking for any funds we will try to ensure you are receiving all the state benefits to which you are entitled.

#### **How do you contact SSAFA in Suffolk?**

Telephone: **01787 – 249528**

## LOCAL INFORMATION

Mobile Library  
Post Office  
Doctors Surgery

High Street (op Post Office) alternate Sats 10am–11.15am, Weds Parkers Way 2.15–2.55pm  
High Street Tel: 262210 Early Closing on Wednesday  
93 Bear Street Tel: 262202 (out of hours emergency 01206-578070)  
Doctors hours - Mornings: Mon-Fri 8.30-11.30am, (Saturday: 8.30-11am at 18 North Hill)  
Afternoons: Mon 2.30-6.30pm Tues-Fri 3-5pm

Parkers Way  
Primary School  
Nayland Playgroup  
Village Hall  
Church Hall  
www.naylandandwiston.net

Scheme Manager: Ruth Nash, 10 Parkers Way Tel: 262516  
Head Teacher: Raegen Delaney Tel: 262348  
Mrs Tricia Hall Tel: 262639  
Bookings: Mrs D Whiting 262023 Caretaker: Mrs Y. Spooner 262691  
Bookings: Mrs Eva Rolfe Tel: 263151  
Graham Griffiths Tel: 262132 e-mail: webmaster@naylandandwiston.net

Nayland Priest  
Friends of St. James Church  
Friends of St. Mary's Church  
St James Choir  
Nayland Choir

Revd Kit Gray Tel: 262316 St James Vicarage, Bear Street, CO6 4LA  
Chair: Alan Edwards Tel: 262800  
Sec: Carol Wright Tel: 263657  
James Finch, Tel 262993 - practice Friday evening, 7.00pm  
Sec: Peter Roberts Tel: 323586

Royal British Legion  
Royal British Legion (Women's Sec)  
Womens Institute  
Over 60's Club  
Bowls Club  
Nayland Art Club  
Horticultural Society  
Harpers Hill Wildlife Site  
Conservation Society  
Scouts & Cubs  
Nayland Youth Club  
Village Players

Hon Sec. Mr Andrew Gowen Tel: 262534  
Sec: Kath Hunt Tel: 262014 – 2nd Monday each month Church Hall 7.30pm  
Sec: Mrs Pauline Dossor Tel: 262261 – 3rd Monday each month  
Mrs Eva Rolfe Tel: 263151 – 2nd Thursday each month  
Mrs Eva Rolfe Tel: 263151  
Daphne Berry 262641 Liz Thorne 262664 - Wednesdays 2-4pm (from Sept)  
Mrs Joan Moore Tel: 262721  
Mrs Joan Moore Tel: 262721  
Hon Sec Andora Carver Tel: 262970 Chair: Mr. J Alexander Tel: 262676  
Mr M Macbeth Tel: 262348 – Thursdays 7pm Sec: Claire Prescott Tel: 263344  
Leader: Mark Moore Tel: 01787 310582 Tuesdays 7-9pm  
Chair: Lindsay Nieuwenhuis 271261 Sec: Jim Bond 01787 211264

Chambers Buses  
Local Police  
Babergh District Council

Tel: 01787 227233 Website: www.chamberscoaches.co.uk  
Hadleigh Tel: 01473 383430 (community police officer PC Paul Wren 01473-383441)  
Tel: 01473 822801 (Main Switchboard) Corks Lane, Hadleigh, IP7 6SJ www.babergh.gov.uk

### PARISH COUNCIL

**Clerk:** Mrs Wendy Sparrow 262820

**Chairman** Mr Gerald Battye  
**Vice Chairman** Mrs Patricia Fuller

**Councillors:** Mrs Mary George,  
Mr Chris Hunt (*District Councillor*),  
Abigail Knight, Mrs R Knox, Mr Ray Spencer,  
Mrs Elizabeth Mimpriss, Mr Bryan Smith

**Parish Recorder** Mike Almond  
**Footpath Warden** Chris Day  
**Tree Warden** Terry Bannister

*Meetings 7.30pm Second Wednesday of Month*

### COMMUNITY COUNCIL

**Chairman:** Andrew Gowen 262534

**President** Ken Willingale  
**Vice-President** Roy Evans  
**Vice-Chairman** Jenny Smith  
**Treasurer** Allan Machin

**Executive:** David George, Tricia Hall,  
Claire Prescott, Mark Stephens-Row,  
Mandy Cook, Barry Wakefield

**Individual:** Iain Wright

*Meetings: 14 December, 7 February 05,  
15 March 05 (AGM)*

### WORDSEARCH SOLUTION



## COMMUNITY WEBSITE - www.naylandandwiston.net

A non-commercial, non-political community website available for local people, organisations and businesses. Its activities are aimed at the Nayland and Wiston area in general and NOT limited solely to the Nayland with Wissington Parish.

- News
- Directory
- History
- Discussion Forums
- Classified Ads
- Events
- Local Village Services

Graham W Griffiths, Webmaster – Tel: 262132 - e-mail: webmaster@naylandandwiston.net

### SURGICAL CHIROPODY BY THE LEXDEN CHIROPODY PRACTICE

Mr E.A. Jenkins MBChA, MSSCh  
Mrs B. Licence MBChA, MSSCh  
Mrs L. Higgs MBChA, MSSCh  
Mrs H. Greenleaf MCFHP, MAFHP

Tel: Colchester 575790  
Tel: Colchester 577903  
Tel: Colchester 728167  
Tel: Colchester 230479

Established visiting Practice in the Nayland area. Registered with the Health Professions Council.



## DATES FOR YOUR DIARY

### December

2nd	Parish Council Meeting 7.30 Village Hall Committee Room
4th	<b>Nayland Christmas Bazaar</b> - 2-4pm Village Hall
6th	Royal British Legion Joint Christmas Party, Church Hall 8pm
8th-11th	Village Players - <b>Le Panteau The Three Musketeers</b> , Weds-Fri 7pm for 7.30pm, Sat 1.30pm for 2pm. Tickets available at PO (afternoons) <i>Last night: after show and Xmas party for members and friends</i>
9th	Over 60's - December Party, 3pm Church Hall
11th	1st Leavenheath Brownies Panto <i>'The Queen Who Kept Changing Her Mind'</i> 7pm Assington Village Hall
14th	Village Christmas Tree goes up at 9am
14th	Community Council Meeting - 8pm Church Hall (Exec 7.30) followed by wine & mince pies (contributions welcome)
15th	Playgroup Party
16th	Village Player's auditions for their Spring Production: <i>Happy Families</i> 8pm
18th	<b>Christmas Party</b> , Village Hall 8pm - Tickets £6 from Claire Prescott 263344 (all profits St Helena Hospice)
19th	Village Player's auditions for their Spring Production: <i>Happy Families</i> 3pm
19th	<b>Traditional Candlelit Carol Service</b> , St. James 6.30pm - collection in aid of the Friends of St. James'
22nd	Carols around the Christmas Tree with Boxted Silver Band

### January

12th	Parish Council Meeting 7.30 Village Hall Committee Room
23rd	Country Music Club Dance <i>'Country Company'</i> Village Hall 7.30
26th	The Village Lunch, 11.45 for 12 noon £7.50 Village Hall - <i>Ian Rose: New Zealand Land of the Long White Cloud</i>

### February

7th	Community Council Meeting - 8pm Church Hall (Exec 7.30)
9th	Parish Council Meeting 7.30 Village Hall Committee Room
20th	Country Music Club Dance <i>'John Douglas'</i> Village Hall 7.30

### March

8th	Conservation Society - AGM
9th	Parish Council Meeting 7.30 Village Hall Committee Room
15th	Community Council - AGM
20th	Country Music Club <i>'Kevin Barry'</i> Village Hall 7.30

### Forward Planner

4th June	RBL Joint Coffee Morning at Parkers
26 <sup>th</sup> June	Europro tour Pro Am at Stoke by Nayland Golf Club



## Christmas Bus Service

Friday 24<sup>th</sup> December  
 Saturday 25<sup>th</sup> – Tuesday 28<sup>th</sup>  
 Wednesday 29<sup>th</sup> – Friday 31<sup>st</sup>  
 Saturday 1<sup>st</sup> January – Monday 3<sup>rd</sup>  
 Tuesday 4<sup>th</sup> January

Running as normal  
 No bus service  
 Running as normal  
 No bus service  
 New Bus Timetable takes effect (see below)



### BUS TIMETABLES - Service 84 - (between Sudbury & Colchester via Colchester Hospital)

Sudbury – Newton Green – Assington – Leavenheath – Stoke by Nayland – Nayland – Gt Horkesley – General Hospital -Colchester

Monday to Saturday      NS      Sch      *NS = Not Saturdays – Sch = Schooldays only – S/Hol = Sats & School Holidays only*

Sudbury, Bus Station	0650	0720	0720	0850	0950	1050	1150	1250	1350	1450	1550	1735
Nayland, The Forge	0727	0757	0757	0927	1027	1127	1227	1327	1427	1527	1627	1812
Nayland, Doctors Surgery	0729	0759	0759	0929	1029	1129	1229	1329	1429	1529	1629	1814
Colchester General Hospital	0744	0814	0814	0944	1044	1144	1244	1344	1444	1544	1644	1829
Colchester Bus Station	0755	0825	0825	0955	1055	1155	1255	1355	1455	1555	1655	1840
Norman Way Schools	.....	0835	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....

Colchester – General Hospital – Gt Horkesley – Nayland – Stoke by Nayland – Leavenheath – Assington – Newton Green – Sudbury

Monday to Saturday	Sch	NS						S/Hol	Sch	S/Hol (Sch)		
Norman Way Schools	.....	.....	.....	.....	.....	.....	.....	.....	.....	(1550)	.....	.....
Colchester Bus Station	0800	0800	0845	0945	1045	1145	1245	1345	1510	1510	1610	1735
St Helena School	.....	.....	.....	.....	.....	.....	.....	.....	.....	1520	.....	.....
Colchester General Hospital	0813	0813	0858	0958	1058	1158	1258	1358	1523	1533	1623	1748
Nayland, Doctors Surgery	0826	0826	0911	1011	1111	1211	1311	1411	1536	1546	1636	1801
Nayland, The Forge	.....	0827	0912	1012	1112	1212	1312	1412	1537	1547	1637	1802
Stoke by Nayland Middle Sch	0840	.....	.....	.....	.....	.....	.....	.....	.....	1600	.....	.....
Nayland, Doctors Surgery	.....	.....	.....	.....	.....	.....	.....	.....	.....	1620	.....	.....
Sudbury, Bus Station	0915	0905	0950	1050	1150	1250	1350	1450	1615	1655	1715	1840

**For more information: Chambers Coaches Tel: 01787 – 227233**

**www.chamberscoaches.co.uk**

## CONTACT DETAILS

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Thank you for your contributions – if you have any ideas please contact the Editor?

**FINAL DEADLINE FOR ARTICLES IN THE FEBRUARY ISSUE IS:**

# 20<sup>th</sup> January

Contributions by e-mail to: **naylandcc@yahoo.co.uk**  
or posted in the **Community Times Box** in Nayland Post Office

**PLEASE NOTE:** to ensure contributions can be accommodated  
in the space available it is advisable that copy be sent early  
(or arrangements made with the editor)

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18 Heycroft Way – Tel: 262780 – E-mail: naylandcc@yahoo.co.uk

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1/4 page landscape	6.2cm H x 18.4cm W	£10
1/2 page landscape	13cm H x 18.4cm W	£15
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